UCV 1

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Instructions

Thinking on the content we either just covered or covered previously this term, consider how you have seen examples of it in your everyday life (past or present!). An example could be how you remembered noticing your nephew struggle with conservation when they complained they got less juice, when in reality it was just the glass was larger than the others. Then you can discuss how understanding *why* that occurred due to developmental theory changed your perspective on the experience. Finally, you would then discuss why that was valuable to you. Each UCV has three parts:

Use	1. Discuss how you saw an example of course content in your everyday life
Change	2. Discuss how seeing that content in your real-life experience has changed how you see that topic
Value	3. Discuss why that experience was/is valuable to you

UCVs should not exceed more than 300 words. These assignments are meant to help you connect the course content to a meaningful component of your life, helping you to retain the information better. These are meant to be informal and low-stakes!

Here is an example of a UCV response that received full credit (shared with permission):

> *“Back in Chapter 8, we talked about the different kinds of attention. We learned that it is really easy for our brains to become distracted. We learned about something called "divided attention" in which our brains are trying to focus on two things at once. The example we talked about in class was that of a radio in a car, and how we tend to turn it down so we can see better. For some reason, I could not move past that. I was not thinking of it outside of driving or maybe trying to do homework and watch tv at the same time. But on my test, there was a question about an overly colorful classroom. I LOVE colors. One of the main reasons I want to teach elementary school is because of all the options you have to decorate your room with insane amounts of color. The test question brought to my attention that, for children, this can be insanely distracting. I had never considered that it may distract some students if there is too much going on in your classroom. This is definitely something that will stick with me for a long time. I will try to apply it to future classrooms. I want my students to feel comfortable, but not be distracted. There's a happy medium in there somewhere. I will find it.”*