

Guide for Teaching Skills to Your Child

1. Write down one lesson you want to teach your child.

2. Is this something that kids within 2 years of your child's age are able to do? If no, pick another lesson.

3. When are you going to do your "teaching"? Pick a time, and a place with few distractions.

4. Have you told or shown your child what you wanted him or her to do (or stop doing)? Remember the 10-second rule!

5. What will happen if your child does what you want? Make sure that your child knows this.

6. What will happen if your child doesn't do what you want? Make sure that your child knows this, too.
