

Parent Worksheet for Life Lesson 9: Everyone Wants to be Appreciated—Even Kids!

Everyone wants to be appreciated, even your kids. They want to have the feeling that you notice what they do for you and that you are thankful for it. Has it been a while since you sat with your child and told them what you liked or admired about them? As you begin to think about the things that you appreciate about your child, complete these sentences:

1. I really like it when my child _____.
2. Even though I rarely say it, I've always noticed that my child is very good at doing _____ for me.
3. I think that it's really neat that my child can _____.
4. Sometimes, late at night, I sit back, smile and remember when my child _____.
5. I really think that it's important that my child knows that I admire them for _____.
6. It really meant a lot to me when my child _____.

Now that you've had a couple of minutes to think about how you appreciate your child, let them know. Take a few minutes and tell them the things you've written.