

EXHIBIT 9.3. Try It! Your Work Profile

Past History. List facts about your past education and jobs here. These should include subjects you liked or did well at, subjects you did poorly in, previous jobs you've had, likes or dislikes regarding those jobs, and previous accomplishments or successes.

Skills and Aptitudes. List particular things you do well here, such as computer skills, artistic or musical ability, working with numbers, reading, working with people, or building things.

Personality Characteristics. This may be an area in which you will want professional help to guide you. There are some excellent tests, such as the Meyers–Briggs, that help you understand your personality style. But you can get started by characterizing yourself as an introvert versus extrovert, planful versus spontaneous, creative versus conventional, or other characteristics that you think describe you.

Interests. For this list, don't worry about whether you are good at something or not, but, instead, write down things that appeal to you. For example, you may possess little athletic skill but be very interested in sports.

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EXHIBIT 9.3. Try It! Your Work Profile (*Continued*)

Values. List your principles or standards of behavior. These are things you judge to be important in life or career such as honesty, hard work, creativity, financial stability, or flexibility.
