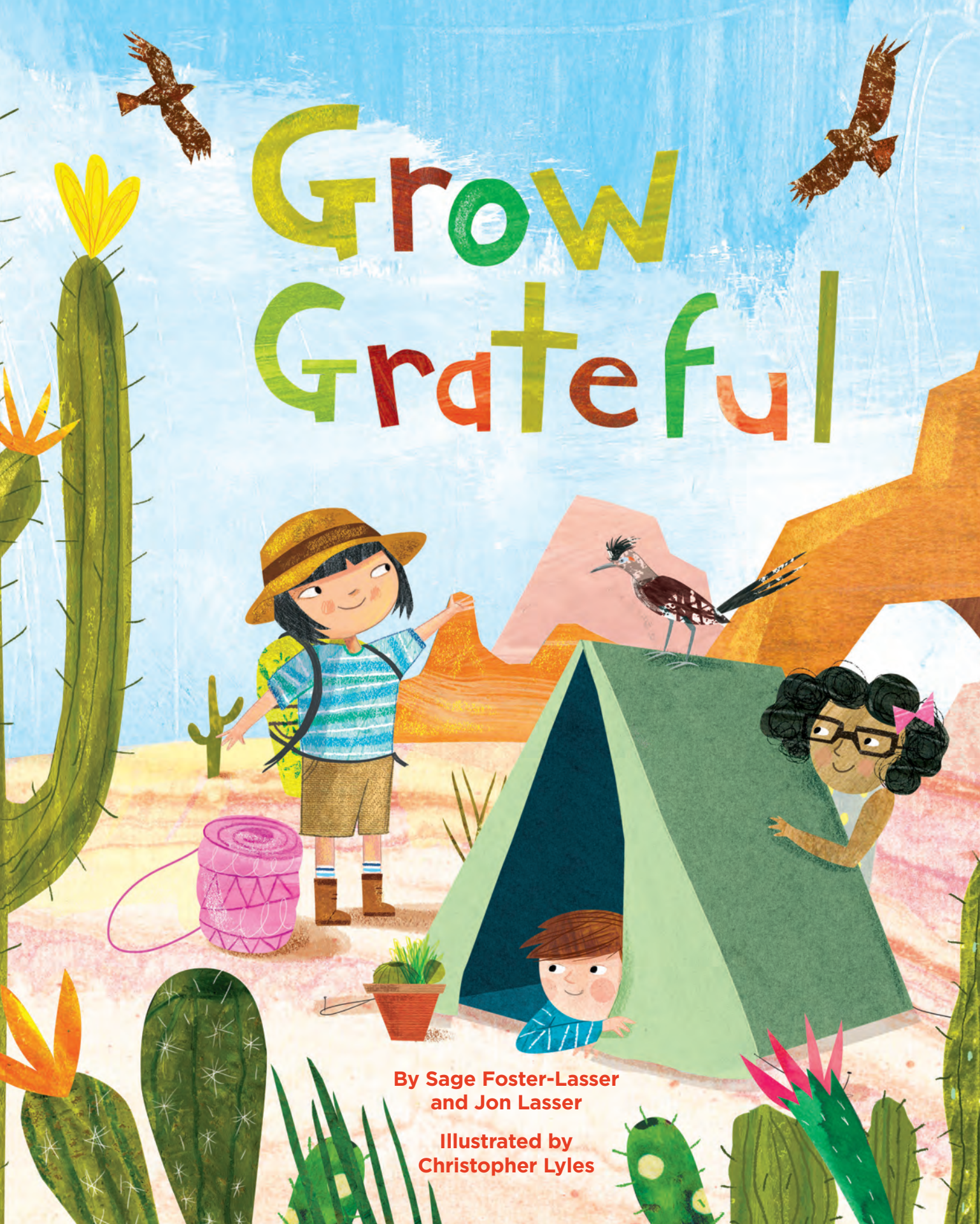


Grow Grateful



By Sage Foster-Lasser
and Jon Lasser

Illustrated by
Christopher Lyles



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750 First Street NE
Washington, DC 20002

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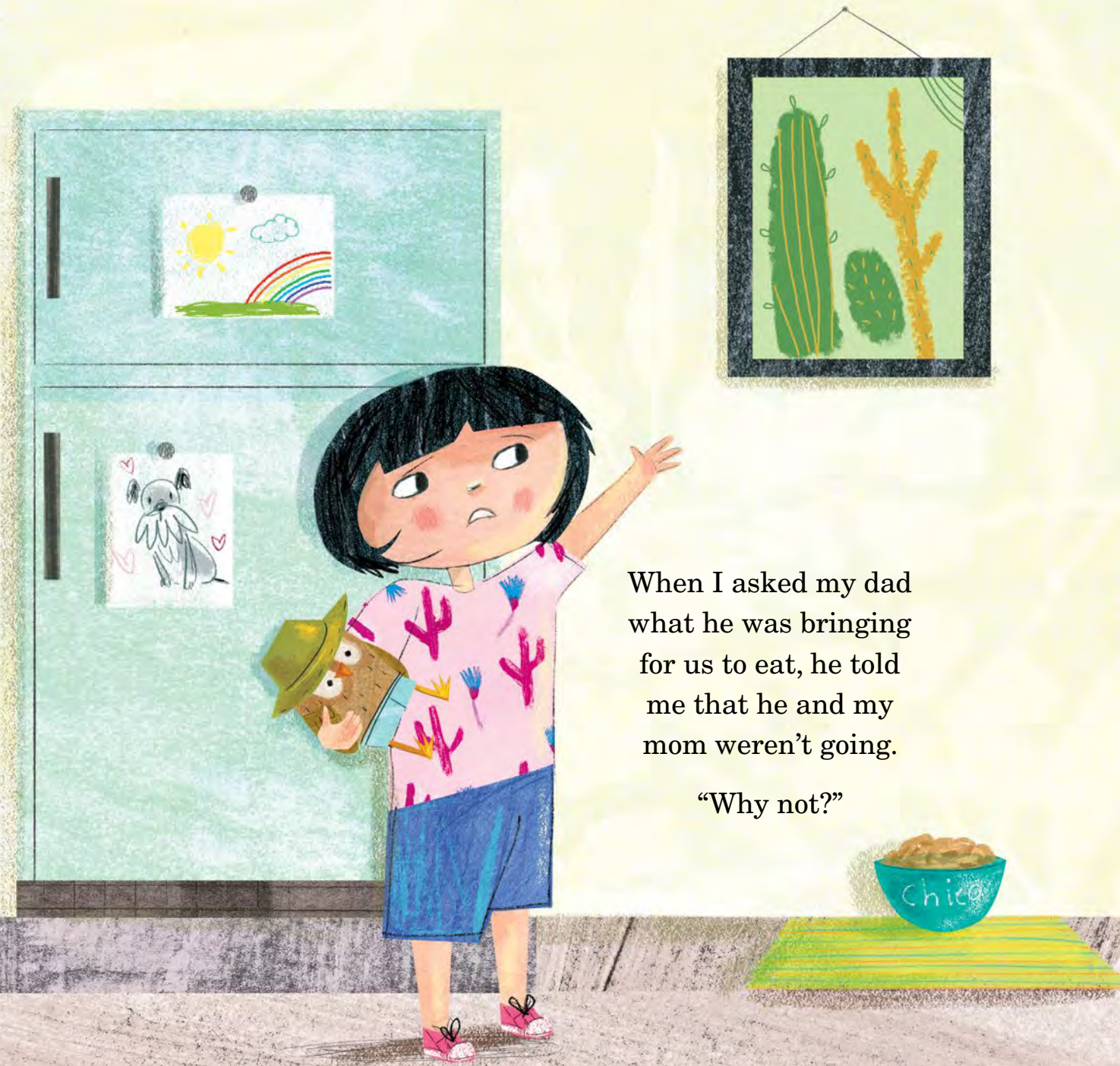


I'm Kiko.
I'm a happy camper!
I can grow grateful, too.
Let me show you how.

My class goes on lots of field trips. Ms. Cooper has taken us to the art museum, the state capitol, and even to a bakery, but never camping. I was excited! I counted the days until we left!



Do you want to know something else?
Part of me was nervous about camping, too.



When I asked my dad
what he was bringing
for us to eat, he told
me that he and my
mom weren't going.

"Why not?"



"Well, this trip is for you, Jasmine, and all your classmates
and Ms. Cooper. Besides, someone has to look out for Chico."



My dad bent down, scooped me up, and
tossed me high in the air as I squealed.

“Not so high!”

I was thankful that someone would be there to keep Chico company.



Children's / Life Skills
Ages 4-8

Head off with Kiko on a school camping trip and learn how she figures out what being grateful is and what it feels like. Maybe you can grow grateful, too!

Also included is a **Reader's Note** that provides contextual advice, healthy-mind tips, and more ways for growing gratitude in kids.

**ALSO
AVAILABLE**



"A charming and to-the-point book for addressing mindfulness with young children, perfect for classrooms and libraries."

—*School Library Journal*

"Creating and caring for a garden serves as an apt metaphor for self-care...Crinkly, textured papers bring pleasing warmth, creating an atmosphere of positivity to match the girl's confident attitude."

—*Publishers Weekly*

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