

Topline Data Tables for 2024 Practitioner Pulse Survey Report

* indicates an n < 5 and/or the next lowest value

- indicates a value of 0

Qualifier Questions

BASE: ALL RESPONDENTS

Q1. Please select the option that best describes your current work status.

	N	%
Total	1104	100%
Working full-time, including self-employed, consulting, and practice (at least 35 hours per week or at least 31 client hours per week)	531	48%
Working part-time (less than 35 hours per week or less than 31 client hours per week)	381	35%
Postdoctoral study	-	0%
Not working and seeking work	*	0%
Not working and NOT seeking work	*	0%
Retired and NOT working	51	5%
Retired and STILL working	81	7%
Not applicable (or <i>blank</i>)	55	5%

BASE: ALL RESPONDENTS

Q2. In how many U.S. states are you currently licensed to practice?

	N	%
Total	1104	100%
I am not currently licensed to practice in any U.S. state	25	2%
One state	782	71%
More than one state	248	22%
<i>Blank</i>	49	4%

BASE: ALL RESPONDENTS

Q3. Do you currently provide direct patient/client care?

	N	%
Total	1104	100%
Yes	930	84%
No	125	11%
<i>Blank</i>	49	4%

BASE: ALL RESPONDENTS

Q4. Please select your highest degree earned. If you have not earned a degree, please select not applicable (N/A).

	N	%
Total	1104	100%
PhD	710	64%
PsyD	298	27%
EdD	20	2%
Other doctoral degree, please specify	*	0%
Master's degree	21	2%
Other degree, please specify	*	1%
N/A (or blank)	50	4%

BASE: ALL QUALIFIED RESPONDENTS

Q5A. Please select the year in which you earned your highest degree.

	N	%
Total	853	100%
2024	*	0%
2023	*	0%
2022	*	0%
2021	*	0%
2020	*	0%
2019	*	0%
2018	19	2%
2017	16	2%
2016	18	2%
2015	21	2%
2014	19	2%
2013	20	2%
2012	18	2%
2011	21	2%
2010	21	2%
2009	22	3%
2008	19	2%
2007	20	2%
2006	19	2%
2005	16	2%
2004	20	2%
2003	22	3%
2002	18	2%
2001	16	2%
2000	22	3%
1999	31	4%
1998	16	2%

1997	21	2%
1996	26	3%
1995	27	3%
1994	26	3%
1993	20	2%
1992	29	3%
1991	18	2%
1990	25	3%
1989	16	2%
1988	13	2%
1987	10	1%
1986	8	1%
1985	9	1%
1984	16	2%
1983	14	2%
1982	10	1%
1981	18	2%
1980	14	2%
1979	14	2%
1978	8	1%
1977	7	1%
1976	14	2%
1975	7	1%
1974	8	1%
1973	5	1%
1972	*	0%
1971	*	0%
1970	*	0%
1969	*	0%
1968	*	0%
1967	-	0%
1966	*	0%
1965	-	0%
1964	-	0%
1963	-	0%
1962	-	0%
1961	-	0%
1960	*	0%
Blank	36	4%

BASE: ALL QUALIFIED RESPONDENTS

Q5B. Tabulation of career stage based on year of highest degree

	N	%
Total	817	100%
0-10 years since doctorate (early career)	102	12%

11-20 years since doctorate (mid-career)	196	24%
21-30 years since doctorate (senior career)	225	28%
31+ years since doctorate (late senior career)	294	36%

Workforce Benchmark Questions

BASE: ALL QUALIFIED RESPONDENTS

Q6. Which option best describes the type of setting that most closely corresponds to your primary work setting (the setting in which you spend the most hours) and, if applicable, secondary work setting? Select one.

	Primary		Secondary	
	N	%	N	%
Total	851	100%	353	100%
Private Practice	592	70%	182	52%
Organized human service setting (includes FQHCs, IHS, etc.)	37	4%	13	4%
Hospital (includes VA medical center)	90	11%	23	7%
University	29	3%	30	8%
Medical school/academic health center	37	4%	25	7%
Four-year college	*	0%	*	1%
Community/2-year college	*	0%	-	0%
K-12 school	6	1%	*	1%
Other educational setting (includes independent professional schools of psychology)	*	0%	13	4%
Government setting	25	3%	12	3%
Business setting	5	1%	9	3%
Other setting	23	3%	40	11%

BASE: ALL RESPONDENTS WHO ANSWERED Q5 WITH “PRIVATE PRACTICE”, EITHER AS PRIMARY OR SECONDARY WORK SETTING

Q8. Are you primarily in a group practice or are you a solo practitioner?

	N	%
Total	672	100%
Group practice	144	21%
Solo practitioner	528	79%

BASE: ALL QUALIFIED RESPONDENTS

Q9. What is/are your primary and secondary (if applicable) area/areas of specialty?

	Primary		Secondary	
	N	%	N	%
Total	846	100%	633	100%

Behavioral and Cognitive Psychology	78	9%	99	16%
Clinical Child & Adolescent Psychology	88	10%	71	11%
Clinical Health Psychology	43	5%	69	11%
Clinical Neuropsychology	37	4%	33	5%
Clinical Psychology	423	50%	128	20%
Clinical Psychopharmacology	*	0%	*	1%
Counseling Psychology	65	8%	33	5%
Couple & Family Psychology	11	1%	46	7%
Forensic Psychology	22	3%	36	6%
Geropsychology	8	1%	20	3%
Group Psychology and Group Psychotherapy	*	0%	10	2%
Industrial-Organizational Psychology	*	0%	*	0%
Police & Public Safety Psychology	*	0%	8	1%
Psychoanalytic and Psychodynamic Psychology	39	5%	38	6%
Rehabilitation Psychology	9	1%	6	1%
School Psychology	7	1%	13	2%
Serious Mental Illness Psychology	6	1%	17	3%

BASE: ALL QUALIFIED RESPONDENTS

Q10. Approximately what percentage of your patients are you seeing...

Total	839
in your home state:	
Minimum	0%
Maximum	100%
Mean	90%
Median	100%
Standard Deviation	21.0%
out of your home state:	
Minimum	0%
Maximum	100%
Mean	16%
Median	5%
Standard Deviation	26.4%

BASE: ALL QUALIFIED RESPONDENTS

Q11. What type of practice do you engage in? Please select all that apply.

	N	%
Total	853	
Psychological Testing	269	32%
Neuropsychological Testing	108	13%
Individual Therapy	765	90%
Family Therapy	284	33%
Group therapy	101	12%

Health Behavior Assessments & Interventions	136	16%
Applied Behavior Analysis	13	2%
Substance Use Treatment	66	8%
Another type of practice	156	18%

BASE: ALL QUALIFIED RESPONDENTS

Q12A. Are you currently in-network with any private or public insurance panels?

	N	%
Total	852	100%
Yes	559	66%
No	293	34%

BASE: ALL QUALIFIED RESPONDENTS

Q12B. Crosstab of insurance participation and top primary specialties

	<i>Are you currently in-network with any private or public insurance panels?</i>	
Primary Specialty	Yes	No
Behavioral and Cognitive Psychology	67%	33%
Clinical Child and Adolescent Psychology	72%	28%
Clinical Psychology	68%	32%
Counseling Psychology	72%	28%

BASE: ALL QUALIFIED RESPONDENTS

Q12C. Crosstab of insurance participation and top primary work settings

	<i>Are you currently in-network with any private or public insurance panels?</i>	
Primary Work Setting	Yes	No
Private practice	68%	32%
Hospitals, academic medical centers, and organized human services settings	71%	29%

BASE: ALL QUALIFIED RESPONDENTS

Q12D. Crosstab of insurance participation and services provided

	<i>Are you currently in-network with any private or public insurance panels?</i>	
Services Provided	Yes	No
Psychologists providing testing services	65%	35%
Psychologists providing therapy services	68%	32%
Psychologists providing health behavior assessment and intervention services	71%	29%

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH “NO”

Q13. Have you previously been in-network with any private or public insurance panels?

	N	%
Total	289	100%
Yes	139	48%
No	150	52%

BASE: ALL RESPONDENTS

Q14A. Which of the following plans do you participate in as an in-network provider?

	N	%
Total	852	
Private/Commercial Insurance	494	58%
Traditional Fee-for-Service Medicare	304	36%
Medicare Advantage	224	26%
Traditional Fee-for-Service Medicaid	133	16%
Managed Medicaid	156	18%
Something else	40	5%

BASE: ALL RESPONDENTS

Q14B. Crosstab of insurance plan participation and top primary specialties

	<i>Which of the following plans do you participate in as an in-network provider?</i>					
Primary Specialty	Private / Commercial Insurance	Traditional Fee-for-Service Medicare	Medicare Advantage	Traditional Fee-for-Service Medicaid	Managed Medicaid	Something else
Behavioral and Cognitive Psychology	56%	42%	36%	12%	19%	3%
Clinical Child and Adolescent Psychology	66%	20%	9%	26%	39%	5%
Clinical Psychology	60%	36%	26%	12%	13%	5%
Counseling Psychology	60%	32%	26%	9%	14%	6%

BASE: ALL RESPONDENTS

Q14C. Crosstab of insurance plan participation and top primary work settings

	<i>Which of the following plans do you participate in as an in-network provider?</i>
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Primary Work Setting	Private / Commercial Insurance	Traditional Fee-for-Service Medicare	Medicare Advantage	Traditional Fee-for-Service Medicaid	Managed Medicaid	Something else
Private practice	60%	38%	27%	9%	11%	4%
Hospitals, academic medical centers, and organized human services settings	64%	40%	30%	42%	47%	8%

BASE: ALL RESPONDENTS

Q14D. Crosstab of insurance plan participation and services provided

	<i>Which of the following plans do you participate in as an in-network provider?</i>					
Primary Work Setting	Private / Commercial Insurance	Traditional Fee-for-Service Medicare	Medicare Advantage	Traditional Fee-for-Service Medicaid	Managed Medicaid	Something else
Psychologists providing testing services	58%	36%	29%	23%	27%	6%
Psychologists providing therapy services	60%	37%	28%	15%	18%	5%
Psychologists providing health behavior assessment and intervention services	65%	42%	33%	30%	36%	7%

BASE: ALL RESPONDENTS WHO ANSWERED Q13 WITH "YES"

Q15. Which of the following plans did you previously participate in as an in-network provider?

	N	%
Total	139	

Private/Commercial Insurance	128	92%
Traditional Fee-for-Service Medicare	41	29%
Medicare Advantage	12	9%
Traditional Fee-for-Service Medicaid	18	13%
Managed Medicaid	12	9%
Something else	7	5%

BASE: ALL RESPONDENTS WHO ANSWERED Q13 WITH “YES”

Q16. In the past 12 months, have you stopped participating in any private or public insurance panels? If so, which?

	N	%
Total	548	
No, my participation has not changed	435	78%
Private/Commercial Insurance	70	13%
Traditional Fee-for-Service Medicare	8	1%
Medicare Advantage	20	4%
Traditional Fee-for-Service Medicaid	12	2%
Managed Medicaid	9	2%
Something else	22	4%

BASE: ALL RESPONDENTS WHO ANSWERED Q12 WITH “NO” OR Q16 WITH ANY ANSWER EXCEPT “NO, MY PARTICIPATION HAS NOT CHANGED”

Q17. What are the top three barriers to being in network with private or public insurance?

	N	%
Total	374	
Insufficient reimbursement rates	308	82%
Administrative issues (pre-authorization requirements, audits, inability to resolve issues with insurer, etc.)	232	62%
Concerns about payment reliability (refund demands, delays in payment, etc.)	194	52%
Denial of coverage for services I deem necessary and appropriate	137	37%
Issues joining the insurance panel (i.e. insurer says the panels are full, slow credentialing process, etc.)	33	9%
Something else	51	14%

Workload Questions

BASE: ALL QUALIFIED RESPONDENTS

Q18A. Which of the following best describes your workload today as compared to 12 months ago?

	N	%
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Total	851	100%
I am working <u>less</u> than I did 12 months ago.	168	20%
I am working <u>the same amount</u> as I did 12 months ago.	487	57%
I am working <u>more</u> than I did 12 months ago	196	23%

BASE: ALL QUALIFIED RESPONDENTS

Q18B. Crosstab of 12 month workload change and career stage

	<i>Which of the following best describes your workload today compared to 12 months ago?</i>		
Career Stage	I am working less than I did 12 months ago	I am working the same amount as I did 12 months ago	I am working more than I did 12 months ago
0-10 years since doctorate (early career)	11%	53%	36%
11-20 years since doctorate (mid-career)	12%	55%	33%
21-30 years since doctorate (senior career)	18%	54%	28%
31+ years since doctorate (late senior career)	29%	61%	10%

BASE: ALL QUALIFIED RESPONDENTS

Q19A. Has the number of patients you are currently treating changed in the last 12 months?

	N	%
Total	851	100%
I am treating <u>fewer</u> patients than I did 12 months ago.	196	23%
I am treating <u>the same number</u> of patient as I did 12 months ago.	456	54%
I am treating <u>more</u> patients than I did 12 months ago.	199	23%

BASE: ALL QUALIFIED RESPONDENTS

Q19B. Crosstab of 12-month patient change and career stage

	<i>Has the number of patients you are currently treating changed in the last 12 months?</i>		
Career Stage	I am treating fewer patients than I did 12 months ago	I am treating the same number of patients as I did 12 months ago	I am treating more patients than I did 12 months ago
0-10 years since doctorate (early career)	12%	54%	34%
11-20 years since doctorate (mid-career)	17%	54%	29%

21-30 years since doctorate (senior career)	22%	50%	29%
31+ years since doctorate (late senior career)	32%	19%	12%

BASE: ALL QUALIFIED RESPONDENTS

Q20. Which of the following best describes your current caseload?

	N	%
Total	851	100%
I have openings for new patients right now.	398	47%
I do not have any openings for new patients right now.	453	53%

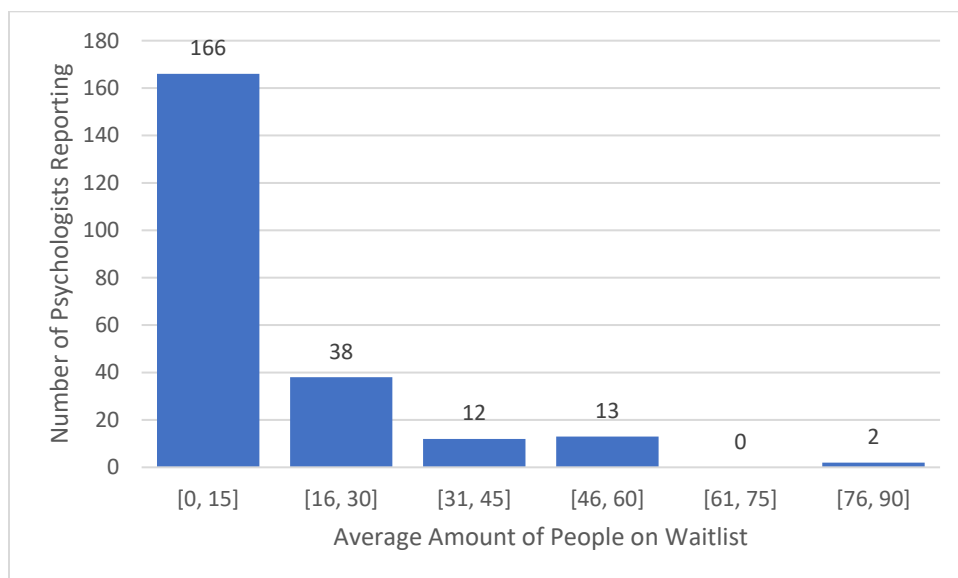
BASE: ALL QUALIFIED RESPONDENTS

Q21. Do you or your organization currently have a waitlist for patients?

	N	%
Total	849	100%
Yes	327	39%
No	522	61%

BASE: ALL RESPONDENTS WHO ANSWERED Q21 WITH "YES"

Q22. How many people do you currently have on your waitlist?



BASE: ALL QUALIFIED RESPONDENTS

Q23A. How long does it take for a new patient to get an appointment?

	N	%
Total	825	100%
Less than 1 month	465	56%
1-3 months	224	27%
4-6 months	77	9%
7-12 months	29	4%
More than 12 months	30	4%

BASE: ALL QUALIFIED RESPONDENTS

Q23B. Crosstab of average time for first appointment and having a waitlist

	<i>Do you or your organization currently have a waitlist for patients?</i>	
Average Time for First Appointment	Yes	No
Less than 1 month	28%	75%
1-3 months	45%	15%
4-6 months	15%	5%
7-12 months	7%	1%
More than 12 months	5%	3%

BASE: ALL RESPONDENTS WHO ANSWERED Q21 WITH “YES”

Q24. How long is your waitlist compared to 12 months ago?

	N	%
Total	323	100%
My waitlist is <u>shorter</u> now than it was 12 months ago.	51	16%
My waitlist is <u>about the same length</u> as it was 12 months ago.	166	51%
My waitlist is <u>longer</u> now than it was 12 months ago.	106	33%

BASE: ALL RESPONDENTS WHO ANSWERED Q21 WITH “NO”

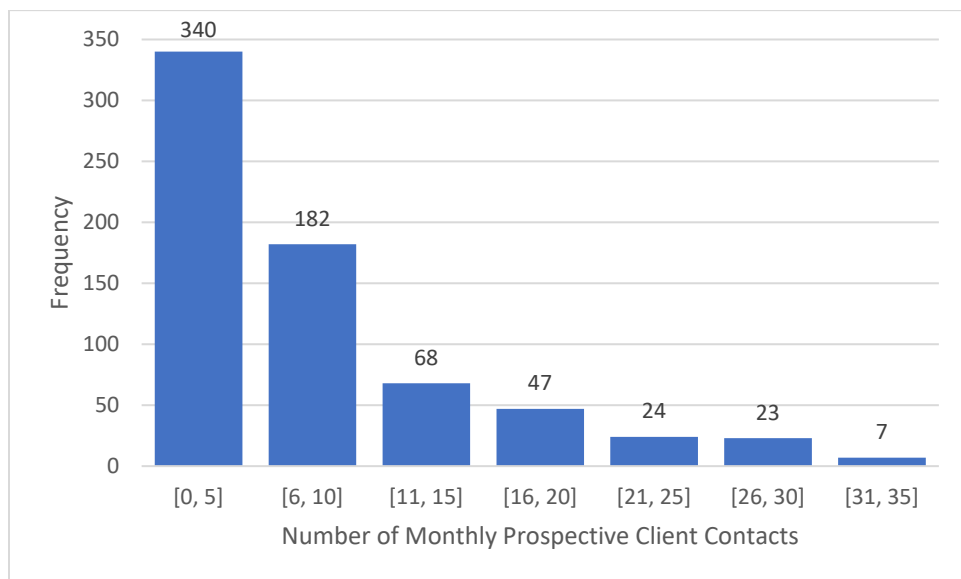
Q25. What are your reasons for not having a waitlist? Please select all that apply.

	N	%
Total	505	
A waitlist is inapplicable/inappropriate for my practice.	198	39%
I do not have the capacity to manage a waitlist.	140	28%
There are not a lot of people requesting services.	78	15%
There are too many people requesting services.	59	12%
Other, please specify	132	26%

BASE: ALL QUALIFIED RESPONDENTS

Q26. On average, how many people contact you each month seeking services (excluding your current patients/clients)? (Whole numbers only)

Total	691
Min	0
Max	35
Mean	8.76
Median	6
Standard Deviation	7.66



BASE: ALL QUALIFIED RESPONDENTS

Q27A. Which of the following best describes your plans for the next 12 months?

	N	%
Total	851	100%
I plan to <u>decrease</u> the number of hours I treat patients each week.	173	20%
I plan to <u>maintain the same</u> number of hours I treat patients each week.	573	67%
I plan to <u>increase</u> the number of hours I treat patients each week.	105	12%

BASE: ALL QUALIFIED RESPONDENTS

Q27B. Crosstab of future work plans and career stage

	Which of the following best describes your plans for the next 12 months?		
Career Stage	I plan to decrease the number of hours I treat patients each week	I plan to maintain the same number of hours I treat patients each week	I plan to increase the number of hours I treat patients each week
0-10 years since doctorate (early career)	12%	68%	21%

11-20 years since doctorate (mid-career)	14%	70%	16%
21-30 years since doctorate (senior career)	16%	71%	13%
31+ years since doctorate (late senior career)	29%	62%	9%

BASE: ALL QUALIFIED RESPONDENTS

Q28A. How much do you disagree or agree with the following statements?

	N	%
I have not been able to meet demand for treatment from my patients	848	100%
Strongly disagree	139	16%
Disagree	258	30%
Neither agree nor disagree	177	21%
Agree	189	22%
Strongly Agree	85	10%
I am seeing an increase in the severity of symptoms among patients.	849	100%
Strongly disagree	20	2%
Disagree	138	16%
Neither agree nor disagree	260	31%
Agree	327	39%
Strongly Agree	104	12%
I am seeing an increase in the length of treatment course for my patients.	844	100%
Strongly disagree	34	4%
Disagree	137	16%
Neither agree nor disagree	298	35%
Agree	281	33%
Strongly Agree	94	11%

BASE: ALL QUALIFIED RESPONDENTS

Q28B. Crosstab of ability to meet treatment demand and career stage

	<i>I have not been able to meet demand for treatment from my patients</i>				
Career Stage	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
0-10 years since doctorate (early career)	8%	33%	21%	25%	14%
11-20 years since doctorate (mid-career)	9%	27%	27%	25%	12%
21-30 years since doctorate (senior career)	16%	30%	17%	28%	9%
31+ years since doctorate (late senior career)	23%	33%	20%	15%	9%

BASE: ALL QUALIFIED RESPONDENTS

Q28C. Crosstab of patients' change in symptom severity and career stage

	<i>I am seeing an increase in the severity of symptoms among patients</i>				
Career Stage	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
0-10 years since doctorate (early career)	2%	11%	24%	47%	17%
11-20 years since doctorate (mid-career)	1%	12%	28%	44%	15%
21-30 years since doctorate (senior career)	3%	17%	28%	38%	15%
31+ years since doctorate (late senior career)	3%	19%	36%	33%	8%

BASE: ALL QUALIFIED RESPONDENTS

Q28D. Crosstab of length of treatment course and career stage

	<i>I am seeing an increase in the length of treatment course for my patients</i>				
Career Stage	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
0-10 years since doctorate (early career)	2%	10%	30%	37%	21%
11-20 years since doctorate (mid-career)	2%	14%	36%	39%	9%
21-30 years since doctorate (senior career)	4%	17%	36%	32%	10%
31+ years since doctorate (late senior career)	5%	20%	36%	30%	10%

Contemporary Practice Issues

BASE: ALL QUALIFIED RESPONDENTS

Q29. Has the number of patients you are seeing in the following population groups changed in the past 12 months?

	N	%
Children (11 or younger)	299	100%
Decreased	61	20%
Stayed the same	158	53%
Increased	80	27%
<i>Not sure/I don't treat patients in this population group</i>	504	
Adolescents (12-17)	414	100%
Decreased	69	17%

Stayed the same	241	58%
Increased	104	25%
<i>Not sure/I don't treat patients in this population group</i>	400	
Adults ages 18-25	758	100%
Decreased	57	8%
Stayed the same	498	66%
Increased	203	27%
<i>Not sure/I don't treat patients in this population group</i>	76	
Adults ages 26-49	768	100%
Decreased	31	4%
Stayed the same	531	69%
Increased	206	27%
<i>Not sure/I don't treat patients in this population group</i>	72	
Adults ages 50-64	727	100%
Decreased	43	6%
Stayed the same	493	68%
Increased	191	26%
<i>Not sure/I don't treat patients in this population group</i>	107	
Older adults (65 or older)	654	100%
Decreased	59	9%
Stayed the same	359	55%
Increased	236	36%
<i>Not sure/I don't treat patients in this population group</i>	174	

*"Not sure/I don't treat patients in this population group" was treated as missing data and excluded from percentage calculations.

BASE: ALL QUALIFIED RESPONDENTS

Q30A. How much do you disagree or agree with the following statements?

	N	%
I have been able to practice self-care over the past 12 months.	844	100%
Strongly disagree	17	2.0%
Disagree	81	9.6%
Neither agree nor disagree	84	10.0%
Agree	455	53.9%
Strongly Agree	207	24.5%
I am able to maintain a positive work-life balance.	847	100%
Strongly disagree	27	3.2%
Disagree	140	16.6%
Neither agree nor disagree	126	14.9%
Agree	396	46.8%
Strongly Agree	158	18.7%
I feel burned out.	843	100%
Strongly disagree	131	15.5%
Disagree	270	32.0%
Neither agree nor disagree	174	20.6%
Agree	199	23.6%

Strongly Agree	69	8.2%
I have sought out peer consultation/support to manage burnout.	843	100%
Strongly disagree	113	13.4%
Disagree	195	23.1%
Neither agree nor disagree	135	16.0%
Agree	301	35.7%
Strongly Agree	99	11.7%

Note: Totals may not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q30B. Crosstab of burnout and career stage

Career Stage	<i>I feel burned out</i>				
	Strongly disagree	Disagree	Neither agree nor disagree	Agree	Strongly agree
0-10 years since doctorate (early career)	4%	30%	15%	35%	16%
11-20 years since doctorate (mid-career)	7%	28%	23%	31%	11%
21-30 years since doctorate (senior career)	14%	25%	24%	24%	11%
31+ years since doctorate (late senior career)	24%	40%	19%	16%	2%

BASE: ALL QUALIFIED RESPONDENTS

Q31A. On a scale from 1 to 10, where 1 means you have “little or no stress” and 10 means you have “a great deal of stress”, how would you rate your average level of stress during the past month?

Total	844
<i>Min</i>	1
<i>Max</i>	10
<i>Mean</i>	5.59
<i>Median</i>	6
<i>Standard Deviation</i>	2.22

BASE: ALL QUALIFIED RESPONDENTS

Q31B. Crosstab of mean stress level and career stage

Career Stage	Mean Stress Level	N
0-10 years since doctorate (early career)	6.26	102
11-20 years since doctorate (mid-career)	6.31	193
21-30 years since doctorate (senior career)	5.69	224
31+ years since doctorate (late senior career)	4.88	292

BASE: ALL QUALIFIED RESPONDENTS

Q32. Do you currently use electronic health records (EHRs) in your practice?

	N	%
Total	845	100%
Yes	546	65%
No	299	35%

BASE: ALL QUALIFIED RESPONDENTS

Q33A. How much do you disagree or agree with the following statements about technology in the workplace?

Technology Statement	N	%
Advancements in technology are helping me work more efficiently and accurately.	846	100%
Strongly disagree	84	9.9%
Somewhat disagree	240	28.4%
Somewhat agree	407	48.1%
Strongly Agree	115	13.6%
Advancements in technology are making my job worse, not better.	842	100%
Strongly disagree	162	19.2%
Somewhat disagree	406	48.2%
Somewhat agree	218	25.9%
Strongly Agree	56	6.7%
I am knowledgeable about artificial intelligence.	846	100%
Strongly disagree	160	18.8%
Somewhat disagree	260	30.7%
Somewhat agree	370	43.7%
Strongly Agree	56	6.6%
I worry that artificial intelligence may make some or all of my job duties obsolete in the future.	850	100%
Strongly disagree	283	33.3%
Somewhat disagree	336	39.5%
Somewhat agree	200	23.5%
Strongly Agree	31	3.6%

Note: Totals may not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q33B. Crosstab of career stage and knowledgeability of AI

Career Stage	<i>I am knowledgeable about artificial intelligence</i>			
	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly Agree
0-10 years since doctorate (early career)	15%	27%	50%	8%
11-20 years since doctorate (mid-career)	13%	36%	45%	6%

21-30 years since doctorate (senior career)	22%	25%	47%	6%
31+ years since doctorate (late senior career)	21%	32%	39%	7%

Note: Totals may not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q33C. Crosstab of career stage and worry about AI

	<i>I worry that artificial intelligence may make some or all of my job duties obsolete in the future.</i>			
Career Stage	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly Agree
0-10 years since doctorate (early career)	34.3%	40.2%	21.6%	3.9%
11-20 years since doctorate (mid-career)	28.6%	41.8%	24.5%	5.1%
21-30 years since doctorate (senior career)	32.9%	40.0%	24.4%	2.7%
31+ years since doctorate (late senior career)	35.7%	37.8%	23.0%	3.4%

Note: Totals may not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q34A. In the last 12 months, how often did you intentionally use artificial intelligence (AI) tools to assist you at work?

	N	%
Total	848	100%
Never	601	71%
Once	49	6%
Several times	105	12%
Monthly	30	4%
Weekly	42	5%
Daily	21	2%

BASE: ALL QUALIFIED RESPONDENTS

Q34B. Crosstab of frequency of AI use and knowledgeability of AI

	<i>I am knowledgeable about artificial intelligence</i>			
Frequency of AI Use	Strongly disagree	Somewhat disagree	Somewhat agree	Strongly agree
Never	25%	36%	35%	4%
Once	10%	20%	63%	6%
Several times	4%	22%	64%	10%
Monthly	0%	7%	76%	17%
Weekly	2%	10%	64%	24%
Daily	0%	10%	76%	14%

Note: Totals may not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q34C. Crosstab of frequency of AI use and career stage

	<i>I am knowledgeable about artificial intelligence</i>			
Frequency of AI Use	0-10 years since doctorate (early career)	11-20 years since doctorate (mid career)	21-30 years since doctorate (senior career)	30+ years since doctorate (late senior career)
Never	59%	66%	72%	78%
Once	4%	6%	9%	4%
Several times	18%	15%	11%	9%
Monthly	7%	6%	2%	2%
Weekly	9%	3%	4%	5%
Daily	3%	4%	2%	2%

BASE: ALL RESPONDENTS WHO ANSWERED Q34 WITH ANY CHOICE OTHER THAN “NEVER”

Q35. For which work tasks did you use AI tools in the past 12 months? Select all that apply.

	N	%
Total	239	
Writing assistance (email drafting, etc.)	139	58%
Content generation (generating images, text, or other media)	85	36%
Summarization (clinical notes, digital articles, etc.)	69	29%
Note-taking or dictation	64	27%
Task automation	39	16%
Data analysis	25	10%
Clinical diagnosis assistance	23	10%
Chatbot assistance for patients/clients	15	6%

BASE: ALL QUALIFIED RESPONDENTS

Q36A. Do you foresee yourself using AI tools at work in the next 3 years?

	N	%
Total	852	100%
Yes	297	35%
No	227	27%
I don't know	328	38%

Note: Totals may not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q36B. Crosstab of frequency of AI use and predictions of using AI at work within the next three years

	<i>Do you foresee yourself using AI tools at work in the next 3 years?</i>		
Frequency of AI Use	Yes	No	I don't know
Never	17%	35%	48%
Once	63%	16%	20%
Several times	76%	4%	20%
Monthly	87%	3%	10%

Weekly	95%	2%	2%
Daily	90%	0%	10%

BASE: ALL QUALIFIED RESPONDENTS

Q36C. Crosstab of frequency of career stage and predictions of using AI at work within the next three years

	<i>Do you foresee yourself using AI tools at work in the next 3 years?</i>		
Career Stage	Yes	No	I don't know
0-10 years since doctorate (early career)	46%	16%	38%
11-20 years since doctorate (mid-career)	40%	20%	40%
21-30 years since doctorate (senior career)	32%	28%	39%
31+ years since doctorate (late senior career)	29%	33%	38%

Note: Totals may not sum to 100% due to rounding.

BASE: ALL QUALIFIED RESPONDENTS

Q37A. What, if any, are the biggest benefits of using AI tools in psychology? (Select all that apply)

	N	%
<i>Total</i>	824	
I don't know	428	52%
Improves operational efficiencies/reduces administrative burden	274	33%
Helps providers consume and summarize publicized, scientifically validated data	177	21%
Improves patient education	166	20%
Provides clinical decision support	98	12%
Reduces burnout	95	12%
Increases precision and personalized treatment	85	10%
Improved population health and care access	71	9%
Fosters early and accurate disease detection	51	6%
Improves clinician and patient engagement	44	5%
Other, please specify	42	5%

- The order of these options was randomized for each respondent

BASE: ALL QUALIFIED RESPONDENTS

Q37B. Crosstab of benefits of AI use and frequency of AI use

	Frequency of AI Use	
Benefits of Using AI Tools in Psychology	Monthly or more frequent use	Infrequent or non-use
Improves operational efficiencies/reduces administrative burden	72%	28%

Helps providers consume and summarize publicized, scientifically validated data	45%	19%
Reduces burnout	39%	8%
Improves patient education	34%	18%
Provides clinical decision support	28%	10%
Increases precision and personalized treatment	28%	8%
Improves clinician and patient engagement	15%	4%
Improved population health and care access	14%	8%
Fosters early and accurate disease detection	9%	6%
I don't know	4%	58%
Other, please specify	10%	5%

BASE: ALL QUALIFIED RESPONDENTS

Q38A. What, if any, are the biggest concerns with using AI tools in psychology? (Select all that apply)

	N	%
Total	840	
Potential breaches of sensitive data	496	59%
Unanticipated social harms	455	54%
Biased input (training data) leads to biased output	452	54%
Lack of rigorous testing and validation to mitigate risks	425	51%
Lack of transparency of how AI tools work	384	46%
Inaccurate outputs ("hallucinations")	368	44%
Replacement of human labor	239	28%
I don't know	195	23%
Other, please specify	41	5%

- The order of these options was randomized for each respondent

BASE: ALL QUALIFIED RESPONDENTS

Q38B. Crosstab of concerns with AI use and frequency of AI use

Concerns with Using AI Tools in Psychology	Frequency of AI Use	
	Monthly or more frequent use	Infrequent or non-use
Potential breaches of sensitive data	71%	58%
Biased input (training data) leads to biased output	58%	53%
Inaccurate outputs ("hallucinations")	52%	43%
Lack of rigorous testing and validation to mitigate risks	50%	51%
Lack of transparency of how AI tools work	49%	45%
Unanticipated social harms	47%	55%
Replacement of human labor	25%	29%
I don't know	10%	25%
Other, please specify	4%	5%

Telehealth Characteristics

BASE: ALL QUALIFIED RESPONDENTS

Q39. What modality/modalities are you currently using to treat your patients?

	N	%
Total	846	100%
I am treating all my patients in person.	101	12%
I am treating some patients in person and some remotely.	587	69%
I am treating all my patients remotely.	158	19%

BASE: ALL RESPONDENTS WHO ANSWERED Q33 WITH "I AM TREATING SOME PATIENTS IN PERSON AND SOME REMOTELY"

Q40. Approximately what percentage of your patients are you seeing...

Total	582
in person:	
<i>Minimum</i>	1%
<i>Maximum</i>	99%
<i>Mean</i>	57%
<i>Median</i>	60%
<i>Standard Deviation</i>	26.3%
remotely:	
<i>Minimum</i>	1%
<i>Maximum</i>	99%
<i>Mean</i>	43%
<i>Median</i>	40%
<i>Standard Deviation</i>	26.3%

BASE: ALL RESPONDENTS WHO ANSWERED Q39 WITH "I AM TREATING ALL MY PATIENTS REMOTELY" OR "I AM TREATING SOME PATIENTS IN PERSON AND SOME REMOTELY"

Q41. Are you using any of the following to treat patients? Please select all that apply.

	N	%
Total	735	
Telehealth via video conference	689	94%
Telehealth via audio-only phone	268	36%
Secure messaging or email	230	31%
Digital mental health tool/app	90	12%
Something else, please specify	14	2%

BASE: ALL RESPONDENTS WHO ANSWERED Q41A WITH "TELEHEALTH VIA AUDIO-ONLY PHONE"

Q42. Which of the following patient groups are you treating with telehealth via audio-only phone? Please select all that apply.

	N	%
Total	267	
Children (11 or younger)	5	2%
Adolescents (12-17)	23	9%
Adults ages 18-25	103	39%
Adults ages 26-49	166	62%
Adults ages 50-64	188	70%
Older adults (65 or older)	172	64%

BASE: ALL RESPONDENTS WHO ANSWERED Q41A WITH “TELEHEALTH VIA AUDIO-ONLY PHONE”

Q43. Which of the following are reasons you are treating some patients with telehealth via audio-only phone? Please select all that apply.

	N	%
Total	268	
Patient prefers audio-only over video connection.	194	72%
I use the telephone as a backup option for video telehealth.	124	46%
Patient has connectivity issues or lacks broadband access.	121	45%
Patient does not have access to a device for video connection.	92	34%
I prefer audio-only over video connection.	14	5%
I do not have the necessary equipment or connection for video telehealth.	*	1%
Another reason, please specify	27	10%

BASE: ALL QUALIFIED RESPONDENTS

Q44. What are your future plans for treating patients remotely in the next 12 months?

	N	%
Total	843	100%
Decrease my use of telehealth	58	7%
Continue my current use of telehealth	682	81%
Increase my use of telehealth	61	7%
Other, please specify	42	5%

BASE: ALL QUALIFIED RESPONDENTS

Q45. Please select the statement(s) that best describe your interest in PSYPACT. Note: PSYPACT is an interstate licensing compact that facilitates psychological practice across state jurisdictions via telepsychology and temporary in-person practice (select all that apply).

	N	%
Total	833	
I currently hold an approved PSYPACT certification.	187	22%
I have applied for a PSYPACT certification but have not received approval yet.	11	1%

I am interested in applying for a PSYPACT certification.	256	31%
I do not meet one or more of the eligibility requirements for PSYPACT certification, such as holding a license in at least one PSYPACT state, meeting the training requirements, etc.	105	13%
I am unfamiliar with PSYPACT.	114	14%
I am aware of PSYPACT but not interested in PSYPACT	207	25%

Demographic Questions

BASE: ALL QUALIFIED RESPONDENTS

Q48. How do you identify?

	N	%
Total	841	100%
American Indian, Alaska Native, and/or Indigenous	7	1%
Arab American, Middle Eastern, or North African	6	1%
Asian or Asian American	13	2%
Bi/Multi-racial, please specify	16	2%
Black or African American	24	3%
Latino/a/x or Spanish Origin, please specify	26	3%
Native Hawaiian or Other Pacific Islander	*	0%
Southeast Asian	*	0%
White/European American	683	81%
Another race or ethnicity not listed above, please specify	16	2%
Prefer not to answer	45	5%

BASE: ALL QUALIFIED RESPONDENTS

Q49. How do you describe your current gender identity?

	N	%
Total	839	100%
Female/Woman	544	65%
Male/Man	264	31%
Nonbinary	6	1%
Two-spirit	*	0%
Prefer to self-describe	*	0%
Prefer not to answer	21	3%