

Appendix A -- Video Links

Definition, History, and Future of Virtual Reality

1. Virtual Reality Explained:

<https://www.youtube.com/watch?v=i4Zt3JZejbq>

2. Beginners Guide To Virtual Reality - Which Headset Should You Buy?:

<https://www.youtube.com/watch?v=T0taTtOgqd8>

3. The Evolution of Virtual Reality by 2025:

https://www.youtube.com/watch?v=_d-hMZaU5Po

4. How Virtual Reality became a Reality:

<https://www.youtube.com/watch?v=UW8NapTA9oc>

5. How Virtual Reality Is About to Revolutionize Healthcare (Bloomberg):

<https://www.bloomberg.com/news/videos/2021-07-30/how-virtual-reality-is-about-to-revolutionize-healthcare-video>

Clinical VR Applications that Illustrate the Expose, Distract, Motivate, Measure, and Engage Model.

6. Could VR Help Treat Anxiety? - BBC News:

<https://www.youtube.com/watch?v=r7tY07QY66A>

7. PTSD -- CNN Tech for Good:

<https://www.cnn.com/videos/world/2020/10/06/chris-merkle-ptsd-spc-intl.cnn>

8. Paranoia/Persecutory Delusions:

<https://www.youtube.com/watch?v=fLsKEBikgE8>

9. Can VR Replace Opioids As Pain Treatment?

<https://www.youtube.com/watch?v=O0yRL4AOZII>

10. Acute Pain Distraction:

<https://www.youtube.com/watch?v=jNIqyyypojg&t=49s>

11. Discomfort Reduction: Chemotherapy:

<https://www.youtube.com/watch?v=pTo3fM7PW8A&t=65s>

12. ADHD Virtual Classroom 2018:

<https://www.youtube.com/watch?v=afGZrV9X0IE&t=7s>

13. Cognitive and Functional Assessment in a Virtual Kitchen:

<https://youtu.be/bMPhdRnps9A>

14. Cognitive Training (Visuospatial):

<https://www.youtube.com/watch?v=UXR2h6PZndQ>

15. Cognitive Training (Modified N-Back):
<https://www.youtube.com/watch?v=kFkTU7flkt4>

16. Mindfulness and Relaxation:
<https://www.youtube.com/watch?v=nv1E61DQxtQ>

Examples of Clinical VR Applications that Leverage Virtual Humans

17. Virtual Human Job Interview Roleplaying with Persons on the Autism Spectrum:
<https://spectruminfocus.com/section/in-focus/in-focus/2019/02/11/in-focus--vr-breakthroughs-in-autism>

18. Virtual Human Patient for Motivational Interviewing Training:
https://www.youtube.com/watch?v=b1eEtU_zWh8

19. Online Virtual Human Mental Healthcare Guide:
<https://www.youtube.com/watch?v=PGYUqTvE6Jo&list=UUQrbzaW3x9wWoZPl4-l4GSA&index=2>

20. Mobile Virtual Human Wellness Guide:
https://youtu.be/ZjD_zVB_57M

21. Virtual Human Clinical Interviewer with Automated Sensing of Facial, Gestural, and Vocal Behaviors:
http://youtu.be/Yw1c5h_p6Dc

22. Virtual Human Interaction with Automated Behavioral Sensing:
http://youtu.be/_uYokWUSark

23. Becoming Homeless a Human Experience in VR Short Trailer:
<https://www.youtube.com/watch?v=OK2yJlCAhDE>

24. 1000 Cut Journey: Growing up Black in America:
<https://www.youtube.com/watch?v=rA6fOMSx2yk>