

What I'd Like My Child to Learn

1. ____ Wake up in the morning without battling with me
2. ____ Get dressed in clean clothes in the morning
3. ____ Eat breakfast that includes some kind of protein
4. ____ Take medication
5. ____ Brush teeth, wash up, comb hair
6. ____ Make bed, pick up room in the morning
7. ____ Pack school bag with books, homework, etc.
8. ____ Not argue with family members in the morning
9. ____ Get to the school bus on time
10. ____ Get to classes on time
11. ____ Remember to bring the necessary books and materials to class
12. ____ Remember to turn in homework
13. ____ Sit in seat at school
14. ____ Do school work in class
15. ____ Speak when called on in class
16. ____ Not interrupt the teacher
17. ____ Eat a healthy lunch
18. ____ Copy down homework assignments
19. ____ Remember to bring home the books and materials needed for homework
20. ____ Learn how to have conversations with other kids
21. ____ Learn how to play and solve disagreements without getting into fights
22. ____ Come home after school
23. ____ Do homework
24. ____ Organize books and school materials so that work doesn't get lost
25. ____ Listen and obey parental instructions
26. ____ Come home for dinner
27. ____ Eat a dinner that includes protein, fruit, and vegetables
28. ____ Do chores with minimal prompting
29. ____ Play cooperatively with siblings and friends
30. ____ Put away toys, papers, etc.

(continued)

What I'd Like My Child to Learn (*Continued*)

- 31. _____ Clean room
- 32. _____ Not argue with parents
- 33. _____ Learn to solve problems by negotiating
- 34. _____ Spend some time reading, painting, building, practicing word-processing skills, or engaging in any activity that requires thinking
- 35. _____ Express ideas or feelings without using obscene or vulgar language
- 36. _____ Wash up, brush teeth in the evening
- 37. _____ Go to the bedroom at bedtime and rest quietly
- 38. _____ Stay in the bedroom and let me sleep until morning
- 39. _____ Apologize, accept responsibility for mistakes, and make up
- 40. _____ Do something thoughtful for another person

Other Lessons? _____