

CHAPTER 2 HANDOUT

HANDOUT A: MATERIALS NEEDED FOR ADAPT TOOLKIT

CHAPTER 2: MATERIALS NEEDED FOR ADAPT TOOLKIT

Materials	Module - Session
Scissors	
Glue Stick	
Crayons	
Markers	
Tape	
2 pocket folders- Child	Child: Module 1 - Session 1
2 pocket folders- Parent	Parent: Module 1 - Session 1
Model Magic modeling clay	Child: Module 1 - Session 1; Module 3 - Session 2, 3 (possible)
Feelings Grab Bag/Feelings Cards	Child, Joint: Child/Module 1 - Session 2; Child/Module 3 - Session 2; Joint/Module 5 - Session 4
Construction paper	Child: Module 1 - Session 2; Module 2 - Session 2, 3; Module 4 - Session 1
Small stuffed animal	Child: Module 1 - Session 3
Glitter, stickers, decorative confetti	Child, Joint: Child/Module 2 - Session 2, 3; Joint/Module 2 - Session 4
Maple Leaves	Joint: Module 3 - Session 3
Family Figures	Child: Module 4 - Session 1
Yarn	Child: Module 4 - Session 1
4×6 Index cards	Child: Module 4 - Session 1; Module 7 - Session 1
Cardstock	Child, Joint: Child/optional use; Joint/Module 4 - Session 3; Termination Session
Family Activities Cards	Child, Joint: Child/Module 4 - Session 2; Joint/Module 4 - Session 3
Game of Discovery Cards	Child, Parent: Child/Module 5 - Session 1, 2; Parent/Module 5 - Session 2
Mirror	Parent: Module 5 - Session 1
Racial/Ethnic Faces	Child: Module 5 - Session 3
Difficult Questions Cards	Child: Module 6 - Session 1
Tokens	Child: Module 7 - Session 1
BOOKS NEEDED	
<i>Murphy's Three Homes</i>	Child: Module 1 - Session 5
<i>The Invisible String</i>	Child: Module 4 - Session 1
<i>W.I.S.E. UP! Powerbook</i>	Child, Parent: Child/Module 6 - Session 1, 2; Parent/Module 7 - Session 1, 2
Other suggested options for books are in text in relevant modules.	
Additional Materials (not in kit):	
1 Easel pad	
1 pack of posterboards	

Game of Discovery Board	Child, Parent: Child/Module 5 - Session 1, 2; Parent/Module 5 - Session 2
Handouts: Child and Parent	Description (if needed)
Module 1: Trust, Positive Coping Strategies, and Behavior Management	Handout 1: Modules of ADAPT (Adoption-Specific Therapy) Handout 2: Basic Beliefs of Adoption-Specific Therapy Handout 3: What Parents Can Expect During the Transition Handout 4: Parent Progress Report (PPR) Handout 5: My Child's Positives Handout 6: My Child's Strengths/Concerning Behaviors Handout 7: Child-Led Play Skills Handout 8: Adoption-Specific Behavior Record Handout 9: Child-Led Play Record Sheets Handout 10: Feelings for Feelings Grab Bag Handout 11: Feelings Thermometer Handout 12: Adoption Fill-in-the-Blank Handout 13: Positive Parenting Strategies Handout 14: 101 Ways to Praise a Child Handout 15: Model Reward Chart Handout 16: Praise and Encouragement Records Handout 17: Reinforcers for My Child Handout 18: Muscle Relaxation Pictures Handout 19: Positive Discipline Strategies Handout 20: Behavioral Strategies for Common Difficult Child Behaviors Using Adoption-Specific Lens Handout 21: Kids' Coping Solutions Handout 22: Coping With My Problem Handout 23: What I Like About You Handout 24: Coping Strategies Log
Module 2: Developmental Understanding of Adoption Experience	Handout 25: Suggested Adoption Books by Age Group Handout 26: Child's Adoption Story Handout 27: Child's Placement History Timeline Handout 28: Sample Scripts for Discussing Difficult History With Children Handout 29: Children's Questions About Adoption at Different Developmental Stages Handout 30: My Adoption Story: A Lifebook Handout 31: Questions for My Parents

Handout A

Module 3: Loss and Grief Issues in Adoption	Handout 32: Loss Chart Handout 33: Understanding My Child's Losses Handout 34: My Child's Grief Reactions Handout 35: What Children May Lose Handout 36: Understanding Child's Rejecting/Testing Behavior Handout 37: Sample Tree and Leaves for Tree of Remembrance
Module 4: Attachment and Joining With the Adoptive Family	Handout 38: Circle of Security Handout 39: Attachment Styles Handout 40: Family Figures for Child's Web of Connections Handout 41: Ways to Encourage Attachment Handout 41: Family Activities Cards Handout 43: What I Like About Our Family/What I Would Like to Change About Our Family
Module 5: Search for Identity and Transracial Adoption	Handout 44: Common Children's Questions About Identity Handout 45: My Child's Identity Handout 46: My Self Chart Handout 47: Supporting My Child's Racial/Ethnic Identity Handout 48: Our Joint Transracial Family Identity Handout 49: Books About Diverse Families Handout 50: Positive Responses to Discrimination Situations
Module 6: Adoption and the Outside World	Handout 51: Difficult Adoption-Related Questions
Module 7: Trauma Treatment (given if appropriate)	Handout 52: Common Reactions to Trauma and Stress Handout 53: My Child's Trauma History Handout 54: Prevalence Graphics Handout 55: Common Reactions Checklist for Kids Handout 56: What Happened to Me Handout 57: Coping Strategies for Posttraumatic Stress Reactions Handout 58: Tips for Listening to Your Child
Termination Session and party	Handout 59: What I Like About You Handout 60: ADAPT Certificates