

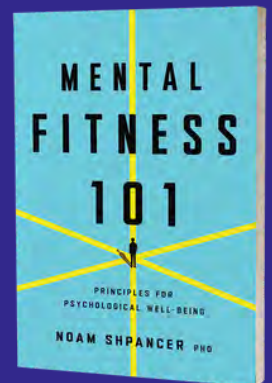
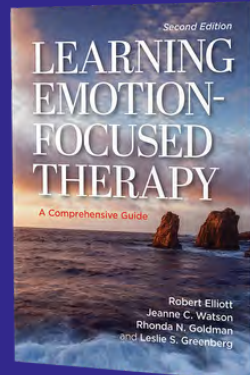
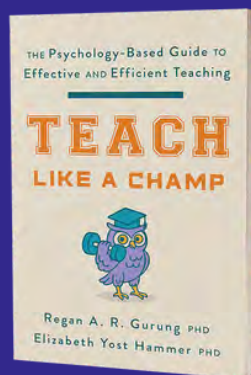


APA Books® |  APA STYLE

2026

Course Adoption

CATALOG





9781433832178

Pub Date: 10/1/2019

\$44.99

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428 Pages

Language Arts & Disciplines /
Style Manuals

Publication Manual of the American Psychological Association (7th Edition)

American Psychological Association

Summary

A WALL STREET JOURNAL, USA TODAY, AND PUBLISHERS

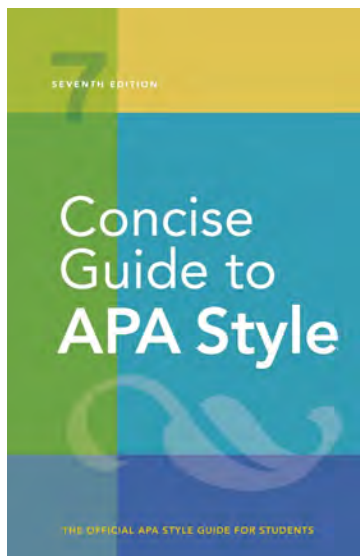
WEEKLY BESTSELLER. The newest official release of the *Publication Manual of the American Psychological Association, Seventh Edition* includes four different formats—spiral-bound and tabbed, paperback, hardcover, and ebook. It is the official source for APA Style.

With millions of copies sold worldwide in multiple languages, the *Publication Manual of the American Psychological Association, Seventh Edition* is the style manual of choice for writers, researchers, editors, students, and educators in the social and behavioral sciences, natural sciences, nursing, communications, education, business, engineering, and other fields.

Known for its authoritative, easy-to-use reference and citation system, the *Publication Manual* also offers guidance on choosing the headings, tables, figures, language, and tone that will result in powerful, concise, and elegant scholarly communication. It guides users through the scholarly writing process—from the ethics of authorship to reporting research through publication. The seventh edition is an indispensable resource for students and professionals to achieve excellence in writing.

The seventh edition has been thoroughly revised and updated to reflect best practices in scholarly writing and publishing.

- All formats are in full color with a new tabbed spiral version
- Easy navigation, with topics divided into numbered sections
- Resources for students on writing and formatting annotated bibliographies, response papers, and more as well as guidelines on citing course materials
- A dedicated chapter for new users of APA Style covering paper elements and format, including sample papers for both professional authors and student writers
- A new chapter on journal article reporting standards (JARS) that includes updates to reporting standards for quantitative research and the first-ever qualitative and mixed methods reporting standards in APA Style
- An updated chapter on bias-free language guidelines for writing about people with respect and inclusivity
- More than 100 new reference examples covering periodicals, books, audiovisual media, social media, webpages and websites, legal resources, and more
- More than 40 new sample tables and figures
- Expanded guidance on ethical writing and publishing practices, including how to ensure the appropriate level of citation, avoid plagiarism and self-plagiarism, and navigate the publication process



9781433832734

Pub Date: 12/24/2019

\$31.99

Spiral Bound

326 Pages

Language Arts & Disciplines /
Style Manuals

Concise Guide to APA Style (7th Edition)

7th Edition (OFFICIAL)

American Psychological Association

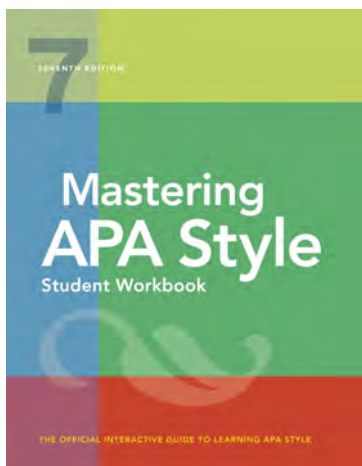
Summary

***Concise Guide to APA Style, Seventh Edition* is the official APA Style resource for students.**

Written for high school and undergraduate students, instructors, and writers learning APA Style, this easy-to-use pocket guide is adapted from the seventh edition of the *Publication Manual of the American Psychological Association*. It provides complete guidance for new writers on effective, clear, and inclusive scholarly communication and the essentials of formatting papers and other course assignments.

New to this edition:

- full color throughout
- content relevant to a range of majors and courses, including psychology, social work, criminal justice, communications, composition, education, business, engineering, and more
- a new chapter focused on student papers
- a sample student title page, paper, and annotated bibliography
- streamlined APA Style headings and in-text citations
- a new chapter on writing style and grammar
- chapters on punctuation, lists, italics, spelling, capitalization, abbreviations, numbers, and statistics
- the latest bias-free language guidelines
- more than 20 new sample tables and figures
- Comprehensive guidelines on citation to avoid plagiarism and self-plagiarism
- More than 100 new reference templates and examples, including traditional sources (e.g., journal articles, books, dissertations, and reports) plus many others (e.g., social media, webpages and websites, legal).



9781433832734
 Pub Date: 12/24/2019
 \$31.99
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 326 Pages
 Language Arts & Disciplines /
 Style Manuals

Mastering APA Style Student Workbook (7th Edition)

American Psychological Association

Summary

The *Mastering APA Style Student Workbook* is APA's official interactive guide to learning APA Style.

This all-digital workbook engages users with interactive questions and graded quizzes to help them learn and apply the basic principles of APA Style and scholarly writing.

Presented on VitalSource's Acrobatiq learning platform, the workbook is rooted in learning science to help students gain mastery of APA Style and become better writers through applied practice. Content written by APA Style experts provides comprehensive coverage of the foundational areas of APA Style, including writing style and grammar, bias-free language, tables and figures, in-text citations, reference lists, and more.

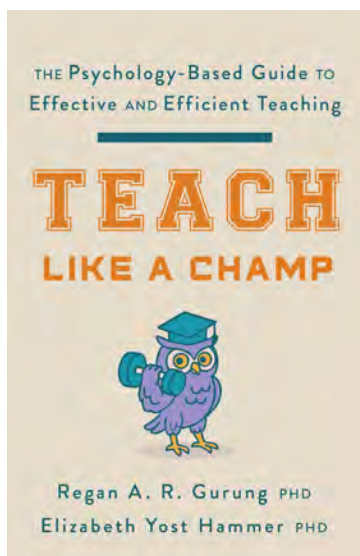
More than 1,000 questions are included across nine modules that match the organization of the Concise Guide to APA Style and the Publication Manual:

- student paper types, elements, and format
- writing style and grammar
- bias-free language
- punctuation, lists, and italics
- spelling, capitalization, and abbreviations
- numbers and statistics
- tables and figures
- works credited in text
- reference list

When formally adopted for a course, instructors and students receive:

- gradebook functionality for module completion and summative quizzes
- assignable graded quizzes
- optional integration into the learning management system (LMS) for grade passthrough
- data analytics through the Learning Dashboard.

The Learning Dashboard provides rich data analytics that instructors can use to measure student learning and engagement, receive actionable insights on individual- and course-level performance, and provide targeted feedback and support.



9781433849022
 Pub Date: 6/16/2026
 \$24.99
 Trade Paperback

246 Pages
 Education / Teaching

Teach Like a Champ

The Psychology-Based Guide to Effective and Efficient Teaching

Regan A. R. Gurung, Elizabeth Yost Hammer

Summary

Fuel your passion. Focus your energy. Teach Like a Champ.

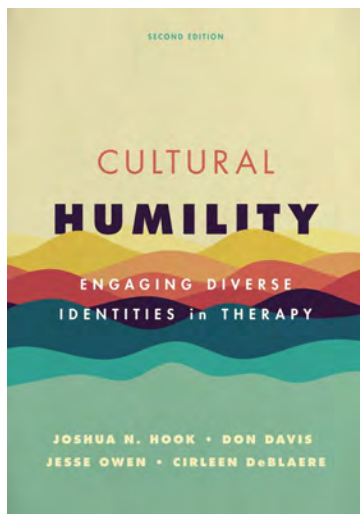
In higher education today, instructors face heavier workloads, shifting student needs, and increasing technological challenges. Amid these ever-mounting pressures, how does one feed a passion for teaching and students while safeguarding oneself from burnout? The answer lies in not only being *effective* at teaching, but also being *efficient* and taking care of yourself.

Teach Like a Champ isn't just another teaching book—it's your sideline coach, your pep talk, and your playbook for thriving in higher education. Written by veteran educators with over 50 years' experience teaching and over 20 years' experience leading centers for teaching and learning, this book blends evidence-informed strategies, practical hacks, and real talk to help you teach effectively, efficiently, and sustainably. From course design and assessment to managing grading loads and using AI, you'll find tools to elevate your teaching while protecting your own well-being—so you can stay in the game and love it, year after year.

Contributor Bio

Regan A. R. Gurung, PhD, is a professor of psychology at Oregon State University. After majoring in psychology at Carleton College, he earned a PhD at the University of Washington and completed a postdoc at UCLA. He has directed a center for teaching and learning and is past president of the Society for the Teaching of Psychology and Psi Chi, the International Honor Society in Psychology. He has published over 130 peer-reviewed articles and 15 books, taught over 15,000 students, and received the American Psychological Foundation's Charles L. Brewer Award for Distinguished Teaching in Psychology.

Elizabeth Yost Hammer, PhD, is Kellogg Professor in Liberal Arts at Xavier University of Louisiana. She received the American Psychological Foundation's Charles L. Brewer Distinguished Teaching of Psychology Award and co-authored *Psychology Applied to Modern Life* and *Myers' Psychology for the AP® Course*. She served as president of Psi Chi, treasurer of the Society for the Teaching of Psychology, co-chair for the American Psychological Association's Committee on Associate and Baccalaureate Education, and chief reader for the AP® Psychology Exam. For 17 years, she was the director of Xavier's Center for the Advancement of Teaching and Faculty Development.



9781433842863

Pub Date: 6/17/2025

\$74.99

Trade Paperback

246 Pages

Psychology / Psychotherapy

Cultural Humility (2nd Edition)

Engaging Diverse Identities in Therapy

Joshua N. Hook, Don Davis, Jesse Owen, Cirleen DeBlaere

Summary

***Cultural Humility* offers a practical approach for meaningfully engaging cultural identities in therapy, to promote connection and growth in work with clients from a variety of backgrounds.**

The authors provide a therapeutic framework that integrates and contextualizes clinical training with the cultural issues and dynamics that arise in therapy. This fully updated second edition incorporates updated theory and research, and provides additional recommendations for how therapists from marginalized groups can navigate issues related to culture in the therapy room. The authors offer new resources to demonstrate how cultural humility and a multicultural orientation (MCO) can help therapists pinpoint and address the systemic and structural issues that can make therapy a difficult experience for many clients. Newly updated and enhanced case examples and activities are included throughout.

The MCO framework involves three components—cultural humility, cultural opportunities, and cultural comfort—which together enable mental health providers to integrate culture into the therapeutic process. Supplemental content to support instructor teaching is also available on the book's website, including companion exercises and resources, lecture slides, a sample syllabus, and glossary of key terms.

Contributor Bios

Joshua N. Hook, PhD, received his doctorate in counseling psychology from Virginia Commonwealth University. He is a professor of psychology at the University of North Texas and is also a licensed clinical psychologist in the state of Texas. He has published more than 300 journal articles and scholarly book chapters as well as several books.

Don (Donnie) Davis Jr., PhD, is a professor of psychology at Georgia State University. He received his doctorate at Virginia Commonwealth University and is licensed in the state of Georgia. He has published more than 300 articles or chapters in addition to books and is associate editor of the *Journal of Positive Psychology*.

Jesse Owen, PhD, is a professor and distinguished scholar in the counseling psychology department at the University of Denver. He is a licensed psychologist and has coauthored three books and over 250 publications.

Cirleen DeBlaere, PhD, is a professor in the counseling psychology doctoral program at Georgia State University. Her research focuses on impacts of marginalization stressors on the mental health of historically disenfranchised people and the promotion of health and wellness. Her research has resulted in over 90 peer-reviewed publications, two coauthored books, and over 100 presentations.



9781433840838

Pub Date: 12/24/2024

\$99.99

Trade Paperback

473 Pages

Psychology / Clinical Psychology

Helping Skills (6th Edition)

Facilitating Exploration, Insight, and Action

Clara E. Hill, Harold Chui, Judith A. Gerstenblith

Summary

The sixth edition of this seminal textbook offers an updated model for aspiring helping professionals to enhance their clinical skills.

Significant updates to this edition include:

- new interactive features to improve student learning, including self-reflection exercises to help them cultivate their own values and perspectives as helpers and role-play activities for hands-on learning;
- updated case examples and reflection questions that reflect a broad range of diversity among clients and providers;
- a shift from a stage-based model to a more fluid, goal-based model of helping skills; and
- empirical updates that help students understand the importance of tailoring interventions to clients' individual needs.

Clara Hill's helping skills model consists of three main goals—exploration, insight, and action—in which helpers guide clients in exploring their thoughts and feelings, discovering the origins and consequences of maladaptive thoughts and behaviors, and creating positive long-term change.

This easy-to-read guide synthesizes Hill's extensive clinical and classroom experience with fresh, unique insights from coauthors Harold Chui and Judy Gerstenblith. They teach fundamental theory and provide students with clinical skills, challenge them to think critically about the helping process, and enable them to develop their own unique approach to helping clients.

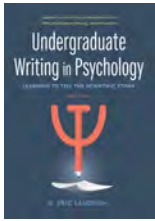
Contributor Bios

Clara E. Hill, PhD, is a retired professor in the Department of Psychology at the University of Maryland. Her major research interests are helping skills, the psychotherapy process, training and supervising therapists, and dream work.

Harold Chui, PhD, is an associate professor in the Department of Educational Psychology at the Chinese University of Hong Kong. His research interests include the psychotherapy process and outcomes, training and supervising psychotherapists, multicultural counseling, and school mental health.

Judy Gerstenblith, PhD, is a postdoctoral research fellow at the Albert and Jessie Danielsen Institute at Boston University. Her research interests include the psychotherapy process and outcomes, therapist training and supervision, the role of attachment in the therapeutic relationship, and existential themes in therapy.

Writing Coursebooks

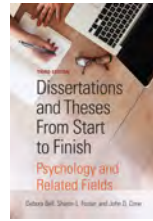


9781433833892
Pub Date: 8/4/20
\$34.99 USD

Undergraduate Writing in Psychology (3rd Edition)

R. Eric Landrum

This third edition features new writing samples and guidance to reflect the seventh edition of the *Publication Manual of the American Psychological Association*.

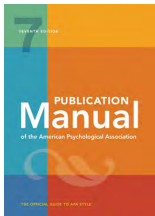


9781433830648
Pub Date: 10/8/19
\$34.99 USD

Dissertations and Theses From Start to Finish (3rd Edition)

Debora J. Bell, Sharon L. Foster, John D. Cone

This book guides students through the practical, logistical, and emotional struggles that come with writing dissertations and theses.



9781433832178
Pub Date: 10/1/19
\$47.99 USD

Publication Manual of the American Psychological Association (7th Edition)

American Psychological Association

The *Publication Manual* is an indispensable resource for students and professionals to achieve excellence in writing and make an impact with their work.

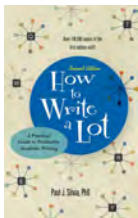


9781433830921
Pub Date: 9/10/19
\$35.99 USD

Conducting Your Literature Review

Susanne Hempel

This guide to conducting literature reviews includes strategies for defining the research question, using search tools and managing citations, and ensuring an unbiased summary of existing research.



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Pub Date: 9/25/18
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How to Write a Lot (2nd Edition)

Paul J. Silvia

This second edition of Paul Silvia's popular guide offers practical, light-hearted advice to help academics become more productive writers.



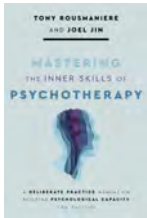
9781433827075
Pub Date: 8/14/17
\$35.99 USD

Writing Your Psychology Research Paper

Scott Baldwin

This primer for undergraduates explains how to write a clear, compelling, well-organized research paper with tips and illustrated examples for each step of the process.

Counseling & Clinical Psychology Coursebooks



9781433845000
Pub Date: 3/31/26
\$43.99 USD

Mastering the Inner Skills of Psychotherapy (2nd Edition)

Tony Rousmaniere, Joel Jin

Now in its second edition, this concise volume helps therapists develop the resilience and flexibility needed for effective therapy.

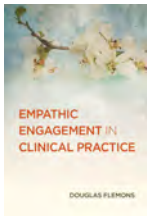


9781433844195
Pub Date: 3/17/26
\$43.99 USD

Acceptance and Commitment Therapy

Robyn D. Walser, Manuela O'Connell

This book empowers both new and seasoned clinicians to enhance their proficiency in implementing acceptance and commitment therapy.

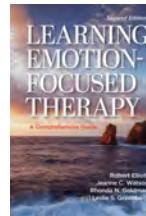


9781433843365
Pub Date: 1/6/26
\$44.99 USD

Empathic Engagement in Clinical Practice

Douglas Flemons

This essential guide for helping professionals offers an insightful, conversational approach to mastering empathic communication with clients.

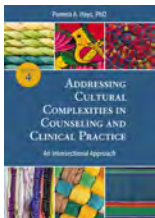


9781433838323
Pub Date: 8/19/25
\$65.99 USD

Learning Emotion-Focused Therapy (2nd Edition)

Robert Kingwill Elliott, Jr., Jeanne C. Watson, Rhonda N. Goldman, Leslie S. Greenberg

This second edition offers fully updated coverage of EFT theory and practice, alongside the most exciting theoretical, practical, and organizational developments of the past 20 years.

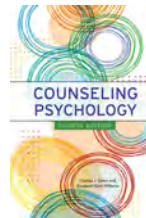


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Pub Date: 1/18/22
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Addressing Cultural Complexities in Counseling and Clinical Practice (4th Edition)

Pamela A. Hays

This updated edition helps therapists understand the complex, overlapping cultural and social influences that make each client unique.



9781433836473
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Charles J. Gelso, Elizabeth Nutt Williams

A comprehensive overview of counseling psychology, including key professional practices and issues, interventions, research, and concepts.

Research Methods Coursebooks



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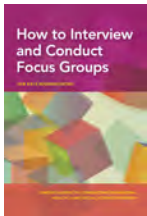


9781433839054
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The Complete Researcher

Joshua N. Hook, Don Davis, Daryl R. Van Tongeren

This book is designed to help psychology grad students and early career professionals develop skills to effectively work through the research process.



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Pub Date: 8/23/22
\$35.99 USD

How to Interview and Conduct Focus Groups

Jen Katz-Buonincontro

This book offers guidance for undergraduate and graduate students in conducting a research project that involves personal interviews or focus groups.

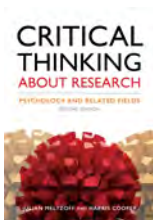


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Pub Date: 7/13/21
\$76.99 USD

Qualitative Research in Psychology (2nd Edition)

Paul M. Camic

This updated edition brings together a diverse group of scholars to illuminate the value that qualitative methods bring to studying psychological phenomena in depth and in context.



9781433827105
Pub Date: 9/18/17
\$57.99 USD

Critical Thinking About Research (2nd Edition)

Harris Cooper, Julian Meltzoff

This book teaches readers to be informed consumers of research and to thoughtfully evaluate the research they read rather than accept it without question.



9781433827082
Pub Date: 8/14/17
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Designing and Proposing Your Research Project

Jennifer Brown Urban, Bradley Matheus van Eeden-Moorefield

This practical, accessible guide walks you through the process of designing your own study and writing your research proposal.

Ethics Coursebooks

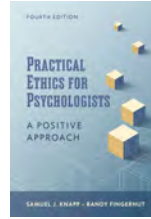


9781433844478
Pub Date: 1/27/26
\$54.99 USD

Ethical Challenges for Mental Health Professionals

Jack P. Haynes, James Windell

A practical, hands-on guide to understanding and solving common ethical issues that arise in mental health practice.

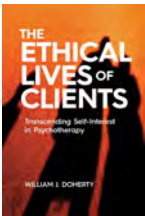


9781433842498
Pub Date: 11/28/23
\$74.99 USD

Practical Ethics for Psychologists (4th Edition)

Samuel J. Knapp, Randy Fingerhut

Guided by the APA Ethics Code and social justice, this book helps psychologists solve ethical dilemmas while empowering those impacted by their work.



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The Ethical Lives of Clients

William J. Doherty

Clients often come to therapists for assistance with ethical dilemmas, so this casebook provides therapists with the knowledge and skills needed to be effective ethical consultants while respecting client autonomy.



9781433836367
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Handbook of Research Ethics in Psychological Science

Sangeeta Panicker, Barbara Stanley

This handbook offers a rich, thorough, authoritative discussion of the ethical issues in conducting research with human participants.

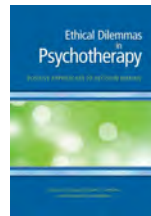


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Ethical Conflicts in Psychology (5th Edition)

Eric Y. Drogin

This updated edition presents selected readings on crucial ethical issues that psychologists encounter in their roles as clinicians, researchers, teachers, consultants, and assessors.



9781433820120
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Samuel J. Knapp, Michael C. Gottlieb, Mitchell M. Handelsman

Going beyond the basics of ethics, this book guides readers through complex ethical quandaries. It describes an easily applied decision-making process based on positive ethics and bolstered by numerous case examples that will help psychotherapists reach the best solutions possible.

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Stacy A. Ogbeide

This book presents practical strategies to help behavioral health consultants manage complex clinical presentations, collaborate effectively with teams within health systems, provide supervision and clinical training, and engage in community health initiatives.



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Robert F. Bornstein

A fresh, concise approach to personality theory and research for courses on personality psychology.



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Integrated Behavioral Health in Primary Care (3rd Edition)

Christopher L. Hunter, Jeffrey L. Goodie, Mark S. Oordt, Anne C. Dobmeyer

Now in its third edition, this book details the relevant updates in the field for behavioral health care practitioners. The new chapters feature an expanded exploration of core competencies, a review of the neuromatrix theory of pain model, and considerations for assessing opioid misuse.



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A clear, concise, and highly accessible overview of the processes and mechanisms responsible for conditioning and learning.



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Child and Adolescent Development in Cultural Context

Jennifer E. Lansford, Doran C. French, Mary Gauvain

This book examines how culture affects several aspect of human development, such as cognition, emotion, sociolinguistics, peer relationships, family relationships.



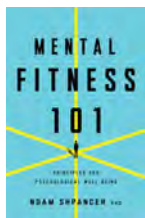
9781433830594
Pub Date: 8/4/20
\$57.99 USD

Community Psychology (4th Edition)

Bret Kloos, Jean Hill, Elizabeth Thomas, Andrew D. Case, Victoria C. Scott, Abraham Wandersman

The fourth edition of this acclaimed textbook provides an in-depth and engaging overview of community psychology, including its theoretical underpinnings and methods for conducting research and promoting change within communities.

College Success Resources

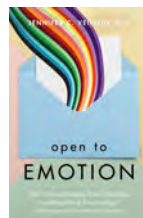


9781433848285
Pub Date: 2/10/26
\$24.99 USD

Mental Fitness 101

Noam Shpancer

This book explores the fundamental psychological motives of both the need for connection and the need for autonomy, detailing how their fulfillment underpins robust mental health. In brief, accessible chapters, it offers 10 guiding principles for achieving this fulfillment based on proven psychological methods.

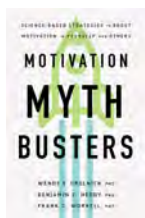


9781433844157
Pub Date: 7/1/25
\$21.99 USD

Open to Emotion

Jennifer C. Veilleux

A practical, engaging resource for anyone wanting a clearer understanding of the science of emotion and a helpful path forward in regulating their emotions.

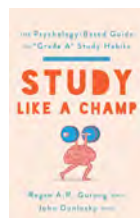


9781433841675
Pub Date: 7/16/24
\$21.99 USD

Motivation Myth Busters

Wendy S. Grolnick, Benjamin C. Heddy, Frank C. Worrell

This book challenges common myths about motivation, and offers readers science-backed strategies for successfully motivating themselves and others.



9781433840173
Pub Date: 1/10/23
\$22.99 USD

Study Like a Champ

Regan A. R. Gurung, John Dunlosky

This engaging, student-friendly book debunks major myths about studying and provides practical tips for studying smarter, not harder.



9781433830662
Pub Date: 2/26/19
\$26.99 USD

Own Your Psychology Major!

Glenn Geher

This book provides a roadmap for new psychology majors, and inspiration to help motivate students to make the most of internship, research, and service opportunities during their undergraduate years.



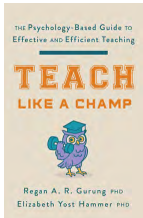
9781433823794
Pub Date: 11/14/16
\$35.99 USD

What Psychology Majors Could (and Should) Be Doing (2nd Edition)

Paul J. Silvia, Peter F. Delaney, Stuart Marcovitch

This consummate guide will help you get the most out of your psychology degree. Chapters emphasize fostering and demonstrating the skills that employers and grad schools want—skills like conducting research, writing, public speaking, and statistical reasoning.

Instructor Resources

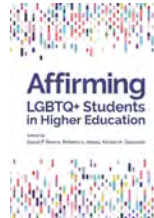


9781433849022
Pub Date: 6/16/26
\$24.99 USD

Teach Like a Champ

Regan A. R. Gurung, Elizabeth Yost Hammer

This book blends evidence-informed strategies, practical hacks, and real talk to help you elevate your teaching while avoiding burnout—so you can stay in the game and love it, year after year.

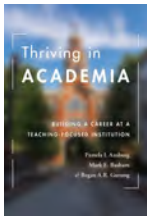


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Affirming LGBTQ+ Students in Higher Education

David P. Rivera, Roberto L. Abreu, Kirsten A. Gonzalez

This book describes practical changes that universities and colleges can undertake to support LGBTQ+ students and create more affirming and inclusive climates that benefit the entire campus community.

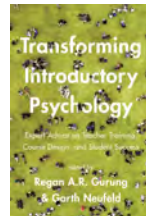


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Pamela I. Ansborg, Mark E. Basham, Regan A. R. Gurung

Veteran professors synthesize their combined 60+ years of experience into simple, practical advice for building successful, rewarding careers as undergraduate instructors at teaching-focused schools.

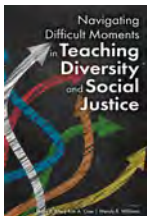


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Transforming Introductory Psychology

Regan A. R. Gurung, Garth Neufeld

This book presents recommendations for teaching the introductory psychology course, developed by the Introductory Psychology Initiative (IPI) task force appointed by APA's Board of Educational Affairs (BEA). Case studies illustrate the application of recommendations to learning goals and outcomes, course design, teacher training, and student transformation.

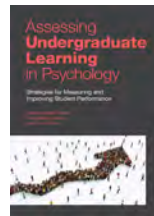


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Mary E. Kite, Kim A. Case, Wendy R. Williams

This essential resource helps educators tackle the most common and challenging dilemmas that arise in today's classroom—such as diversity, privilege, and intersectionality.

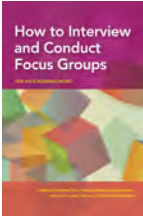


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Assessing Undergraduate Learning in Psychology

Susan A. Nolan, Christopher M. Hakala, R. Eric Landrum

This book will help undergraduate psychology faculty and administrators address three types of assessment pressures—individual, institutional, international—that they face when designing courses and curricula around student learning goals.



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Jen Katz-Buonincontro

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Kelly S. McClure

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Susanne Hempel

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Jennifer Brown Urban, Bradley Matheus van Eeden-Moorefield

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Scott Baldwin

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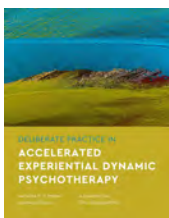


Deliberate Practice in Behavioral Parent Training

Mark D. Terjesen, Hilary B. Vidair, Phyllis S. Ohr, Olivia A. Walsh, Tony Rousmaniere, Alexandre Vaz

This book provides trainees opportunities to build competence in essential behavioral parent training skills while developing their personal therapeutic style.

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Natasha C. N. Prens, Hanna Levenson, Alexandre Vaz, Tony Rousmaniere

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Pub Date: 6/3/25
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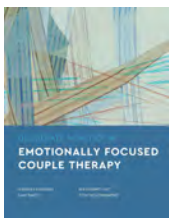


Deliberate Practice in Career Counseling

Jennifer M. Taylor, Alexandre Vaz, Tony Rousmaniere

Deliberate practice exercises help trainees internalize and apply essential career counseling skills while honing their own personal style.

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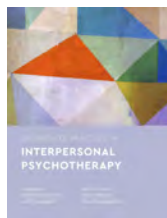


Deliberate Practice in Emotionally Focused Couple Therapy

Hanna Levenson, Sam Jinich, Alexandre Vaz, Tony Rousmaniere

Deliberate practice exercises help trainees build competence in emotionally focused couple therapy while cultivating their unique therapeutic styles.

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Olga Belik, Jessica M. Schultz, Scott Fairhurst, Scott Stuart, Alexandre Vaz, Tony Rousmaniere

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Deliberate Practice in Psychedelic-Assisted Therapy

Shannon Dames, Andrew Penn, Monnica Williams, Joseph Zamaria, Tony Rousmaniere, Alexandre Vaz

Deliberate practice exercises help trainees learn and apply psychedelic-assisted psychotherapy skills while honing their own personalized approach.

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Pub Date: 4/23/24
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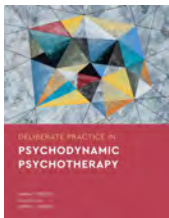
Deliberate Practice in Multicultural Therapy

Jordan Harris, Joel Jin, Sophia Hoffman, Selina Phan, Tracy A. Prout, Tony Rousmaniere, Alexandre Vaz

These exercises present role-playing scenarios in which two trainees act as a client and a clinician, switching back and forth under the guidance of a supervisor.

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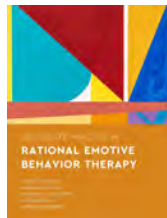


Deliberate Practice in Psychodynamic Psychotherapy

Hanna Levenson, Volney Gay, Jeffrey L. Binder

Deliberate practice exercises help trainees achieve competence in essential psychodynamic therapy skills and apply them in a range of clinical situations while honing their own personal style and language.

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Deliberate Practice in Rational Emotive Behavior Therapy

Mark D. Terjesen, Kristene A. Doyle, Raymond A. DiGiuseppe, Alexandre Vaz, Tony Rousmaniere

Deliberate practice exercises provide trainees and students an opportunity to build competence in essential rational emotive behavior therapy skills.

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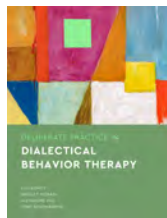


Deliberate Practice in Schema Therapy

Wendy T. Behary, Joan M. Farrell, Alexandre Vaz, Tony Rousmaniere

Deliberate practice exercises allow students and trainees to rehearse foundational schema therapy skills so that they can build competence and hone their own personal therapeutic styles.

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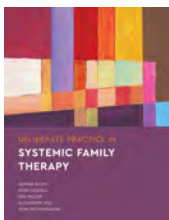


Deliberate Practice in Dialectical Behavior Therapy

Tali Z. Boritz, Shelley McMain, Alexandre Vaz, Tony Rousmaniere

Deliberate practice exercises allow students and trainees to rehearse foundational dialectical behavior therapy skills and strategies to help respond effectively and flexibly to diverse, complex clinical presentations and situations.

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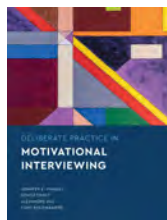


Deliberate Practice in Systemic Family Therapy

Adrian Blow, Ryan Seedall, Deb Miller, Tony Rousmaniere, Alexandre Vaz

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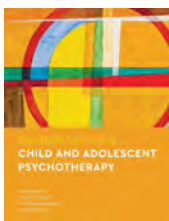


Deliberate Practice in Motivational Interviewing

Jennifer Knapp Manuel, Denise Ernst, Alexandre Vaz, Tony Rousmaniere

Deliberate practice exercises facilitate the rehearsal of fundamental motivational interviewing skills so clinicians can better help clients with change goals, like quitting addictive behaviors and developing healthier habits.

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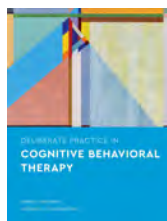


Deliberate Practice in Child and Adolescent Psychotherapy

Jordan Bate, Tracy A. Prout, Tony Rousmaniere, Alexandre Vaz

This book presents deliberate practice exercises in which students and trainees rehearse fundamental skills in child and adolescent psychotherapy until they become natural and automatic.

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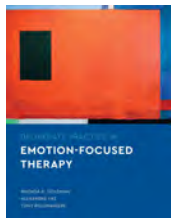
Deliberate Practice in Cognitive Behavioral Therapy

James F. Boswell, Michael J. Constantino

This book presents deliberate practice exercises in which students and trainees rehearse fundamental cognitive-behavioral therapy (CBT) skills until they become natural and automatic.

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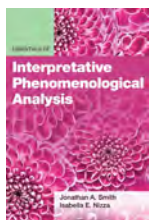


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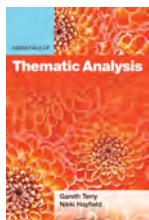


Essentials of Existential Phenomenological Research

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In this book, Scott D. Churchill introduces readers to existential phenomenological research, an approach that seeks an in-depth, embodied understanding of subjective human existence that reflects a person's values, purposes, ideals, intentions, emotions, and relationships.

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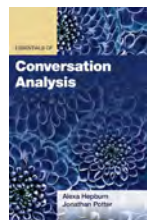


Essentials of Thematic Analysis

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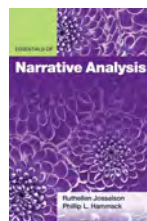


Essentials of Critical Participatory Action Research

Michelle Fine, María Elena Torre

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Ruthellen Josselson, Phillip L. Hammack

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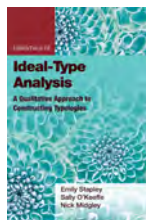


Essentials of Discursive Psychology

Linda M. McMullen

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Emily Stapley, Sally O'Keeffe, Nick Midgley

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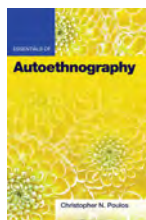


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Heidi M. Levitt

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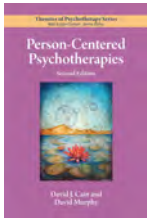
Essentials of Descriptive-Interpretive Qualitative Research

Robert Kingwill Elliott, Jr., Ladislav Timulak

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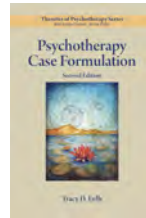


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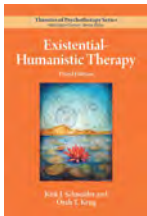


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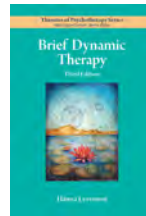


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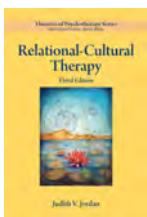


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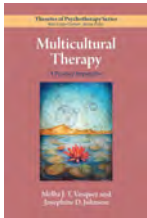
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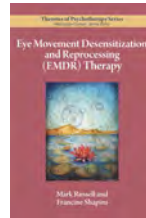


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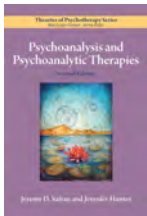


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Eye Movement Desensitization and Reprocessing (EMDR) Therapy

Mark C. Russell, Francine Shapiro

In this book, the authors describe their work and the significant controversy that attended its rise due to EMDR's challenging of traditional cognitive behavioral approaches and mechanisms of change.

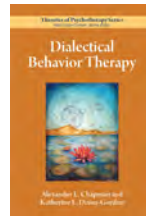


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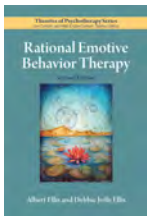


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Dialectical Behavior Therapy

Alexander L. Chapman, Katherine L. Dixon-Gordon

This book reviews the theoretical underpinnings and practice of dialectical behavior therapy, an intervention for treating complex clients, such as suicidal individuals and those with borderline personality disorder.

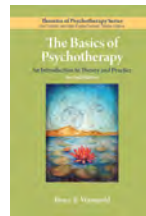


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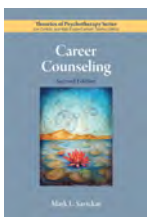


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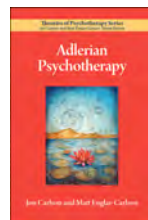


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Michelle G. Craske

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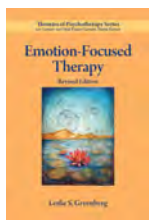


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Adlerian Psychotherapy

Jon Carlson, Matt Englar-Carlson

This book provides an introduction and overview to Alfred Adler's person-centered approach to psychotherapy. In Adler's view, all behavior has social meaning, and the socio-cultural context of a person's life is a driving influence on their mental health and life experiences.

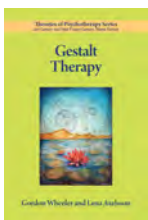


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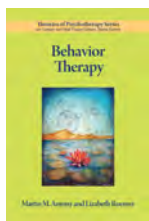


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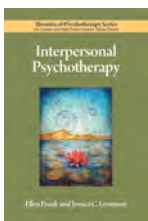


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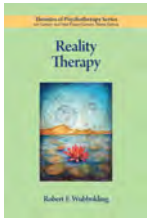
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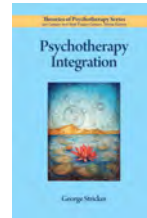


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