

ACTIVITY 7.2

Gender Versus Sexual Orientation Worksheet

Directions: Each attendee engaging in the activity needs a printed worksheet and a writing instrument. Attendees are instructed to look at each of the five continua and to “place” themselves on the continua where they believe they are by marking themselves with an X. Instructors may wish to explain the worksheet by saying, “As you can see from this diagram, which represents only a few of the aspects of sex and gender, identity is composed of multiple, independent factors, and each factor has multiple places which individuals can inhabit.” Attendees can then break into small groups and be given structured prompts to discuss what they feel comfortable sharing.

Biological sex (anatomy, chromosomes, hormones)

Male	Intersex	Female
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Gender identity (psychological sense of self)

Man	Third sex, Trans, Bi-gendered, Genderqueer, Other	Woman
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Gender expression (communication of gender)

Masculine	Androgynous	Feminine
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Sexual orientation (identity of erotic response)

Attracted to women	Attracted to both, neither, trans, genderqueer, other	Attracted to men
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Sexual behavior (sexual behavior)

Sex with women	Sex with both, trans, genderqueer, other	Sex with men
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Note. From “Diagram of Sex and Gender,” by Center for Gender Sanity, 2009. Retrieved from <http://www.gendersanity.com/diagram.html>. Copyright 2009 by Center for Gender Sanity. Adapted with permission.