

Worksheet for Life Lesson 6: How Well Do You Know Your Family?

A lot of the time, you might only talk to your parents about the lousy stuff in your life. They'll ask you questions such as, "Did you bring home your homework?" "Did you get your homework done?" "Do you have any tests?" "Did you get in trouble in school?" and "Did you make your bed?" They'll tell you to stop teasing your brother or don't bug your sister, leave their stuff alone, turn off the TV, get off the computer, or stop checking your Facebook messages and go to sleep. Somewhere in getting all our stuff done, we forget how it feels to just enjoy being a family.

To help you get that good feeling back (or make it stronger), play a guessing game with your parents. After you finish with them, your parents might want to do this with you and your brothers and sisters (if you have any). Take a few minutes and answer these questions. Then check your answers by talking with your parents. See how well you do.

1. What are your parents' favorite TV shows? _____

2. What are your parents' favorite places to go? _____

(continued)

Worksheet for Life Lesson 6: How Well Do You Know Your Family? (Continued)

3. What are your parents' favorite foods? _____

4. What do your parents like to do for fun? _____

5. What do your parents like to do with you? _____

6. My parents would love it if I would _____

Now you know some of the things that your parents like or like to do. Maybe instead of just talking about school, you can begin to start talking about what people like and like to do, which should make home time more fun.