

The Moment You Were Born

A Story for You
and Your Premature Baby

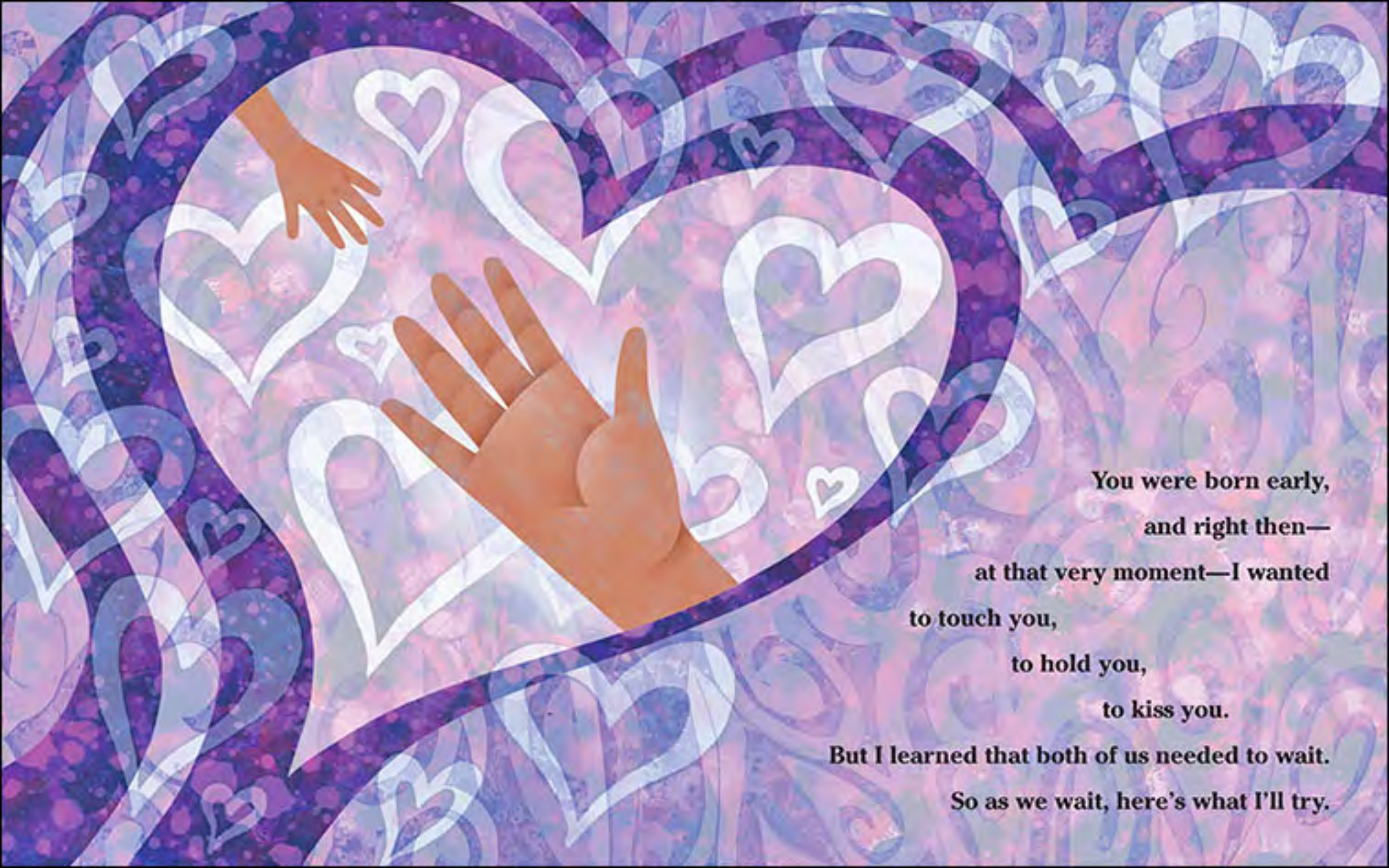


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illustrated by Shelly Hehenberger



*B*efore you were born,
I imagined touching you,
holding you, kissing you.



You were born early,
and right then—
at that very moment—I wanted
to touch you,
to hold you,
to kiss you.

But I learned that both of us needed to wait.
So as we wait, here's what I'll try.

I'll sing your name,
so you know who you are.



I'll touch you
with kisses blown softly, sweetly.
I'll hold you in my gaze.



The Moment You Were Born is a gentle and soothing story for you and your baby as you share moments in the Neonatal Intensive Care Unit (NICU). Read about the doctors and nurses providing care, about the machines that beep and hum, and about life all around. Reading and talking to your baby are ways to provide a loving connection during your time in the NICU. Your voice can comfort and caress, and strengthen the bond between you and your baby.

Includes a *Note to Parents and Caregivers* with more ideas about sharing the NICU experience and staying close to your baby.

Magination Press

Published by the
American Psychological Association
www.apa.org/pubs/magination

