**WEB FORM B**SUPERVISOR OR PEER RATING FORM OF HELPER EXPLORATION SKILLS

Date:\_\_\_\_\_\_\_\_\_ Name of helper: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Name of observer: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Instructions:** A supervisor or peer should complete this measure after watching the helper conduct a helping session. Please note that probably not all of the skills listed will be used at this point.

If used, was it used . . .

Used skill? Inappropriately Appropriately Example

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Attending | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Listening | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Restatement | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Open question | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Reflection of feelings | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Approval/reassurance | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Closed question | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Silence | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Challenge | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Interpretation | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Self-disclosure | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Immediacy | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Information | Y | N | 1 | 2 | 3 | 4 | 5 |  |
| Direct guidance | Y | N | 1 | 2 | 3 | 4 | 5 |  |

Strengths of helper (list at least two):

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Areas needing improvement (list at least two):

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Comments: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_