

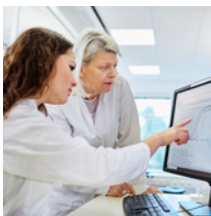
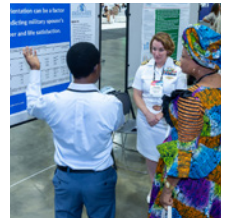


AMERICAN
PSYCHOLOGICAL
ASSOCIATION



AMERICAN
PSYCHOLOGICAL
ASSOCIATION
SERVICES, INC.

Elevating Psychological Science *Everywhere*



As the largest scientific and professional association of psychologists in the world, APA is the leading source for psychological science. APA is uniquely well-suited to improve, promote, and apply psychological science in ways that lead our discipline to fulfill its potential to benefit society and improve lives.



ON THE HILL

APA educates policymakers in all branches of government about psychological science every day by:

- Sending **19,000** messages from psychologist advocates to Congress and more than **7,500** messages to Congress to share psychological science to inform policymakers in 2023;
- Meeting with and educating legislators about psychological science relevant to key policy decisions, like the effects of social media and the role of misinformation (about **800** meetings in 2023);
- Entering psychological science into testimony at House and Senate panels to guide policy decisions (about **15** times a year);
- Funding fellowship programs to send four psychological scientists to work in executive and legislative branch offices, applying psychological science to policy decisions daily;
- Holding at least two Science Advocacy Days per year to train scientists to meet with congressional staff and members to advocate for scientists' needs or lobby for specific legislation that will advance psychological science;
- Engagement with congressional appropriations committees fighting for advancing federal science funding;
- Funding, leading, and/or participating in coalitions that include a range of sciences within psychology and across the social sciences to fight for issues that benefit science (about **100** coalition letters written each year);
- Summarizing psychological science to submit as testimony to the U.S. Supreme Court on cases relevant to findings in our discipline through APA's Amicus Brief program (Since 1962, APA has filed nearly **210** *amici* briefs based on the most up-to-date and rigorously tested psychological science and research. As of

January 2024, **26** of APA's amici briefs were cited directly by the U.S. Supreme Court and another **23** were cited directly in the decisions of lower courts;

- Nominating psychological scientists for national panels of experts, executive branch scientific commissions, and prestigious awards that celebrate national scientific accomplishments;
- Testifying before Congress on behalf of psychologists on **three** occasions in 2023;
- Filing over **75** regulatory comments in 2023 to support or defend against changes in policies impacting the discipline and practice of psychology;
- Responding to requests for information to help agencies apply psychological science to policy.

APA fights for science funding by:

- Advocating for the successful bicameral introduction of the bipartisan Youth Mental Health Research Act that would invest \$500 Million over five years to institutes at the National Institutes of Health;
- Securing the introduction and **62** co-sponsors of the bipartisan Kids Online Safety Act;
- Cosponsoring and participating in the Rally for Medical Research on Capitol Hill with **350** scientific organizations to support at least **\$49.2 billion** for the National Institutes of Health (NIH) and ensuring that brain, behavioral, and social sciences are included;
- Maintaining active and frequent contact with senior leadership of many federal agencies—NIH, National Science Foundation (NSF), U.S. Department of Defense (DoD), Centers for Disease Control and Prevention (CDC), Department of Energy (DoE), Substance Abuse and Mental Health Services Administration (SAMHSA), Department of Transportation (DoT)—to increase funding for brain, behavioral, and social sciences;
- Funding, leading, and/or participating in coalitions that include a range of sciences within psychology and across the social sciences to lobby for main funding of the brain, behavioral, and social sciences, including Coalition for Health Funding, Friends of the National Institute on Drug Abuse, Friends of the National Institute of Mental Health, Friends of the National



APA responds to many requests for information (RFIs) a year to help agencies apply psychological science findings to policy

Institute on Alcohol Abuse and Alcoholism, Friends of the National Institute of Child Health and Human Development and the Coalition for National Science Funding;

- Fighting for increased funding for training grants to expand pathways for more scientists, including scholars of color, through its Advocacy Hill Day;
- Contributing financially to and serving on the board of the Federation of Brain and Behavioral Sciences and the Consortium of Social Science Associations, which were created to increase advocacy for the behavioral and social sciences.

HOW DOES THIS WORK HELP YOU?

- Amplifies the visibility of our discipline
- Propels the impact of scientists' work
- Helps fund your work

GET INVOLVED

- Send scientific findings to APA staff when relevant to policy via our form at.apa.org/SubmitScience
- Volunteer to meet with policymakers to share your knowledge and research findings
- Join the Psychology Advocacy Network at.apa.org/PAN
- Join the APA Advocacy Coordinating Committee at.apa.org/ACC
- Contribute to the Psychology PAC supportpsychologypac.org





IN THE LAB

APA helps make science better and easier to do by:

- Offering popular [Science Training Sessions](#) to help the field stay up to date with advanced scientific methods;
- Offering many [resources to help authors](#) learn how to write, prepare manuscripts, determine authorship, hear from APA journal editors, and understand peer review;
- Producing and training people to use [APA Style](#), guiding, and standardizing scientific discourse in psychology and many other scientific disciplines;
- Establishing, maintaining, and updating ethical codes to guide psychological science;
- Creating [journal reporting guidelines](#) for quantitative and qualitative research, and reporting standards for meta-analyses, systematic reviews, etc.;
- Offering [APA PsychInfo](#), a personalized notification service so scientists can get weekly updates about published papers in their areas of interest;
- Producing research- and practice-related guidelines, including the *Guidelines for Ethical Conduct in the Care and Use of Nonhuman Animals in Research*, the *Standards for Educational and Psychological Testing*—American Educational Research Association (AERA), APA, the National Council on Measurement in Education (NCME)—and the *Principles for the Validation and Use of Personnel Selection Procedures*—Society for Industrial and Organizational Psychology (SIOP);
- Initiated new Journal Reporting Standards to outline best practices for discussing race, ethnicity, and culture within psychological science manuscripts, [The Journal Article Reporting Standards for Race, Ethnicity, and Culture \(JARS-REC\)](#). These standards signify a significant addition to the [APA Style Journal Article Reporting Standards](#).
- Providing advice and resources for eliminating white supremacy in the reporting of psychological science through our [Editor's Toolkit](#);
- Offering curricular instruction to teach psychological scientists why and who they can engage in antiracist acts in how science is conducted, reported, reviewed, and disseminated (in progress);

- Funding new editorships to increase representation and expertise among gatekeepers of psychological science dissemination through our [Editorial Fellowship Program](#).

APA promotes open science by:

- Offering **33** APA journals that subscribe to the [Transparency and Openness Promotion \(TOP\) Guidelines](#);
- Publishing registered reports in **18** APA journals and publishing replications in **37** APA journals;
- Offering open science badges in **24** APA journals;
- Publishing author contributions via CRediT in **46** journals;
- Publishing action editor names on manuscripts in all core APA journals;
- Establishing an [Open Science and Methodology \(OSM\) Expert Panel](#) to advise editors and staff on open science practices;
- Partnering with the Center for Open Science to create a data repository to facilitate data sharing;
- Offering two free trainings to help scholars use open science practices through APA's [Essential Science Conversation series](#);
- Offering open science badges at APA's annual convention



33 APA journals subscribe to the Transparency and Openness Promotion (TOP) Guidelines

HOW DOES THIS WORK HELP YOU?

- Increases the quality of science in our discipline
- Helps train students to better conduct scientific work and create, interpret, and disseminate psychological science;
- Guides the future of psychological science

GET INVOLVED

- Participate in the trainings mentioned above
- Contact APA staff with suggestions for new topics and resources to include
- Submit to APA journals apa.org/pubs/journals/resources/calls-for-papers
- Follow open science practices
- Use APA's tools to help you with your work
- Review the resources mentioned to change how you conduct, report, review, and disseminate psychological research;
- Offer feedback and input on APA's equity, diversity, and inclusion work
- Include APA's tools in your work as a teacher and mentor.





ON THE CAREER PATH

APA supports students and educators with resources that help foster the next generation of psychological scientists by:

- Pioneering [PsycLearn](#), a new online, evidence-based learning approach for undergraduate teaching that moves beyond textbooks and offers personalized, interactive opportunities for courses in the psychology major;
 - Creating the [Becoming a Psychological Scientist video series](#), which offers free professional development advice to students interested in psychology to increase the diversity of students who successfully complete the graduate admissions process;
 - Offering Summer Undergraduate Psychology Experience in Research ([SUPER](#)) Fellowships, which promote access and equity among psychology undergraduates by providing funding for research experiences and mentorship that are critical for graduate admission;
 - Providing resources to teach psychology students about the [history of racism and discrimination](#) in our field and its science to ensure new cohorts are committed to an antiracist discipline;
 - Offering the [Careers in Applied Psychology video series](#) to introduce students and young professionals to careers involving the application of psychological science outside the lab and outside the classroom;
 - Offering resources to teach scientists about effective mentoring practices with students of color, in collaboration with SPARK Society (in progress);
 - Providing resources and curricula to **2,000** high school psychology teachers across the U.S. through our [Teachers of Psychology in Secondary Schools \(TOPSS\) program](#) to ensure that high school students learn about the science of psychology.
- Offering free professional development resources through its [Continuing Education program](#) to train scientists on many of the tasks included in academic positions;
 - Hosting the [How Did You Get That Job?](#) webinar series to educate scientists about different career opportunities for psychological scientists;
 - In partnership with Council of Graduate Departments of Psychology (COGDOP), created the [APA Task Force Report on Promotion, Tenure and Retention of Faculty of Color in Psychology](#) to address systemic barriers in academia.

HOW DOES THIS WORK HELP YOU?

- Helps fund your students
- Helps teach your students psychological science
- Helps educate your students about psychological careers
- Helps psychological scientists advance in their careers

GET INVOLVED

- Disseminate these funding opportunities to your students
- Participate in the trainings mentioned above
- Contact APA staff with suggestions for new topics and resources to include

APA increases pathways for more psychological scientists to advance in their careers by:

- Offering substantial training support for student researchers, including dissertation awards, undergraduate laboratory fellowships, and opportunities to learn next-generation methods;



ACROSS THE FIELD

APA fights for the recognition of psychology as a science by:

- Successfully reclassifying psychology as a science discipline for high school advanced placement instruction (previously social studies);
- In partnership with Federation of Associations in Behavioral and Brain Sciences (FABBS) and Association for Psychological Science (APS), fighting to ensure psychological and behavioral sciences were eligible for funding through new National Science Foundation (NSF) and Advanced Research Projects Agency (ARPA) funding opportunities;
- Working to include psychology (subdiscipline) as a science, technology, engineering, and math (STEM) field for student visas.

APA unites and connects the sub-disciplines of psychology by:

- Offering **54** divisions forums to share psychological science, engage in crosscutting psychological science projects, and engage in open dialogue across the field;
- Publishing the *Editor's Choice* newsletter, a free channel offering access to new research findings selected by editors of **30** APA journals;
- Sending out requests for scientific expertise and information on opportunities available to scientists and leadership of all **54** APA divisions about once weekly via our Science Channel;
- Partnering with **30-plus** science partners (each representing one APA division) to help cross-pollinate ideas, expertise, and science initiatives at APA;
- Offering Science Summits at APA's annual convention, which include panels of scientists across a range of subdisciplines all discussing topics of greatest societal concern, and setting research agendas for future work

APA celebrates scientists' achievements by:

- Presenting Distinguished Contribution Awards and Distinguished Contribution Awards for Early Career Psychologists—the most prestigious honors available to psychological scientists, recognizing excellence and impact in over **10** domains of psychological science;
- Sending letters to scientists and department chairs to offer public recognition of psychologists' contributions to APA's work applying psychological science;
- Inviting APA journal editors to elevate outstanding papers via selection to the *Editor's Choice* newsletter, which is disseminated broadly for greater impact and education of the field.

HOW DOES THIS WORK HELP YOU?

- Legitimizes psychology as science
- Increases visibility of psychological science
- Creates more opportunities for funding
- Unites the field, creates innovative collaborations, and promotes broader impact
- Assists the careers of psychological scientists

GET INVOLVED

- Assist APA with its work in advocacy, education, and science
- Subscribe to APA's *Editor's Choice* newsletter at apa.org/editors-choice
- Attend APA 2024, convention.apa.org
- Nominate or apply for APA awards and fellowships



IN THE PUBLIC

APA educates the public about psychological science by:

- Constantly pitching psychological science and scientists to print, digital, and on-air media outlets (e.g., *The New York Times*, NPR, *The Washington Post*, etc.)—media mentions have increased in the last 6 years more than **1000%**;
- Generating over **11,300** media clips featuring research from APA journals with a combined audience reach of **28.8 billion** in 2023;
- Issued a *Health Advisory on Social Media Use in Adolescence* to summarize psychological science, leading national and international dialogue on this issue;
- Featuring leading psychological scientists on the *Speaking of Psychology* podcast, which reached listeners via more than **6.5 million** downloads in 2023;
- Working with the National Academies of Science Entertainment Exchange to teach Hollywood writers and producers about psychological science and how to depict our field;
- Offering media and communications trainings (e.g., *Essential Science Conversation* sessions) to help psychological scientists explain their science to the public;
- Presenting original survey data through APA's annual *Work in America* and *Stress in America* surveys to pique the interests of media and decisionmakers on topics of psychological science;
- Providing resources to teach scientists how to interact with the media;
- Offering scientists access to the "kudos" service to help create media pitches from their psychological science findings and papers;
- Automatically posting the latest psychological science from all APA journals to X (formerly Twitter) for all to see via APA's @PsycResearchBot.

Speaking of
PSYCHOLOGY™



Media mentions
have increased
more than 1000%
since 2018



HOW DOES THIS WORK HELP YOU?

- Amplifies the visibility of the discipline and propels the impact of scientists' work
- Educates the public about the range of topics that psychological science can address

GET INVOLVED

- Subscribe to APA's Media Watch newsletter to learn about media coverage of psychological science at [at.apa.org/media-watch](https://www.apa.org/media-watch)
- Apply to APA's Media Referral Service to be included in our database of experts for media referrals on a variety of timely issues at [at.apa.org/MRS](https://www.apa.org/MRS)
- Send suggestions for Speaking of Psychology podcast guests to speakingofpsychology@apa.org
- Participate in the media/communications trainings offered by APA

The New York Times

How Parents Can Actually Help Teens Navigate Social Media

The U.S. surgeon general and the American Psychological Association have urged parents to monitor adolescents for “problematic” social media use. We asked experts for some realistic and effective ways to do this.

THE WALL STREET JOURNAL

Why New Technology Is So Stressful at Work—and What to Do About It

Workers who are worried about AI are more likely to report feeling tense or stressed at work, a new survey from the American Psychological Association found. “It can cause a person to be almost in a fight or flight state, where then every perceived threat to their job carries this heightened sense of urgency and concern,” says Dennis Stolle, one of the lead authors.



IN THE WORLD

APA promotes psychological science as a solution to global challenges by:

- Regularly consulting with agencies and stakeholder groups to summarize and apply psychological science, including collaborations with:
 - » The Centers for Disease Control and Prevention (CDC) to address vaccination decision-making;
 - » The White House to address health equity;
 - » The Surgeon General to address mental health in the workplace, misinformation, the youth mental health crisis, and the effects of social media;
 - » Sesame Street to teach children about equity and inclusion;
 - » The National Press Club to combat mis- and dis-information;
 - » ecoAmerica to promote sustainability and combat climate change;
 - » The World Health Organization (WHO) to address the global “infodemic”;
 - » The Federal Trade Commission (FTC) to address the science of youths’ social media use.
- Facilitating the Global Psychology Alliance and the Global Learning Leadership Institute which include over **70** national, regional, and international associations committed to move science into action on shared challenges;
- Signing **67** memoranda of understanding (MOU) with psychological associations around the world to work together to disseminate psychological science, share resources, and support the creation of a unified global psychology;
- Organized a 2023 Population Health Science Summit to engage national thought leaders on a substantial shift in the mental health care system;
- Partnered with the Consumer Technology Association®, to launch PsyTech at the 2024 Consumer Electronics Show (CES) and engage with tech innovators about how psychological science intersects with and influences technology on topics such as the ethics of artificial intelligence, protecting kids online, harnessing digital interventions to improve health, and more.

APA makes psychological science available to the world by:

- Funding editorships and associated editorships, and a publishing infrastructure, to support **88** journals of psychological science (the impact factors for its core journals are within the top-tier for each category of science);
- Fielding **22,000-plus** papers for review a year, completing **40,000** reviews, and publishing over **5,000** manuscripts annually in APA journals;
- Creating and maintaining APA PsycInfo to ensure that psychological science across **2,300-plus** journals is indexed and searchable for over **4,000** institutional subscribers around the world;
- Publishing **50-60** academic books a year to synthesize and promote high quality psychological science;
- Publishing **20-30** Magination Press books each year to translate psychological science into lay-friendly, youth-facing content that addresses issues relevant to child development.



APA fields 22,000+ papers for review a year, completes 40,000 reviews, and publishes over 7,300 manuscripts annually in APA journals

HOW DOES THIS WORK HELP YOU?

- Ensures your work has the greatest impact to improve human lives
- Creates opportunities for scientists to meet with and educate stakeholders and leaders
- Increases recognition of our science as essential and rigorous
- Increases the global impact of your publications
- Indirectly increases funding allocations for our science as it becomes more well-known and more frequently cited

GET INVOLVED

- Send scientific findings to APA staff when relevant to policy via our form [at.apa.org/SubmitScience](https://apa.org/SubmitScience)
- Join APA's Media Referral Service at apa.org/news/press/referrals
- Volunteer to meet with stakeholders
- Submit your work to APA journals apa.org/pubs/journals/resources/calls-for-papers
- Become a consulting, associate editor, or editor in chief [at.apa.org/editor-nominations](https://apa.org/editor-nominations)
- Join APA's Publications and Communications Board [at.apa.org/pc-board](https://apa.org/pc-board)





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