

Figure 14.1. Resources for Patients with Behavior Management Problems: Websites, Mobile Applications, and Books

Type	Location	Description
<b>Websites</b>	<b>American Academy of Pediatrics</b> <a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Pages/default.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/Mental-Health/Pages/default.aspx</a>	Provides a broad selection of tools and resources for addressing behavioral and emotional challenges in children and adolescents. Includes list of screening measures and evidence-based behavioral interventions for a broad set of problems.
	<b>American Academy of Family Physicians</b> <a href="http://familydoctor.org/">http://familydoctor.org/</a> <a href="http://familydoctor.org/familydoctor/en/kids/parenting.html">http://familydoctor.org/familydoctor/en/kids/parenting.html</a>	Provides a section devoted to parenting resources for parents.
	<b>Alan Kazdin and the Yale Parenting Center</b> <a href="http://alankazdin.com/">http://alankazdin.com/</a>	Resources for parents and providers regarding effective behavior management strategies.
	<b>PCIT International</b> <a href="http://www.pcit.org/">http://www.pcit.org/</a>	Information and resources for parents and providers for Parent Child Interaction Therapy.
	<b>Triple P Parenting Program</b> <a href="http://www.triplep.net/">http://www.triplep.net/</a> <a href="http://www.triplep-parenting.net/">http://www.triplep-parenting.net/</a>	Resources, primarily for parents, related to the Triple P program.
<b>Mobile Applications</b>	<b>iRewardChart: Parents Reward Tracker Behavior Chore chart</b> <a href="http://www.irewardchart.com/">http://www.irewardchart.com/</a>	Allows parents to track behaviors and give virtual stickers for behaviors across multiple children.
<b>Books</b>	<b>The Everyday Parenting Toolkit</b> Kazdin, A. E. (2013)	Practical, evidence-based parenting guidance for all children.
	<b>The Kazdin Method for Parenting the Defiant Child: With No Pills, No Therapy, No Contest of Wills</b> Kazdin, A. E. (2009)	Practical, evidence-based parenting guidance for children who are “out of control.” Includes a DVD demonstrating parenting methods.

Figure 14.2. Short Screening Instrument for Psychological Problems in Enuresis

<b>Short Screening Instrument for Psychological Problems in Enuresis (SSIPPE)</b>			
Name: ..... Date of birth: .....			
<i>Emotional problems</i>			
<i>if more than two positive items: full screening required</i>			
1.	Has your child <b>sometimes</b> the feeling that others are reacting negatively?	YES	NO
2.	Does your child <b>sometimes</b> feel worthless or less confident?	YES	NO
3.	Does your child <b>sometimes</b> have headaches?	YES	NO
4.	Does your child <b>sometimes</b> feel sick?	YES	NO
5.	Does your child <b>sometimes</b> have abdominal pain?	YES	NO
6.	Is your child <b>sometimes</b> little active or lacking energy?	YES	NO
7.	Does your child <b>sometimes</b> feel unhappy, sad or depressive?	YES	NO
<i>Inattention symptoms if more than two positive items: full screening required</i>			
1.	Does your child <b>frequently</b> pay insufficient attention to details or make careless defaults in schoolwork?	YES	NO
2.	Does your child <b>frequently</b> have difficulties with organizing tasks and activities?	YES	NO
3.	Does your child <b>frequently</b> forget in daily practice?	YES	NO
<i>Hyperactivity/Impulsivity symptoms if more than two positive items: full screening required</i>			
4.	Does your child <b>frequently</b> talk continuously?	YES	NO
5.	Is your child <b>frequently</b> busy?	YES	NO
6.	Does your child <b>frequently</b> run or climb in situations in which this is inappropriate?	YES	NO

From Van Hoecke, E., Baeyens, D., Bossche, H. V., Hoebeke, P., & Walle, J. V. (2007). Early detection of psychological problems in a population of children with enuresis: construction and validation of the Short Screening Instrument for Psychological Problems in Enuresis. *The Journal of Urology*, 178, 2611-2615. Adapted with permission. (***Need to get permission***)

Figure 14.3. Bedwetting Monitoring Chart

Complete Before Bedtime								
	1 glass of water within 2 hrs of	1 glass of water						
	Bedtime	8:30 PM						
Complete After Waking	1 times woke to pee or arm went off	1						
	Wake up time	7:00 AM						

Figure 14.4. Resources for Patients Who Wet the Bed: Websites and Books

Type	Location	Description
Websites	<b>Vendors for Bedwetting Alarms</b> <a href="https://www.sleepdryalarm.com/">https://www.sleepdryalarm.com/</a> <a href="http://bedwettingstore.com/">http://bedwettingstore.com/</a> <a href="http://wetstop.com/">http://wetstop.com/</a>	A variety of vendors sell bedwetting alarms. These sites may make claims that are not supported by evidence (e.g., cures bedwetting).
	<b>U.S. National Library of Medicine</b> <a href="https://www.nlm.nih.gov/medlineplus/bedwetting.html">https://www.nlm.nih.gov/medlineplus/bedwetting.html</a>	Consolidates information regarding bedwetting resources for parents and providers.
	<b>American Academy of Pediatrics</b> <a href="https://www.healthychildren.org/English/ages-stages/toddler/toilet-training/Pages/Bedwetting.aspx">https://www.healthychildren.org/English/ages-stages/toddler/toilet-training/Pages/Bedwetting.aspx</a>	Additional information for parents about bedwetting causes and treatments.
Books	<b>Bedwetting and Accidents Aren't Your Fault: How Potty Accidents Happen and How to Make Them Stop</b> Hodges, S., & Schlosberg, S. (2015).	Children's book discussing bedwetting, written by a pediatric urologist.
	<b>Waking up Dry: A Guide to Help Children Overcome Bedwetting</b> Bennett, H. J. (2015).	Written by a practicing pediatrician, the book describes evidence-based approaches to reducing bedwetting.

Figure 14.5. Resources for Patients with Attention Deficit Hyperactivity Disorder: Websites and Books

Type	Location	Description
<b>Websites</b>	<b>American Academy of Child and Adolescent Psychiatry</b> <a href="http://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx">http://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/ADHD_Resource_Center/Home.aspx</a>	Broad range of resources for patients, parents, providers and students.
	<b>American Academy of Pediatrics</b> <a href="http://www.healthychildren.org/english/health-issues/conditions/adhd/Pages/default.aspx">http://www.healthychildren.org/english/health-issues/conditions/adhd/Pages/default.aspx</a>	Provides information for parents, primarily through a series of brief articles and handouts, about ADHD.
	<b>Centers for Disease Control and Prevention</b> <a href="http://www.cdc.gov/ncbddd/adhd">http://www.cdc.gov/ncbddd/adhd</a>	Information for providers and parents about ADHD, including summaries of research, educational materials, and data.
	<b>Children and Adults with ADHD</b> <a href="http://www.chadd.org">http://www.chadd.org</a> <a href="http://www.help4adhd.org">http://www.help4adhd.org</a>	Children and Adults with Attention Deficit/Hyperactivity Disorder (CHADD) is a non-profit organization that provides education, advocacy and support for ADHD. Website has a wide breath of ADHD materials for parents, children, and providers.
	<b>National Resource Center on ADHD</b> <a href="http://www.help4adhd.org">http://www.help4adhd.org</a>	Funded by the CDC, the site is the national clearinghouse for ADHD related information.
<b>Books</b>	<b>Taking Charge of ADHD, Third Edition: The Complete, Authoritative Guide for Parents</b> Barkley, R. A. (2013)	Written by one of the leading national researchers on ADHD, the book provides a breadth of information for parents and caregivers about ADHD and evidence-based methods for managing ADHD.