

ISABELLE FILLIOZAT * ÉRIC VEILLÉ



The Find Out Files

my sibling

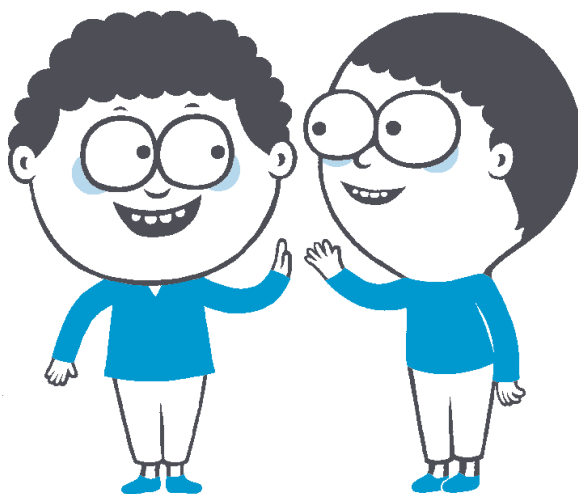


DISCOVER MORE
ABOUT YOURSELF
WITH THE
FIND OUT FILES!

★ TEXT ISABELLE FILLIOZAT ★
★ ILLUSTRATION ÉRIC VEILLÉ ★



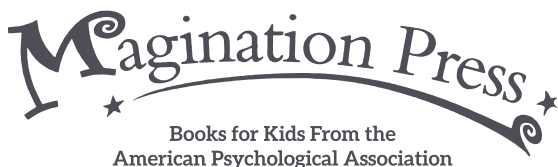
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Read this first!

Hello! I am Cat. It's nice to meet you. I'll pop up throughout this book and guide you on your journey. Now, you might be wondering many things! Let's see if I can answer your questions.

What is this book about?

This book is about siblings, as you may have guessed from the title. You may think that your sibling is awesome. You may also think that they are the most annoying person ever. Maybe you think both things! That's completely OK! Lots of siblings' opinions of each other change on a daily basis. To help you navigate your sibling relationship(s), this book has tons of fun activities.

Activities? What kind? How do I use them?

It has activities like drawing pages and crafts. The drawing pages are good for when you want to feel calm and focused. Towards the back of the book, you'll find pages you can cut out, such as a page with note cards for writing messages. Some of the activities are for you and your parent or you and your sibling. And to top it all off, there are stickers!

What will I learn?

All families are different and all siblings are different. No matter how much you love your sibling, you probably get mad at them from time to time. This book will show you some helpful skills for spending more time having fun with your sibling and less time bickering with them. These skills can help you (and the people around you!) understand sibling relationships better. You might find that some activities are more helpful for you than others. That's totally OK. Just figure out what works best for you.

I'm in. What's next?

You can read this with a grown-up or by yourself. There's a note for grown-ups at the back of the book. You can go through the book as slowly or as quickly as you'd like. I think it's helpful to go through the pages in order, but it's all up to you.

Ready?
LET'S GO!



scissors

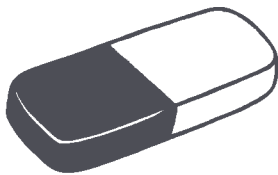


glue

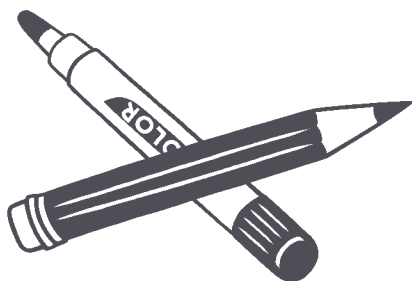
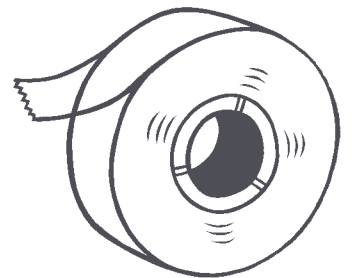


To learn to live in harmony
with your sibling, you will need
a few things.

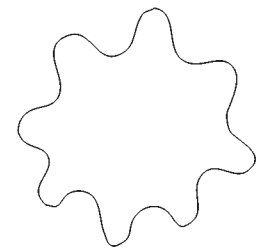
eraser



tape



markers, crayons, or pencils



You'll also need the stickers
at the end of the book.



Let's get started!

* HOW MANY BROTHERS DO YOU HAVE?

* HOW MANY SISTERS DO YOU HAVE?

* HOW MANY HALF OR STEP-BROTHERS DO YOU HAVE?

* HOW MANY HALF OR STEP-SISTERS DO YOU HAVE?

* DO YOU HAVE A TWIN?

* ARE YOU.....THE 1ST

THE 2ND

THE 3RD

THE 4TH

THE 5TH

THE...?





Draw your family.

How do you like to play with your sibling?

Put a  sticker under how you play together.

