

Avocado Feels a Bit Worried



by Brenda S. Miles
illustrated by Monika Filipina

Avocado Feels a Pit Worried



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Brenda S. Miles, PhD

illustrated by
Monika Filipina

Magination Press • Washington, DC
American Psychological Association

**For Joanne—who helps shrink my WHOLE LOT
WORRIED into a tiny pit worried...—BSM**

For my little avocados—MF

Magination Press
★ Books for Kids From the ★
American Psychological Association

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Avi is an anxious avocado.
He worries about everything.

WHAT IF
it's
cloudy?

WHAT IF
it's
rainy?

WHAT IF
it's
sunny?

So Avi stays
inside, away from
everything that
scares him.

THUMP!
THUD!



“What was **THAT?**”
asks Avi.

His heart pounds. His skin sweats.
Fear swells in the pit of his stomach.



WHAT IF
something fell
from the sky?



WHAT IF
something is
broken?



WHAT IF
I never
know what
happened?



Avi tiptoes to the window.

He peeks outside.

Avi gasps.

“What is **THAT?**”