

APPENDIX 4.1: RESOURCES AND SUGGESTIONS FOR FURTHER READING

Behavioral Therapy

- Gallagher, D.E., & Thompson, L.W. (1981). *Depression in the elderly: A behavioral treatment manual*. Los Angeles: University of Southern California Press.
- Lejuez, C.W., Hopko, D.R., & Hopko, S.D. (2001). A brief behavioral activation treatment for depression treatment manual. *Behavioral Modification*, 25, 255–286.
- Lewinsohn, P., Biglan, A., & Zeiss, A. (1976). Behavioral treatment of depression. In P. Davidson (Ed.), *Behavioral management of anxiety, depression, and pain*. New York, NY: Brunner/Mazel.
- Rider, K.L., Gallagher-Thompson, D., & Thompson, L.W. (2004). *California older person's pleasant events schedule: Manual*. Stanford University, Stanford, CA. Retrieved from <http://oafc.stanford.edu/coppes.html>
- Teri, L. (1991). Behavioral assessment and treatment of depression in older adults. In P. A. Wisocki (Ed.), *Handbook of clinical behavior therapy with the elderly client* (pp. 225–243). New York, NY: Plenum Press.
- Teri, L. (1994). Behavioral treatment of depression in patients with dementia. *Alzheimer Disease and Related Disorders*, 8, 66–73.

Cognitive Behavioral Therapy

- Beck, A.T., Rush, A.J., Shaw, B.F., & Emery, G. (1979). *Cognitive therapy of depression*. New York, NY: Guilford Press.
- Ellis, A. (1979). *Theoretical and empirical foundations of rational emotive therapy*. Monterey, CA: Brooks/Cole.
- Emery, G. (1981). Cognitive therapy with the elderly. In G. Emery, S. Hollon, & R. Bedrosian (Eds.), *New directions in cognitive therapy* (pp. 84–98). New York, NY: Guilford Press.
- Gallagher-Thompson, D., & Thompson, L.W. (2010). *Therapist guide: Treating late life depression: A cognitive-behavioral therapy approach*. New York, NY: Oxford University Press.
- Thompson, L.W., Dick-Siskin, L., Coon, D.W., Powers, D.V., & Gallagher-Thompson, D. (2010). *Patient workbook: Treating late life depression: A cognitive-behavioral therapy approach*. New York, NY: Oxford University Press.
- Yost, E.B., Beutler, L.E., Corbishley, M.A., & Allender, J.R. (1986). *Group cognitive therapy: A treatment approach for depressed older adults*. New York, NY: Pergamon Press.

Cognitive Bibliotherapy

Burns, D. D. (1980). *Feeling good*. New York, NY: Avon Books.

Problem-Solving Therapy

Nezu, A. M., & D'Zurilla, T. J. (2001). *Problem-solving therapies*. New York, NY: Guilford Press.

Reminiscence Therapy

Birren, J. E., & Deutchman, D. E. (1991). *Guiding autobiography groups for older adults*. Baltimore, MD: Johns Hopkins University Press.

Kunz, J. A. & Soltys, F. G. (2007). *Transformational reminiscence: Life story work*. New York, NY: Springer.

Psychodynamic Psychotherapy

Evans, S., & Garner, J. (2004). *Talking over the years: A handbook of dynamic therapy with older adults*. New York, NY: Brunner/Routledge.

Morgan, A. C., & Goldstein, M. Z. (2003). Psychodynamic psychotherapy with older adults. *Psychiatric Services*, 54, 1592–1594.