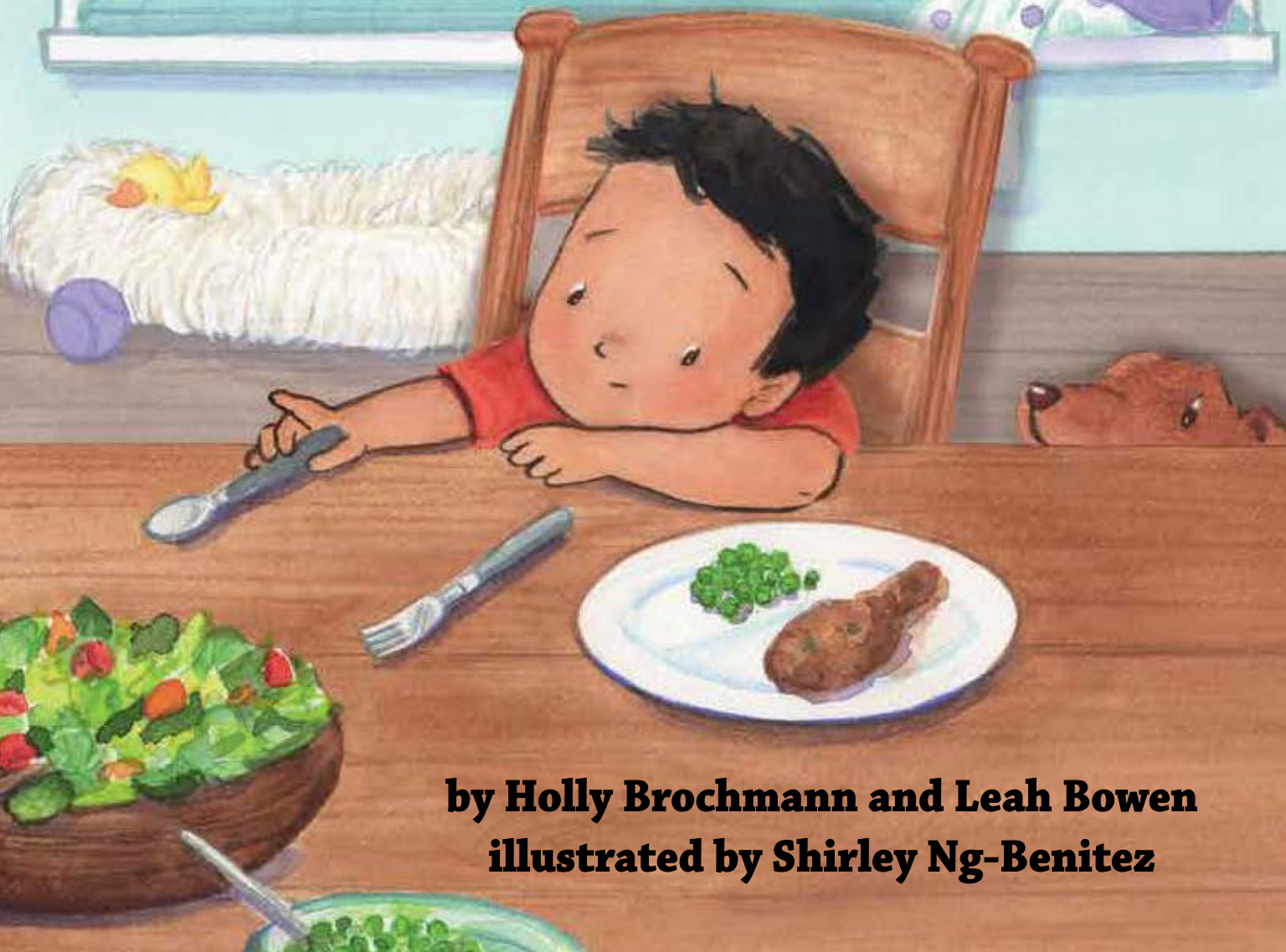




A Feel Better Book

for Picky Eaters



by Holly Brochmann and Leah Bowen
illustrated by Shirley Ng-Benitez

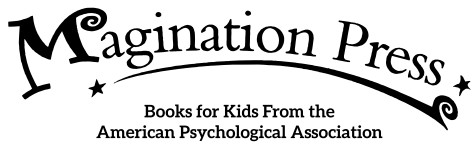
A Feel Better Book

for Picky Eaters



For Dawn—a lover of food, a brilliant cook, and the least picky eater we know, who also happens to be a really great big sis—*HB & LB*

To all—may there always be something yummy and healthy on your plate; and my thanks to the farmers, horticulturalists, and those who grow food for us all—*SN-B*



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A Feel Better Book
for
Picky Eaters

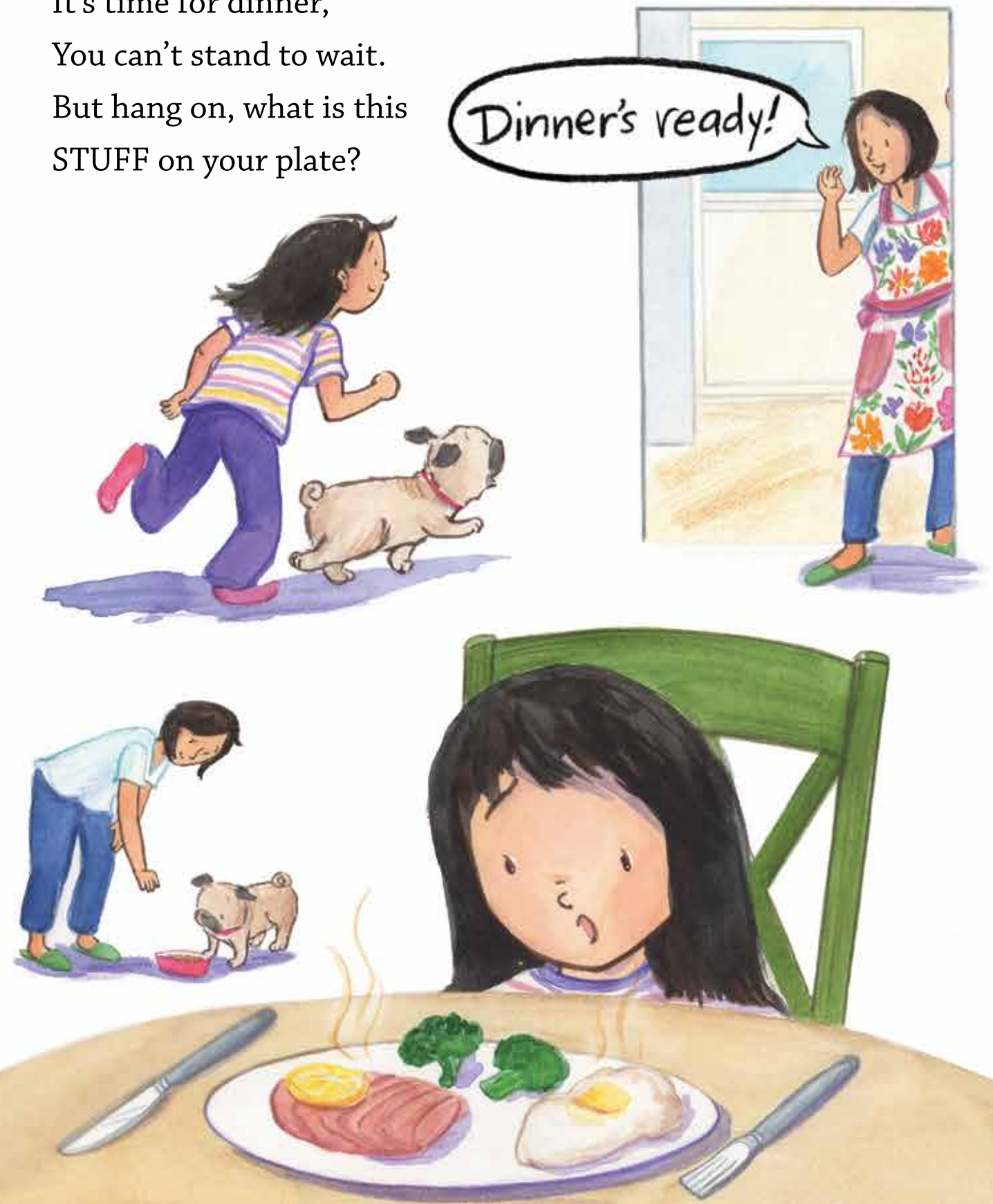


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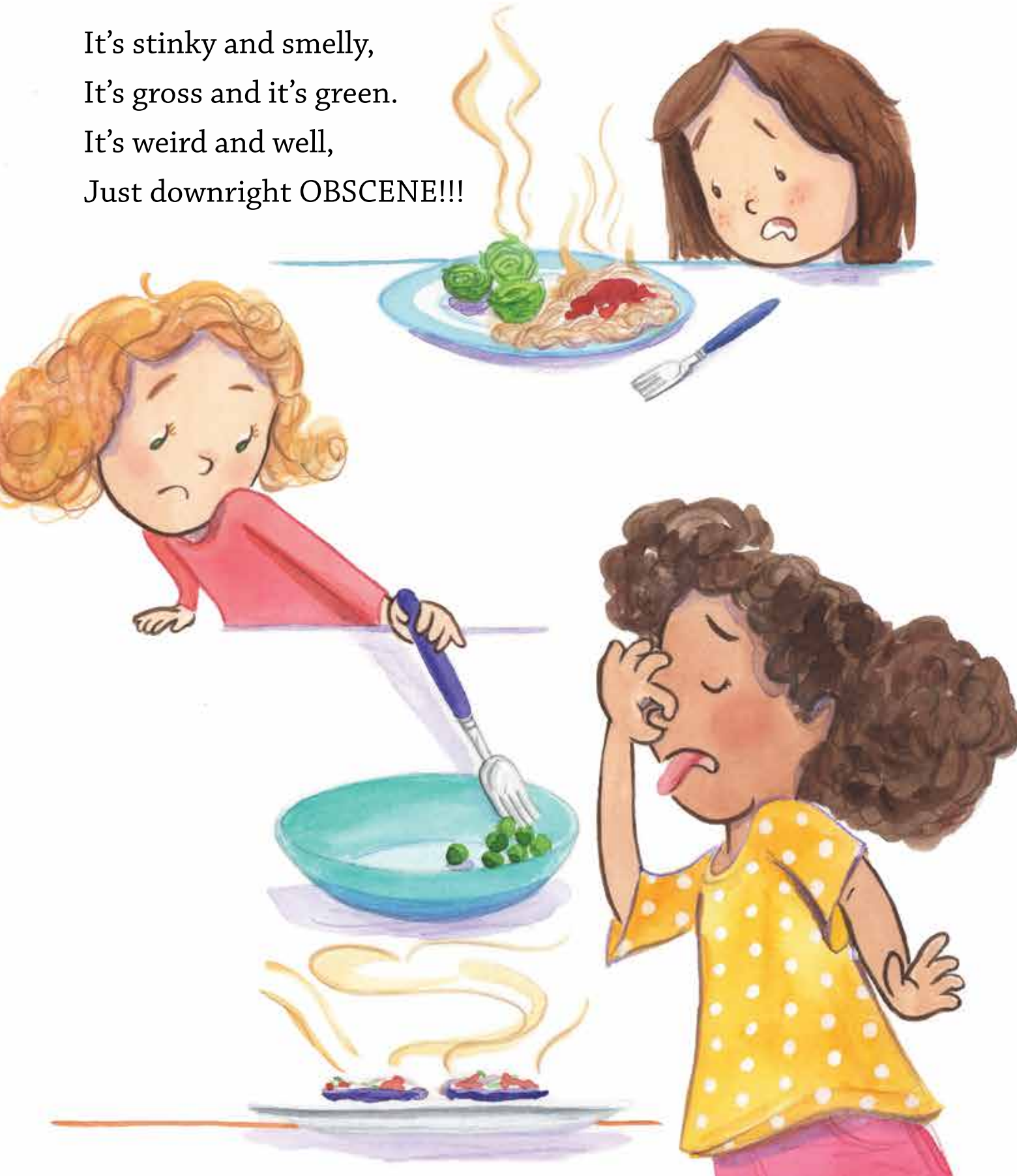
Your tummy is rumbling,
Grumbling and growling.
“Feed me, I’m hungry!”
It seems to be howling.



It's time for dinner,
You can't stand to wait.
But hang on, what is this
STUFF on your plate?



It's stinky and smelly,
It's gross and it's green.
It's weird and well,
Just downright OBSCENE!!!



It's not what you want!
It's not what you like!
You refuse to take
Even one little bite.

