



2023 Practitioner Pulse Survey Data Topline

* indicates an n < 5 and/or the next lowest value

- indicates a value of 0

SCREENING QUESTIONS

BASE: ALL QUALIFIED RESPONDENTS

Q1. Please select the option that best describes your current work status.

	Total n	Total %
Base	692	100%
Working full-time, including self-employed, consulting, and practice (at least 35 hours per week or at least 31 client hours per week)	365	53%
Working part-time (less than 35 hours per week or less than 31 client hours per week)	226	33%
Postdoctoral study	*	0%
Not working and seeking work	*	1%
Not working and NOT seeking work	5	1%
Retired and NOT working	26	4%
Retired and STILL working	35	5%
Not applicable (or blank)	30	4%

BASE: ALL QUALIFIED RESPONDENTS

Q2. Do you currently provide direct patient/client care?

	Total n	Total %
Base	692	100%
Yes	588	85%
No	74	11%
Blank	30	4%

BASE: ALL QUALIFIED RESPONDENTS

Q3. Please select your highest degree earned. If you have not earned a degree, please select not applicable (N/A).

	Total n	Total %
Base	692	100%
PhD	438	63%
PsyD	200	29%
EdD	16	2%
Other doctoral degree, please specify	-	0%
Master degree	*	0%
Other degree, please specify	*	1%
N/A (or blank)	30	4%

BASE: ALL QUALIFIED RESPONDENTS

Q4. Please select the year in which you earned your highest degree.

	Total n	Total %
Base	692	100%
2023	-	0%
2022	-	0%
2021	-	0%
2020	*	0%
2019	*	0%
2018	11	2%
2017	18	3%
2016	17	2%
2015	12	2%
2014	14	2%
2013	17	2%
2012	21	3%
2011	14	2%
2010	16	2%
2009	12	2%
2008	13	2%
2007	14	2%
2006	13	2%
2005	19	3%
2004	14	2%
2003	12	2%

2002	14	2%
2001	13	2%
2000	12	2%
1999	15	2%
1998	13	2%
1997	26	4%
1996	22	3%
1995	8	1%
1994	12	2%
1993	11	2%
1992	16	2%
1991	18	3%
1990	14	2%
1989	13	2%
1988	9	1%
1987	8	1%
1986	9	1%
1985	8	1%
1984	12	2%
1983	*	1%
1982	8	1%
1981	5	1%
1980	7	1%
1979	9	1%
1978	*	0%
1977	7	1%
1976	*	1%
1975	8	1%
1974	*	0%
1973	*	0%
1972	*	0%
1971	-	0%
1970	*	0%
1969	*	0%
1968	*	0%

1967	*	0%
1966	*	0%
Blank	130	19%

WORKFORCE BENCHMARK QUESTIONS

BASE: ALL QUALIFIED RESPONDENTS

Q5. Which option best describes the type of setting that most closely corresponds to your primary work setting (the setting in which you spend the most hours) and, if applicable, secondary work setting? Select one.

	Primary		Secondary	
	Total n	Total %	Total n	Total %
Base	556	100%	265	100%
Private Practice	362	65%	137	52%
Organized human service setting	29	5%	14	5%
Hospital (includes VA medical center)	62	11%	17	6%
University	23	4%	26	10%
Medical school/academic health center	35	6%	19	7%
Four-year college	*	1%	*	1%
Community/2-year college	*	1%	*	0%
K-12 school	5	1%	*	2%
Other educational setting (includes independent professional schools of psychology)	*	0%	8	3%
Government setting	14	3%	13	5%
Business setting	6	1%	6	2%
Other setting	12	2%	17	6%

BASE: ALL RESPONDENTS WHO ANSWERED Q5 WITH "PRIVATE PRACTICE," EITHER AS PRIMARY OR SECONDARY WORK SETTING

Q6. Are you primarily in a group practice or are you a solo practitioner?

	Total n	Total %
Base	418	100%
Group practice	108	26%
Solo practitioner	310	74%

BASE: ALL QUALIFIED RESPONDENTS

Q7. What is/are your primary and secondary (if applicable) area/areas of specialty?

	Primary		Secondary	
	Total n	Total %	Total n	Total %
Base	556	100%	436	100%
Clinical Child & Adolescent Psychology	86	15%	62	14%
Clinical Health Psychology	36	6%	39	9%
Clinical Neuropsychology	31	6%	18	4%
Clinical Psychology	268	48%	121	28%
Clinical Psychopharmacology	*	0%	5	1%
Cognitive Behavioral Psychology	17	3%	45	10%
Counseling Psychology	47	8%	19	4%
Couple & Family Psychology	7	1%	31	7%
Forensic Psychology	17	3%	21	5%
Group Psychology	-	0%	7	2%
Organizational and Business Consulting Psychology	5	1%	12	3%
Police & Public Safety Psychology	*	1%	*	0%
Professional Geropsychology	*	1%	7	2%
Psychoanalytic and Psychodynamic Psychology	21	4%	23	5%
Rehabilitation Psychology	*	1%	*	1%
School Psychology	*	1%	15	3%
Serious Mental Illness Psychology	*	1%	6	1%

BASE: ALL QUALIFIED RESPONDENTS

Q8A. What type of practice do you engage in? Please select all that apply.

	Total n	Total %
Base	560	
Neuropsychology/psychological testing	163	29%
Individual therapy	493	88%
Group therapy	114	20%
Health and behavior interventions	161	29%
Integrated primary care	49	9%
Another type of practice	106	19%

BASE: ALL RESPONDENTS WHO ANSWERED Q8A WITH "ANOTHER TYPE OF PRACTICE"

Q8B. Please specify.

	Total n	Total %
Base	106	100%
Assessment/evaluation	13	12%
Coaching	*	4%
Couples and family therapy	39	37%
Consulting	14	13%
Clinical supervision	*	6%
Forensic	10	9%

WORKLOAD QUESTIONS

BASE: ALL QUALIFIED RESPONDENTS

Q9. Which of the following best describes your workload today as compared to 12 months ago?

	Total n	Total %
Base	560	100%
I am working less than I did 12 months ago.	96	17%
I am working the same amount as I did 12 months ago.	317	57%
I am working more than I did 12 months ago	147	26%

BASE: ALL QUALIFIED RESPONDENTS

Q10. Has the number of patients you are currently treating changed in the last 12 months?

	Total n	Total %
Base	558	100%
I am treating fewer patients than I did 12 months ago.	119	21%
I am treating the same amount of patient as I did 12 months ago.	295	53%
I am treating more patients than I did 12 months ago.	144	26%

BASE: ALL QUALIFIED RESPONDENTS

Q11. Which of the following best describes your current caseload?

	Total n	Total %
Base	555	100%
I have openings for new patients right now.	242	44%
I do not have any openings for new patients right now.	313	56%

BASE: ALL QUALIFIED RESPONDENTS

Q12. Do you or your organization currently have a waitlist for patients?

	Total n	Total %
Base	555	100%
Yes	243	44%
No	312	56%

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH "YES"

Q13. How many people do you currently have on your waitlist?

Base	196
Min	0
Max	1000

Average Amount of People on Waitlist	Number of Psychologists Reporting
0-15	125
15-30	26
30-45	7
45-60	7
60-75	*
75-90	*
90-105	8

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH "YES"

Q14. How long does it take for patients on your waitlist to get an appointment?

	Total n	Total %
Base	235	100%
Less than 1 month	41	17%
1-3 months	120	51%
4-6 months	46	20%
7-12 months	23	10%
More than 12 months	5	2%

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH "NO"

Q15. What are your reasons for not having a waitlist? Please select all that apply.

	Total n	%
Base	307	
There are not a lot of people requesting services.	41	13%
There are too many people requesting services.	54	18%
I do not have the capacity to manage a waitlist.	97	32%
A waitlist is inapplicable/inappropriate for my practice.	110	36%
Other, please specify	71	23%

BASE: ALL QUALIFIED RESPONDENTS

Q16. On average, how many people contact you each month seeking services (excluding your current patients/clients)? (Whole numbers only)

Base	477
Min	0
Max	500

Average Monthly Prospective Client Contacts	Number of Psychologists Reporting
0-5	164
5-10	116
10-15	64
15-20	59
20-25	13
25-30	10
30-35	*
35-40	9
40-45	*
45-50	12

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH "YES"

Q17. How long is your waitlist compared to 12 months ago?

	Total n	Total %
Base	237	100%
My waitlist is shorter now than it was 12 months ago.	41	17%
My waitlist is about the same length as it was 12 months ago.	105	44%
My waitlist is longer now than it was 12 months ago.	91	38%

BASE: ALL QUALIFIED RESPONDENTS

Q18. Which of the following best describes your plans for the next 12 months?

	Total n	Total %
Base	554	100%
I plan to decrease the number of hours I treat patients each week.	118	21%
I plan to maintain the same number of hours I treat patients each week.	371	67%
I plan to increase the number of hours I treat patients each week.	65	12%

BASE: ALL QUALIFIED RESPONDENTS

Q19. How much do you disagree or agree with the following statements?

	Total n	Total %
"I have not been able to meet demand for treatment from my patients"	552	100%
Strongly disagree	85	15%
Disagree	147	27%
Neither agree nor disagree	88	16%
Agree	133	24%
Strongly agree	99	18%
"I am seeing an increase in the severity of symptoms among patients."	553	100%
Strongly disagree	22	4%
Disagree	77	14%
Neither agree nor disagree	166	30%
Agree	203	37%
Strongly agree	85	15%
"I am seeing an increase in the length of treatment course for my patients."	551	100%
Strongly disagree	18	3%
Disagree	85	15%
Neither agree nor disagree	219	40%
Agree	166	30%
Strongly agree	63	11%

POPULATIONS SERVED

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "CONNECTING HEALTH AND MENTAL HEALTH")

Q20. Has the number of patients you are seeing in the following population groups changed in the past 12 months?

	Total n	Total %
American Indian, Alaska Native, and/or Indigenous	109	100%

Decreased	5	5%
Stayed the same	97	89%
Increased	7	6%
<i>Not sure/I don't treat patients in this population group</i>	135	-
Arab American, Middle Eastern, or North African	144	100%
Decreased	*	3%
Stayed the same	116	81%
Increased	*	17%
<i>Not sure/I don't treat patients in this population group</i>	97	-
Asian or Asian American	191	100%
Decreased	7	4%
Stayed the same	155	81%
Increased	29	15%
<i>Not sure/I don't treat patients in this population group</i>	52	-
Bi/Multi-racial	217	100%
Decreased	*	1%
Stayed the same	176	81%
Increased	39	18%
<i>Not sure/I don't treat patients in this population group</i>	*	-
Black or African American	215	100%
Decreased	10	5%
Stayed the same	167	78%
Increased	38	18%
<i>Not sure/I don't treat patients in this population group</i>	28	-
Latino/a/x or Spanish Origin	211	100%
Decreased	9	4%
Stayed the same	159	75%
Increased	43	20%

<i>Not sure/I don't treat patients in this population group</i>	33	-
Native Hawaiian or Other Pacific Islander	99	100%
Decreased	*	2%
Stayed the same	93	94%
Increased	*	4%
<i>Not sure/I don't treat patients in this population group</i>	144	-
Southeast Asian	145	100%
Decreased	*	1%
Stayed the same	132	91%
Increased	*	8%
<i>Not sure/I don't treat patients in this population group</i>	97	-
White/European American	238	100%
Decreased	5	2%
Stayed the same	187	79%
Increased	46	19%
<i>Not sure/I don't treat patients in this population group</i>	9	-
Another race or ethnicity not listed above	97	100%
Decreased	-	0%
Stayed the same	91	94%
Increased	6	6%
<i>Not sure/I don't treat patients in this population group</i>	113	-

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "CONNECTING HEALTH AND MENTAL HEALTH")

Q21. Has the number of patients you are seeing in the following population groups changed in the past 12 months?

	Total n	Total %
Children (11 or younger)	89	100%
Decreased	12	13%
Stayed the same	45	51%
Increased	32	36%
<i>Not sure/I don't treat patients in this population group</i>	149	-
Adolescents (12-17)	120	100%
Decreased	7	6%
Stayed the same	61	51%
Increased	52	43%

<i>Not sure/I don't treat patients in this population group</i>	116	-
Adults ages 18-25	218	100%
Decreased	10	5%
Stayed the same	138	63%
Increased	70	32%
<i>Not sure/I don't treat patients in this population group</i>	25	-
Adults ages 26-49	220	100%
Decreased	*	2%
Stayed the same	161	73%
Increased	55	25%
<i>Not sure/I don't treat patients in this population group</i>	*	-
Adults ages 50-64	210	100%
Decreased	8	4%
Stayed the same	146	70%
Increased	56	27%
<i>Not sure/I don't treat patients in this population group</i>	34	-
Older adults (65 or older)	179	100%
Decreased	15	8%
Stayed the same	117	65%
Increased	47	26%
<i>Not sure/I don't treat patients in this population group</i>	61	-

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "CONNECTING HEALTH AND MENTAL HEALTH")

Q22. Has the number of patients you are seeing in the following population groups changed in the past 12 months?

	Total n	Total %
Transgender and Gender Non-conforming Populations	185	100%
Decreased	6	3%
Stayed the same	103	56%
Increased	76	41%
<i>Not sure/I don't treat patients in this population group</i>	60	-
Gay, Lesbian, or Bisexual Populations	219	100%
Decreased	8	4%

Stayed the same	153	70%
Increased	58	26%
<i>Not sure/I don't treat patients in this population group</i>	26	-

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "CONNECTING HEALTH AND MENTAL HEALTH")

Q23. Has the number of patients you are seeing in the following population groups changed in the past 12 months?

	Total n	Total %
Populations Living with Chronic Pain	181	100%
Decreased	7	4%
Stayed the same	125	69%
Increased	49	27%
<i>Not sure/I don't treat patients in this population group</i>	64	-
Populations Living with Chronic Illnesses	192	100%
Decreased	*	2%
Stayed the same	134	70%
Increased	55	29%
<i>Not sure/I don't treat patients in this population group</i>	*	-
Populations Living with Long COVID	126	100%
Decreased	6	5%
Stayed the same	61	48%
Increased	59	47%
<i>Not sure/I don't treat patients in this population group</i>	116	-
Populations Living with Physical or Sensory Disabilities	164	100%
Decreased	6	4%
Stayed the same	126	77%
Increased	32	20%
<i>Not sure/I don't treat patients in this population group</i>	79	-
Populations Living with Intellectual, Developmental, Learning, or Cognitive Disabilities	142	100%
Decreased	*	3%
Stayed the same	106	75%
Increased	*	23%
<i>Not sure/I don't treat patients in this population group</i>	101	-

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "CONNECTING HEALTH AND MENTAL HEALTH")

Q24. Has the number of patients you are seeing in the following population groups changed in the past 12 months?

	Total n	Total %
Active Duty Military	77	100%
Decreased	6	8%
Stayed the same	56	73%
Increased	15	19%
<i>Not sure/I don't treat patients in this population group</i>	167	-
Retired Military/Veterans	122	100%
Decreased	6	5%
Stayed the same	91	75%
Increased	25	20%
<i>Not sure/I don't treat patients in this population group</i>	121	-

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "CONNECTING HEALTH AND MENTAL HEALTH")

Q25. Has the number of patients you are seeing in the following population groups changed in the past 12 months?

	Total n	Total %
Homeless/Unhoused Populations	64	100%
Decreased	*	5%
Stayed the same	43	67%
Increased	*	28%
<i>Not sure/I don't treat patients in this population group</i>	178	-
Working Poor	145	100%
Decreased	9	6%
Stayed the same	91	63%
Increased	45	31%
<i>Not sure/I don't treat patients in this population group</i>	98	-
Unemployed	167	100%
Decreased	10	6%
Stayed the same	117	70%
Increased	40	24%
<i>Not sure/I don't treat patients in this population group</i>	75	-
Immigrant Populations	136	100%
Decreased	*	3%
Stayed the same	100	74%

Increased	*	24%
<i>Not sure/I don't treat patients in this population group</i>	107	-
Rural Communities	121	100%
Decreased	*	3%
Stayed the same	95	79%
Increased	*	18%
<i>Not sure/I don't treat patients in this population group</i>	121	-
Religious Communities	153	100%
Decreased	9	6%
Stayed the same	123	80%
Increased	21	14%
<i>Not sure/I don't treat patients in this population group</i>	88	-

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

CONNECTING HEALTH AND MENTAL HEALTH

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "POPULATIONS SERVED")

Q26. Has the number of patients within the following treatment areas increased, decreased, or stayed the same over the last 12 months?

	Total n	Total %
Depressive Disorders	278	100%
Decreased	*	1%
Stayed the same	155	56%
Increased	121	44%
<i>Not sure/I don't treat patients in this population group</i>	*	-
Anxiety Disorders	278	100%
Decreased	*	1%
Stayed the same	84	30%
Increased	190	68%
<i>Not sure/I don't treat patients in this population group</i>	*	-
Trauma- and Stressor-Related Disorders	266	100%
Decreased	5	2%
Stayed the same	129	48%
Increased	132	50%
<i>Not sure/I don't treat patients in this population group</i>	16	-
Feeding and Eating Disorders	131	100%

Decreased	9	7%
Stayed the same	96	73%
Increased	26	20%
<i>Not sure/I don't treat patients in this population group</i>	151	-
Sleep-Wake Disorders	180	100%
Decreased	*	2%
Stayed the same	93	52%
Increased	*	46%
<i>Not sure/I don't treat patients in this population group</i>	102	-
Substance-Related and Addictive Disorders	174	100%
Decreased	*	2%
Stayed the same	94	54%
Increased	*	44%
<i>Not sure/I don't treat patients in this population group</i>	107	-
Obsessive-Compulsive and Other Related Disorders	222	100%
Decreased	*	2%
Stayed the same	153	69%
Increased	65	29%
<i>Not sure/I don't treat patients in this population group</i>	*	-
Persistent and Severe Mental Illnesses	169	100%
Decreased	*	1%
Stayed the same	123	73%
Increased	*	26%
<i>Not sure/I don't treat patients in this population group</i>	114	-
Neurocognitive Disorders	151	100%
Decreased	*	3%
Stayed the same	102	68%
Increased	*	30%
<i>Not sure/I don't treat patients in this population group</i>	130	-

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "POPULATIONS SERVED")

Q27. In the past 12 months, did you treat patients whose primary focus of care is any of the following health conditions?

	Total n	Total %
Type 1 diabetes	279	100%
Yes	45	16%
No	234	84%
Type 2 diabetes	278	100%
Yes	63	23%
No	215	77%
Cancer	280	100%
Yes	75	27%
No	205	73%
Heart disease or heart attack	280	100%
Yes	66	24%
No	214	76%
High cholesterol	275	100%
Yes	46	17%
No	229	83%
High blood pressure	280	100%
Yes	71	25%
No	209	75%
Overweight	280	100%
Yes	117	42%
No	163	58%
Stroke	277	100%
Yes	46	17%
No	231	83%
Asthma or other respiratory disease	277	100%
Yes	43	16%
No	234	84%
Chronic pain	284	100%
Yes	142	50%
No	142	50%
Arthritis	274	100%
Yes	57	21%
No	217	79%

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "POPULATIONS SERVED")

Q28. Do you currently use electronic health records (EHRs) in your practice?

	Total n	Total %
Base	285	100%
Yes	185	65%
No	100	35%

BASE: RANDOM HALF OF ALL QUALIFIED RESPONDENTS (BRANCHED WITH "POPULATIONS SERVED")

Q29. In the past 12 months, how often did you serve on a clinical care team with any of the following types of professionals?

	Total n	Total %
Mental Health Counselors/Marriage and Family Therapists	283	100%
Never	131	46%
Rarely	26	9%
Occasionally	67	24%
Frequently	27	10%
Very Frequently	32	11%
Licensed Clinical Social Workers	282	100%
Never	103	37%
Rarely	29	10%
Occasionally	62	22%
Frequently	38	13%
Very Frequently	50	18%
Psychiatric Nurses/Nurse Practitioners	278	100%
Never	118	42%
Rarely	35	13%
Occasionally	65	23%
Frequently	35	13%
Very Frequently	25	9%
Psychiatrists	284	100%
Never	67	24%
Rarely	32	11%
Occasionally	78	27%
Frequently	65	23%
Very Frequently	42	15%
Physician Assistants	281	100%

Never	166	59%
Rarely	42	15%
Occasionally	41	15%
Frequently	22	8%
Very Frequently	10	4%
Pharmacists	279	100%
Never	218	78%
Rarely	36	13%
Occasionally	11	4%
Frequently	7	3%
Very Frequently	7	3%
Dentists	280	100%
Never	252	90%
Rarely	18	6%
Occasionally	*	1%
Frequently	*	1%
Very Frequently	*	1%
Occupational Therapists	282	100%
Never	197	70%
Rarely	34	12%
Occasionally	33	12%
Frequently	12	4%
Very Frequently	6	2%
Speech-Language Pathologists	280	100%
Never	201	72%
Rarely	33	12%
Occasionally	31	11%
Frequently	9	3%
Very Frequently	6	2%
Physical Therapists	280	100%
Never	202	72%
Rarely	37	13%
Occasionally	25	9%
Frequently	9	3%
Very Frequently	7	3%

Physicians and Surgeons, other than Psychiatrists	280	100%
Never	153	55%
Rarely	32	11%
Occasionally	48	17%
Frequently	22	8%
Very Frequently	25	9%
Licensed Nurses (including Registered Nurses, Licensed Practical Nurses, and Licensed Vocational Nurses), other than Psychiatric Nurses/Nurse Practitioners	281	100%
Never	171	61%
Rarely	32	11%
Occasionally	30	11%
Frequently	21	7%
Very Frequently	27	10%
Advanced Practice Nurses (including Nurse Practitioners, Certified Nurse Midwives, Clinical Nurse Specialists, and Certified Registered Nurse Anesthetists), other than Psychiatric Nurses/Nurse Practitioners	283	100%
Never	171	60%
Rarely	38	13%
Occasionally	30	11%
Frequently	26	9%
Very Frequently	18	6%
Nutritionists/Dietitians	281	100%
Never	172	61%
Rarely	56	20%
Occasionally	39	14%
Frequently	8	3%
Very Frequently	6	2%
Community Health Workers	281	100%
Never	197	70%
Rarely	40	14%
Occasionally	34	12%
Frequently	5	2%
Very Frequently	5	2%

Peer Support Specialists	281	100%
Never	210	75%
Rarely	29	10%
Occasionally	25	9%
Frequently	7	2%
Very Frequently	10	4%

BASE: ALL QUALIFIED RESPONDENTS

Q30. How much do you disagree or agree with the following statements?

	Total n	Total %
"I have been able to practice self-care over the past 12 months."	530	100%
Strongly disagree	12	2%
Disagree	63	12%
Neither agree nor disagree	66	12%
Agree	292	55%
Strongly agree	97	18%
"I am able to maintain a positive work-life balance."	535	100%
Strongly disagree	16	3%
Disagree	99	19%
Neither agree nor disagree	83	16%
Agree	251	47%
Strongly agree	86	16%
"I feel burned out."	534	100%
Strongly disagree	58	11%
Disagree	153	29%
Neither agree nor disagree	129	24%
Agree	155	29%
Strongly agree	39	7%
"I have sought out peer consultation/support to manage burnout."	530	100%
Strongly disagree	69	13%
Disagree	103	19%
Neither agree nor disagree	99	19%
Agree	211	40%
Strongly agree	48	9%

BASE: ALL QUALIFIED RESPONDENTS

Q31. On a scale from 1 to 10, where 1 means you have “little or no stress” and 10 means you have “a great deal of stress,” how would you rate your average level of stress during the past month?

	Total n	Total %
Base	516	100%
Min	1	17%
Max	10	44%
Mean	5.88	
Median	6	
Standard Deviation	2.05	38%

TELEHEALTH CHARACTERISTICS

BASE: ALL QUALIFIED RESPONDENTS

Q32. What modality/modalities are you currently using to treat your patients?

	Total n	Total %
Base	529	100%
I am treating all my patients in person.	67	13%
I am treating some patients in person and some remotely.	352	67%
I am treating all my patients remotely.	110	21%

BASE: ALL RESPONDENTS WHO ANSWERED Q32 WITH “I AM TREATING SOME PATIENTS IN PERSON AND SOME REMOTELY”

Q33. Approximately what percentage of your patients are you seeing...

Base	350
in person:	
Min	1%
Max	98%
Mean	58%
Median	60%
Standard Deviation	25.6%
remotely:	
Min	2%
Max	99%
Mean	42%
Median	40%
Standard Deviation	25.6%

BASE: ALL RESPONDENTS WHO ANSWERED Q32 WITH "I AM TREATING ALL MY PATIENTS REMOTELY" OR "I AM TREATING SOME PATIENTS IN PERSON AND SOME REMOTELY"

Q34. What modality/modalities are you currently using to treat your patients?

	Total n	%
Base	461	
Telehealth via audio-only phone	197	43%
Telehealth via video conference	441	96%
Secure messaging or email	89	19%
Digital mental health tool/app	44	10%
Something else, please specify	7	2%

BASE: ALL RESPONDENTS WHO ANSWERED Q34 WITH "TELEHEALTH VIA AUDIO-ONLY PHONE"

Q35. Which of the following patient groups are you treating with telehealth via audio-only phone? Please select all that apply.

	Total n	%
Base	193	
Children (11 or younger)	7	4%
Adolescents (12-17)	22	11%
Adults ages 18-25	82	42%
Adults ages 26-49	134	69%
Adults ages 50-64	134	69%
Older adults (65 or older)	127	66%

BASE: ALL RESPONDENTS WHO ANSWERED Q34 WITH "TELEHEALTH VIA AUDIO-ONLY PHONE"

Q36. Which of the following are reasons you are treating some patients with telehealth via audio-only phone? Please select all that apply.

	Total n	%
Base	197	
Patient prefers audio-only over video connection.	130	66%
Patient has connectivity issues or lacks broadband access.	86	44%
Patient does not have access to a device for video connection.	54	27%
I prefer audio-only over video connection.	*	4%
I do not have the necessary equipment or connection for video telehealth.	*	1%
I use the telephone as a backup option for video telehealth.	95	48%
Another reason, please specify	20	10%

BASE: ALL QUALIFIED RESPONDENTS

Q37. What are your future plans for treating patients remotely in the next 12 months?

	Total n	Total %
Base	525	100%
Decrease my use of telehealth	55	10%
Continue my current use of telehealth	402	77%
Increase my use of telehealth	35	7%
Other, please specify	33	6%

BASE: ALL QUALIFIED RESPONDENTS

Q38. Please select the statement(s) that best describe your interest in PSYPACT. Note: PSYPACT is an interstate licensing compact that facilitates psychological practice across state jurisdictions via telepsychology and temporary in-person practice (select all that apply).

	Total n	%
Base	490	
I currently hold an approved PSYPACT certification.	110	22%
I have applied for a PSYPACT certification but have not received approval yet.	8	2%
I am interested in applying for a PSYPACT certification.	191	39%
I do not meet one or more of the eligibility requirements for PSYPACT certification, such as holding a license in at least one PSYPACT state, meeting the training requirements, etc.	63	13%
I am unfamiliar with PSYPACT.	135	28%

DEMOGRAPHIC QUESTIONS

BASE: ALL QUALIFIED RESPONDENTS

Q40. How do you identify?

	Total n	Total %
Base	525	100%
American Indian, Alaska Native, and/or Indigenous	*	0%
Arab American, Middle Eastern, or North African	*	0%
Asian or Asian American	15	3%
Bi/Multi-racial, please specify	13	2%
Black or African American	17	3%
Latino/a/x or Spanish Origin, please specify	17	3%
Native Hawaiian or Other Pacific Islander	*	0%
Southeast Asian	*	1%
White/European American	431	82%

Another race or ethnicity not listed above, please specify	6	1%
Prefer not to answer	18	3%

BASE: ALL QUALIFIED RESPONDENTS

Q41. How do you describe your current gender identity?

	Total n	Total %
Base	525	100%
Female/Woman	338	64%
Male/Man	173	33%
Nonbinary	*	0%
Two-spirit	8	2%
Prefer to self-describe	5	1%
Prefer not to answer	*	0%

BASE: ALL QUALIFIED RESPONDENTS

Q41. Do you currently reside in the United States?

	Total n	Total %
Base	522	100%
Yes	516	99%
No	6	1%