



# APA PsycInfo® Topic Guide

## GRIEF & TRAUMA COUNSELING

### Topics in APA PsycInfo of Relevance to Grief & Trauma Counseling

APA PsycInfo is a research database published by the American Psychological Association. Clinicians and researchers can use it to explore information related to counseling bereaved patients or those dealing with emotional trauma after an accident or disaster.

#### *Sample Searches in Grief & Trauma Counseling*

**Scenario:** A clinician is interested in learning the most recent approaches for treating police, fire fighters, and other emergency personnel for stress and anxiety disorders.

**Search:** *Rescue Workers AND Posttraumatic Stress Disorder*

**Results:** Articles discussing prevalence and treatment of PTSD in first responders to earthquakes and other disasters.

**Scenario:** A student is researching dementia and wants to know more about how grief affects people who care for loved ones with dementia.

**Search:** *Grief AND Caregivers AND Dementia*

**Results:** Articles that explore how anticipatory grief impacts caregivers, in particular their ability to deal with the stress of caring for a loved one.

**Scenario:** A social worker would like to know more about the efficacy of various methods of crisis intervention for teenagers.

**Search:** *Crisis Intervention Services, use the Age Group limiter to select Adolescence (13 - 17 yrs)*

**Results:** Articles discussing voice- and text-based hotlines, including studies that examine caller characteristics and types of support offered.



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### Selected Search Terms

The search terms provided here are just a few excerpts from the many relevant terms in APA's *Thesaurus of Psychological Index Terms*®. If you aren't sure how to use these terms (called Subject Terms, Subject Headings, or Index Terms depending on your interface), check with your librarian or consult the APA PsycInfo Quick Reference Guide.

#### Death & Dying

- Advance Directives
- Death Anxiety
- Death Education
- Death Rites
- Palliative Care
- Parental Death
- Religious Beliefs
- Terminally Ill Patients
- Treatment Withholding

#### Disasters & Accidents

- Emergency Preparedness
- Gun Violence
- Industrial Accidents
- Natural Disasters
- Transportation Accidents

#### Emergency Services

- Emergency Management
- Fire Fighters
- First Responders
- Police Personnel
- Rescue Workers

#### Emotional States

- Anger
- Bereavement
- Depression (Emotion)
- Grief
- Guilt
- Loneliness
- Regret
- Separation Reactions

#### Emotional Trauma

- Acute Stress Disorder
- Adjustment Disorders
- Anxiety
- Nightmares
- Panic Attack
- Posttraumatic Stress Disorder
- Reactive Psychosis
- Repressed Memory
- Survivors

#### Physical Trauma

- Burns
- Falls
- Head Injuries
- Spinal Cord Injuries
- Trauma
- Traumatic Brain Injury

#### Treatments & Interventions

- CPR
- Crisis Intervention Services
- Debriefing (Psychological)
- Suicide Prevention
- Trauma Informed Care

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