

2025 APA Practitioner Pulse Survey

INTRODUCTION

Thank you for participating in our survey. Your responses will provide valuable information about the current state of psychological practice, including employment, training, practice, and caseload characteristics.

Please click the arrow below to begin.

Qualifier Questions

BASE: ALL RESPONDENTS

Q1. Please select the option that best describes your current work status.

SINGLE RESPONSE

1. Working full-time, including self-employed, consulting, and practice (at least 35 hours per week)
2. Working part-time (less than 35 hours per week)
3. Postdoctoral training
4. Not working and seeking work
5. Not working and NOT seeking work
6. Retired and NOT working
7. Retired and STILL working
8. Not applicable

BASE: ALL RESPONDENTS

Q2. In how many U.S. states are you currently licensed to practice?

SINGLE RESPONSE

1. I am not currently licensed to practice in any U.S. state
2. One state
3. More than one state

BASE: CURRENTLY LICENSED TO PRACTICE

Q3. Do you currently hold a PSYPACT certificate?

SINGLE RESPONSE

1. Yes
2. No

BASE: ALL RESPONDENTS

Q4. Do you currently provide direct patient/client care?

SINGLE RESPONSE

1. Yes
2. No

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BASE: ALL RESPONDENTS

Q5. Please select your highest degree earned. If you have not earned a degree, please select not applicable (N/A).

SINGLE RESPONSE

1. PhD
2. PsyD
3. EdD
4. Other doctoral degree: please specify
- 5. Master's degree**
6. Other degree: please specify
7. N/A

BASE: ALL RESPONDENTS

Q6. Please select the year in which you earned your highest degree.

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PATH 1: RESPONDENT IS WORKING, LICENSED IN AT LEAST ONE STATE, TREATING PATIENTS, AND HOLDS A DOCTORAL DEGREE.

Workforce Benchmark Questions

BASE: ALL RESPONDENTS

Q7. Which option best describes the type of setting that most closely corresponds to your primary work setting (the setting in which you spend the most hours) and, if applicable, secondary work setting? Select one.

COLUMNS

1. Private practice
2. Organized human service settings (including student counseling centers, FQHCs, IHS, etc.)
3. Veterans Affairs (VA) Medical Center or Military Hospital
4. Hospital (not including VA or military settings)
5. University
6. Medical school/academic health center
7. Four-year college
8. Community/2-year college
9. K-12 school
10. Other educational settings (including independent professional schools of psychology)
11. Government settings (not including VA or military settings)
12. Business settings
13. Other settings, please specify_____

ROWS

1. Primary Work Setting

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2. Secondary Work Setting (if applicable)

BASE: IN PRIVATE PRACTICE

Q8. Are you primarily in a group practice or are you a solo practitioner?

SINGLE RESPONSE

1. Group practice
2. Solo practitioner

BASE: ALL RESPONDENTS

Q9. What is/are your primary and secondary (if applicable) area/areas of specialty?

COLUMNS

1. Clinical Child and Adolescent Psychology
2. Clinical Health Psychology
3. Clinical Neuropsychology
4. Clinical Psychology
5. Clinical Psychopharmacology
6. Behavioral and Cognitive Psychology
7. Counseling Psychology
8. Couple and Family Psychology
9. Forensic Psychology
10. Group Psychology and Group Psychotherapy
11. Industrial-Organization Psychology
12. Police and Public Safety Psychology
13. Geropsychology
14. Psychoanalytic and Psychodynamic Psychology
15. Rehabilitation Psychology
16. School Psychology
17. Serious Mental Illness Psychology

ROWS

1. Primary Specialty
2. Secondary Specialty

BASE: ALL RESPONDENTS

Q10. Approximately what percentage of your clients are you seeing...

1. within the state in which you primarily practice: <fill in the blank, whole, positive percentages only>
2. outside of the state in which you primarily practice: <fill in the blank, whole, positive percentages only>

BASE: ALL RESPONDENTS

Q11. In what type(s) of practice do you engage? (Select all that apply)

MULTIPLE RESPONSE

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1. Psychological Testing
2. Neuropsychological Testing
3. Individual Therapy
4. Couples Therapy
5. Family Therapy
6. Group Therapy
7. Health Behavior Assessment & Interventions
8. Applied Behavior Analysis
9. Substance Use Treatment
10. Another type of practice **ANCHOR, PLEASE SPECIFY**

BASE: ALL RESPONDENTS

Q12. Are you currently in-network with any private or public insurance panels?

SINGLE RESPONSE

1. Yes
2. No

BASE: NOT CURRENTLY IN-NETWORK WITH PRIVATE OR PUBLIC INSURANCE

Q13. Have you previously been in-network with any private or public insurance panels?

SINGLE RESPONSE

1. Yes
2. No

BASE: CURRENTLY IN-NETWORK WITH PRIVATE OR PUBLIC INSURANCE

Q14. Which of the following plans do you participate in as an in-network provider?

SINGLE RESPONSE

1. Private/commercial insurance company (i.e., you have signed a provider contract with a company)
2. Traditional Fee for Service Medicare
3. Medicare Advantage
4. Traditional Fee for Service Medicaid
5. Managed Medicaid
6. Something else, please specify_____

BASE: NOT CURRENTLY IN-NETWORK BUT HAS BEEN PREVIOUSLY

Q15. Which of the following plans did you previously participate in as an in-network provider?

SINGLE RESPONSE

1. Private/commercial insurance company (i.e., you had signed a provider contract with a company)
2. Traditional Fee for Service Medicare

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3. Medicare Advantage
4. Traditional Fee for Service Medicaid
5. Managed Medicaid
6. Something else, please specify_____

BASE: CURRENTLY IN-NETWORK WITH PRIVATE OR PUBLIC INSURANCE

Q16. In the past 12 months, have you stopped participating in any private or public insurance panels? If so, which?

MULTIPLE RESPONSE

1. No, my participation has not changed **EXCLUSIVE RESPONSE**
2. Private/commercial insurance company (i.e., you had signed a provider contract with the company)
3. Traditional Fee for Service Medicare
4. Medicare Advantage
5. Traditional Fee for Service Medicaid
6. Managed Medicaid
7. Something else, please specify_____

BASE: NOT CURRENTLY PARTICIPATING IN INSURANCE PANELS OR STOPPED PARTICIPATING IN ANY INSURANCE PANELS

Q17. What are your top three barriers to being in network with private or public insurance?

MULTIPLE RESPONSE

1. Concerns about payment reliability (refund demands, delays in payment, etc.)
2. Denials of coverage for services I deem necessary and appropriate
3. Insufficient reimbursement rates
4. Administrative issues (pre-authorization requirements, audits, inability to resolve issues with insurer, etc.)
5. Issues joining the insurance panel (i.e. insurer says the panels are full, slow credentialing process, etc.)
6. Something else, please specify_____

Workload Questions

BASE: ALL RESPONDENTS

Q18. Which of the following best describes your workload today as compared to 12 months ago?

SINGLE RESPONSE

1. I am working less than I did 12 months ago.
2. I am working the same amount as I did 12 months ago.
3. I am working more than I did 12 months ago.

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BASE: ALL RESPONDENTS

Q19. Has the number of clients you are currently treating changed in the last 12 months?

SINGLE RESPONSE

1. I am treating fewer clients than I did 12 months ago.
2. I am treating the same number of clients as I did 12 months ago.
3. I am treating more clients than I did 12 months ago.

BASE: ALL RESPONDENTS

Q20. Which of the following best describes your current caseload?

SINGLE RESPONSE

1. I have openings for new clients right now.
2. I do not have openings for new clients right now.

BASE: ALL RESPONDENTS

Q21. Do you or your organization currently have a waitlist for clients?

SINGLE RESPONSE

1. Yes
2. No

BASE: ALL RESPONDENTS

Q22. How long does it take for a new client to get an appointment?

SINGLE RESPONSE

1. Less than 1 month
2. 1-3 months
3. 4-6 months
4. 7-12 months
5. More than 12 months

BASE: HAS WAITLIST

Q23. How long is your waitlist compared to 12 months ago?

SINGLE RESPONSE

1. My waitlist is shorter now than it was 12 months ago.
2. My waitlist is about the same length as it was 12 months ago.
3. My waitlist is longer than it was 12 months ago.

BASE: DOES NOT HAVE WAITLIST

Q24. What are your reasons for not having a waitlist? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

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1. There are not a lot of people requesting services.
2. There are too many people requesting services.
3. I do not have the capacity to manage a waitlist.
4. A waitlist is inapplicable/inappropriate for my practice.
5. Other, please specify_____

BASE: ALL RESPONDENTS

Q25. Which of the following best describes your plans for the next 12 months?

SINGLE RESPONSE

1. I plan to decrease the number of hours I treat clients each week.
2. I plan to maintain the same number of hours I treat clients each week.
3. I plan to increase the number of hours I treat clients each week.

BASE: ALL RESPONDENTS

Q26. How much do you disagree or agree with the following statements?

COLUMNS

1. Strongly disagree
2. Disagree
3. Neither disagree nor agree
4. Agree
5. Strongly agree

ROWS, RANDOMIZE

1. I have not been able to meet the demand for treatment from my clients.
2. I am seeing an increase in the severity of symptoms among clients.
3. I am seeing an increase in the length of treatment course among my clients.

Contemporary Practice Issues

BASE: ALL RESPONDENTS

Q27. In the last 12 months, have you seen clients from any of the following age groups? (Select all that apply)

MULTIPLE RESPONSE

1. Children (11 or younger)
2. Adolescents (12-17)
3. Adults ages 18-25
4. Adults ages 26-49
5. Adults ages 50-64
6. Older adults (65 or older)

BASE: ALL RESPONDENTS

Q28. In the last 12 months, have you seen clients from any of the following racial/ethnic groups?

MULTIPLE RESPONSE

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1. American Indian, Alaska Native, and/or Indigenous
2. Arab American, Middle Eastern, or North African
3. Asian or Asian American
4. Black or African American
5. Latino/a/x or Spanish Origin
6. Native Hawaiian or Other Pacific Islander
7. Southeast Asian
8. White/European American
9. Bi/Multi-racial _____
10. Other _____

BASE: ALL RESPONDENTS

Q29. How much do you disagree or agree with the following statements?

COLUMNS

1. Strongly disagree
2. Disagree
3. Neither disagree nor agree
4. Agree
5. Strongly Agree

ROWS, RANDOMIZE

1. I have been able to practice self-care over the past 12 months.
2. I am able to maintain a positive work-life balance.
3. I feel burned out.

BASE: ALL RESPONDENTS

Q30. How concerned are you that an economic slump, downturn, or recession will cause you to be laid off, furloughed, or lose your job in the next 12 months?

SINGLE RESPONSE

1. Not at all concerned
2. Not very concerned
3. Somewhat concerned
4. Very concerned

BASE: ALL RESPONDENTS

Q31. On a scale of 1 to 10, where 1 means you have "little or no stress" and 10 means you have "a great deal of stress," how would you rate your average level of stress during the past month?

SINGLE RESPONSE

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5. 1 – Little or no stress
6. 2
7. 3
8. 4
9. 5
10. 6
11. 7
12. 8
13. 9
14. 10 – A great deal of stress

BASE: ALL RESPONDENTS

Q32. Do you currently use electronic health records (EHRs) in your practice?

SINGLE RESPONSE

1. Yes
2. No

BASE: USES EHR IN THEIR PRACTICE

Q33. Is your EHR system a Certified EHR Technology (CHERT), as defined by the Centers for Medicare and Medicaid Services (CMS)?

SINGLE RESPONSE

1. Yes
2. No
3. I don't know

BASE: ALL RESPONDENTS

Q34. How much do you disagree or agree with the following statements about technology in the workplace?

COLUMNS

1. Strongly disagree
2. Somewhat disagree
3. Somewhat agree
4. Strongly agree

ROWS, RANDOMIZE

1. Advancements in technology are helping me work more efficiently and accurately.
2. Advancements in technology are making my job worse, not better.
3. I am knowledgeable about artificial intelligence.
4. I worry that artificial intelligence may make some or all of my job duties obsolete in the future.
5. I foresee myself using AI tools at work in the next 3 years

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BASE: ALL RESPONDENTS

Q35. In the last 12 months, how often did you intentionally use artificial intelligence (AI) tools to assist you at work?

SINGLE RESPONSE

1. Daily
2. Weekly
3. Monthly
4. Several times
5. Once
6. Never

BASE: USED AI IN THE PAST YEAR

Q36. For which work tasks did you use AI tools in the past 12 months? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

1. Content generation (generating images, text, or other media)
2. Task automation
3. Note-taking or dictation
4. Writing assistance (email drafting, etc.)
5. Summarization (clinical notes, digital articles, etc.)
6. Data analysis
7. Clinical diagnosis assistance
8. Chatbot assistance for patients/clients
9. Other _____

BASE: ALL RESPONDENTS

Q37. What, if any, are the biggest benefits of using AI tools in psychology? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

1. Helps providers consume and summarize publicized, scientifically validated data
2. Fosters early and accurate disease detection
3. Increases precision and personalized treatment
4. Improves population health and care access
5. Provides clinical decision support
6. Improves operational efficiencies/reduces administrative burden
7. Improves clinician and patient engagement
8. Reduces burnout
9. Improves patient education
10. I don't know
11. Other _____

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BASE: ALL RESPONDENTS

Q38. What, if any, are the biggest concerns with using AI tools in psychology? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

1. Biased input (training data) leads to biased output
2. Potential breaches of sensitive data
3. Replacement of human labor
4. Unanticipated social harms
5. Lack of transparency in how AI tools work
6. Lack of rigorous testing and validation to mitigate risks
7. Inaccurate outputs (“hallucinations”)
8. I don’t know
9. Other_____

Telehealth Characteristics

BASE: ALL RESPONDENTS

Q39. What modality/modalities are you currently using to treat your clients?

SINGLE RESPONSE

1. I am treating all my clients in person.
2. I am treating some clients in person and some remotely.
3. I am treating all my clients remotely.

BASE: TREATING SOME PATIENTS IN PERSON AND SOME REMOTELY

Q40. Approximately what percentage of your clients are you seeing...

1. in person: <fill in the blank, whole, positive percentages only>
2. remotely: <fill in the blank, whole, positive percentages only>

BASE: TREATING PATIENTS REMOTELY OR SOME PATIENTS IN PERSON AND SOME PATIENTS REMOTELY

Q41. Are you using any of the following to treat clients? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

1. Telehealth via audio-only phone
2. Telehealth via video conference
3. Secure messaging or email
4. Digital mental health tool/app
5. Something else **ANCHOR, PLEASE SPECIFY**

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BASE: TREATING PATIENTS WITH TELEHEALTH VIA AUDIO-ONLY PHONE

Q42. Which of the following client age groups are you treating with telehealth via audio-only phone? (Select all that apply)

MULTIPLE RESPONSE

1. Children (11 or younger)
2. Adolescents (12-17)
3. Adults ages 18-25
4. Adults ages 26-49
5. Adults ages 50-64
6. Older adults (65 or older)

BASE: TREATING PATIENTS WITH TELEHEALTH VIA AUDIO-ONLY PHONE

Q43. Which of the following are reasons you are treating some clients with telehealth via audio-only phone? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

1. Client prefers audio-only over video connection.
2. Client has connectivity issues or lacks broadband access.
3. Client does not have access to a device for video connection.
4. I prefer telephone only over video connection.
5. I do not have the necessary equipment or connection for video telehealth.
6. I use the telephone as a backup option for video telehealth.
7. Another reason **ANCHOR, PLEASE SPECIFY**

BASE: ALL RESPONDENTS

Q44. What are your future plans for treating patients remotely in the next 12 months?

SINGLE RESPONSE

1. Decrease my use of telehealth
2. Continue my current use of telehealth
3. Increase my use of telehealth
4. Other, please specify _____

BASE: ALL RESPONDENTS

Q45. Do you have any concerns over your practice, or any issues not covered in this survey? Please share with us.

TEXT BOX

BASE: ALL RESPONDENTS

Q46. What is the most important thing APA could provide right now to help you with your practice?

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TEXT BOX

Thank you for your responses so far. Our last few questions are for classification purposes only.

Demographic Questions

BASE: ALL RESPONDENTS

Q47. How do you identify?

SINGLE RESPONSE

American Indian, Alaska Native, and/or Indigenous
Arab American, Middle Eastern, or North African
Asian or Asian American
Bi/Multi-racial, please specify

Black or African American
Latino/a/x or Spanish Origin, please specify

Native Hawaiian or Other Pacific Islander
Southeast Asian
White/ European American
Another race or ethnicity not listed above, please specify

Prefer not to answer

BASE: ALL RESPONDENTS

Q48. How do you currently describe your gender identity?

SINGLE RESPONSE

1. Female/Woman
2. Male/Man
3. Nonbinary
4. Two-spirit
5. Prefer to self-describe: _____
6. Prefer not to answer

BASE: ALL RESPONDENTS

Q49. To better understand the full context of the answers to this survey, we would like to conduct short, structured interviews with a randomly-selected group of respondents. Do we have permission to follow up with you via email to request an interview? (Marking “Yes” does not obligate you to participate in an interview if you are selected.)

SINGLE RESPONSE

1. Yes
2. No

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BASE: ALL RESPONDENTS

Q50. Thank you for taking our survey today. Is there anything else you would like to tell us before completing this survey?

TEXT BOX

Thank you again for completing our survey.

PATH 2: RESPONDENT DOES NOT MEET AT LEAST ONE OF THE CRITERIA FOR PATH 1 (WORKING, LICENSED IN AT LEAST ONE STATE, TREATING PATIENTS, AND HOLDING A DOCTORAL DEGREE)

BASE: WORKING FULL-TIME, WORKING PART-TIME, POSTDOCTORAL STUDY, OR RETIRED AND STILL WORKING

Q51. Which option best describes the type of setting that most closely corresponds to your primary work setting (the setting in which you spend the most hours) and, if applicable, secondary work setting? Select one.

COLUMNS

1. Private practice
2. Organized human service settings (including student counseling centers, FQHCs, IHS, etc.)
3. Veterans Affairs (VA) Medical Center or Military Hospital
4. Hospital (not including VA or military settings)
5. University
6. Medical school/academic health center
7. Four-year college
8. Community/2-year college
9. K-12 school
10. Other educational settings (including independent professional schools of psychology)
11. Government settings (not including VA or military settings)
12. Business settings
13. Other settings, please specify_____

ROWS

1. Primary Work Setting
2. Secondary Work Setting (if applicable)

BASE: ALL RESPONDENTS

Q52. Select the option that best describes how you primarily identify professionally.

SINGLE RESPONSE

1. Administrator/Leader
2. Applied Psychologist (e.g., Forensic, Consulting, I/O)
3. Educator/Faculty

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4. Elected Official/Policy Maker
5. HR Professional
6. Lawyer
7. Librarian
8. Media/Journalist
9. Medical Professional (e.g., Medical Doctor, Nurse)
10. Police Officer
11. Psychologist Clinician/Practitioner
12. Religious/Spiritual Leader
13. Researcher (Applied)
14. Researcher (Basic)
15. Social Worker/Counselor/Marriage and Family Therapist
16. Student (Graduate)
17. Student (Undergraduate)
18. Professional identity not listed (please provide)
19. Prefer not to answer

BASE: WORKING FULL-TIME, WORKING PART-TIME, POSTDOCTORAL STUDY, OR RETIRED AND STILL WORKING

Q53. Which of the following best describes your workload today as compared to 12 months ago?

SINGLE RESPONSE

1. I am working less than I did 12 months ago.
2. I am working the same amount as I did 12 months ago.
3. I am working more than I did 12 months ago.

BASE: ALL RESPONDENTS

Q54. How much do you disagree or agree with the following statements?

COLUMNS

1. Strongly disagree
2. Disagree
3. Neither disagree nor agree
4. Agree
5. Strongly Agree

ROWS, RANDOMIZE

1. I have been able to practice self-care over the past 12 months.
2. I am able to maintain a positive work-life balance.
3. I feel burned out.

BASE: ALL RESPONDENTS

Q55. How concerned are you that an economic slump, downturn, or recession will cause you to be laid off, furloughed, or lose your job in the next 12 months?

SINGLE RESPONSE

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15. Not at all concerned
16. Not very concerned
17. Somewhat concerned
18. Very concerned

BASE: ALL RESPONDENTS

Q56. On a scale of 1 to 10, where 1 means you have "little or no stress" and 10 means you have "a great deal of stress," how would you rate your average level of stress during the past month?

SINGLE RESPONSE

1. 1 – Little or no stress
2. 2
3. 3
4. 4
5. 5
6. 6
7. 7
8. 8
9. 9
10. 10 – A great deal of stress

BASE: ALL RESPONDENTS

Q57. How much do you disagree or agree with the following statements about technology in the workplace?

COLUMNS

1. Strongly disagree
2. Somewhat disagree
3. Somewhat agree
4. Strongly agree

ROWS, RANDOMIZE

1. Advancements in technology are helping me work more efficiently and accurately.
2. Advancements in technology are making my job worse, not better.
3. I am knowledgeable about artificial intelligence.
4. I worry that artificial intelligence may make some or all of my job duties obsolete in the future.
5. I foresee myself using AI tools at work in the next 3 years

BASE: ALL RESPONDENTS

Q58. In the last 12 months, how often did you intentionally use artificial intelligence (AI) tools to assist you at work?

SINGLE RESPONSE

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1. Daily
2. Weekly
3. Monthly
4. Several times
5. Once
6. Never

BASE: USED AI IN THE PAST YEAR

Q59. For which work tasks did you use AI tools in the past 12 months? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

1. Content generation (generating images, text, or other media)
2. Task automation
3. Note-taking or dictation
4. Writing assistance (email drafting, etc.)
5. Summarization (clinical notes, digital articles, etc.)
6. Data analysis
7. Clinical diagnosis assistance
8. Chatbot assistance for patients/clients
9. Other _____

BASE: ALL RESPONDENTS WHO ARE TREATING PATIENTS

Q60. What, if any, are the biggest benefits of using AI tools in psychology? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

1. Helps providers consume and summarize publicized, scientifically validated data
2. Fosters early and accurate disease detection
3. Increases precision and personalized treatment
4. Improves population health and care access
5. Provides clinical decision support
6. Improves operational efficiencies/reduces administrative burden
7. Improves clinician and patient engagement
8. Reduces burnout
9. Improves patient education
10. I don't know
11. Other _____

BASE: ALL RESPONDENTS WHO ARE TREATING PATIENTS

Q61. What, if any, are the biggest concerns with using AI tools in psychology? (Select all that apply)

MULTIPLE RESPONSE, RANDOMIZE

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1. Biased input (training data) leads to biased output
2. Potential breaches of sensitive data
3. Replacement of human labor
4. Unanticipated social harms
5. Lack of transparency in how AI tools work
6. Lack of rigorous testing and validation to mitigate risks
7. Inaccurate outputs (“hallucinations”)
8. I don’t know
9. Other_____

BASE: WORKING FULL-TIME, WORKING PART-TIME, POSTDOCTORAL STUDY, OR RETIRED AND STILL WORKING

Q62. What is the most important thing APA could provide right now to help you with your practice?

TEXT BOX

Thank you for your responses so far. Our last few questions are for classification purposes only.

BASE: ALL RESPONDENTS

Q63. How do you identify?

SINGLE RESPONSE

American Indian, Alaska Native, and/or Indigenous

Arab American, Middle Eastern, or North African

Asian or Asian American

Bi/Multi-racial: please specify

Black or African American

Latino/a/x or Spanish Origin: please specify

Native Hawaiian or Other Pacific Islander

Southeast Asian

White/ European American

Another race or ethnicity not listed above: please specify

Prefer not to answer

BASE: ALL RESPONDENTS

Q64. How do you describe your current gender identity?

SINGLE RESPONSE

1. Female/Woman

2. Male/Man

3. Nonbinary

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- 4. Two-spirit
- 5. Prefer to self-describe: _____
- 6. Prefer not to answer

BASE: ALL RESPONDENTS

Q65. Thank you for taking our survey today. Is there anything else you would like to tell us before completing this survey?

TEXT BOX

Thank you again for completing our survey.