



AMERICAN
PSYCHOLOGICAL
ASSOCIATION

POPULATION HEALTH SCIENCE SUMMIT

September 12-13, 2023

American Psychological Association (APA), Spire Conference Center

Overarching Objectives:

Assess consensus for a Population Health approach; identify priorities for necessary next steps; create action plans for next steps

Pre-readings:

- (1) Evans, A. C., & Bufka, L. F. (2020). The critical need for a population health approach: addressing the nation's behavioral health during the COVID-19 pandemic and beyond. *Preventing Chronic Disease*, 17, 1-6. [LINK](#)
- (2) APA (2023). *Population health science summit: Grounding evidence and preliminary research synthesis*. American Psychological Association. [LINK](#)

Agenda

September 12

Morning: What Do We Mean When We Say "Population Health?"

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|--------------------|--|
| 8:00-8:30 | Breakfast and Networking, SPIRE Center, 750 First St, NE, 12th Floor |
| 8:30-8:45 | Welcome, Introduce Steering Committee, Overview of Schedule and Meeting Goals |
| 8:45-9:00 | Welcome from facilitators: Establish guidelines to ensure our discussions address equity in language, approach |
| 9:00-9:05 | Welcome from APA President Dr. Thema Bryant |
| 9:05-9:45 | Framing a Population Health Approach <ul style="list-style-type: none">▪ TALK: Dr. Arthur C. Evans to present on Conceptual Shifts to Address Population Health (20 minutes)▪ FACILITATED Q&A: Pressure-testing, definitions, consensus, and missing pieces (20 minutes) |
| 9:45-10:00 | Break & Transition to Groups |
| 10:00-11:00 | Working Groups: Population Health Definitions, Outcomes, and EDI <ul style="list-style-type: none">• DEFINITIONS (Groups A-C)• OUTCOMES (Groups D-F)• SERVING ALL COMMUNITIES EQUITABLY (Groups G-J) |
| 11:00-11:10 | Transition back to full group |



11:10-11:30 **Rapid Report Out: Top 2 insights (*not previously mentioned*) that would change how we conceptualize population health** (2 minutes strict x 10 groups)

11:30-12:00 **New Approaches, New Models, New Opportunities #1**
Two 10-minute “flash talks” addressing bold, creative, new approaches

- Dr. Tom Insel
- Dr. Candice Hargons
- Live Q&A

12:00-1:00 **Lunch**

Afternoon: What Do We Need to Do First to Move to a Population Health Approach

1:00-1:30 **New Approaches, New Models, New Opportunities #2**
Two 10-minute “flash talks” addressing bold, creative, new approaches

- Dr. Vikram Patel
- Dr. Anita Everett
- Live Q&A

1:30-1:45 **Framing, Instructions, Questions for Work Group Sessions**

1:45-3:15 **Working Groups (A-J): Identifying top priorities to move to a population health approach**

- A. How can we use universal screening to better understand health at a population level?
- B. How can we use community-based infrastructures to address health at a population level?
- C. How can we better promote preventions or interventions that work, whether they are based on psychological approaches or not?
- D. How can we better address prevention and thriving among those without any diagnosis today?
- E. How can we better identify and intervene to reduce the effects of risk factors among those not yet experiencing a diagnosis?
- F. How can we better utilize a range of evidence-based approaches to address all in need with diagnosable conditions and/or in crisis?
- G. How can we use lay-providers or non-traditional treatment settings to address population health?
- H. How can we use novel approaches to traditional interventions (e.g., single session approaches) to address health at the population health level?
- I. How can we use technology (e.g., Big Tech, gaming) to address health at the population health level?
- J. How can we measure progress of a population health approach at the population level?



Groups A-J each are each asked to address the following questions:

1. List any areas of science/research that support this approach to population health; identify the top references, or exemplary examples of work being done
2. List the science/research that is needed to determine whether or how this conceptual shift is viable; prioritize this list
3. List the policy and/or funding needs to enact this population health strategy, and prioritize
4. What are the barriers that are keeping this evidence from being enacted? Is there science or evidence needed to make a more compelling case? List the systems-level changes that are needed to enact this population health approach, and prioritize
5. How will this approach reduce disparities, and what is needed to ensure this will be effective for all populations?

(Note: For some groups, questions 1-2 may be most relevant given state of the literature; for other groups, questions 3-4 may be most relevant, etc.)

3:15-3:30 Break

3:30-4:00 New Approaches, New Models, New Opportunities #3

Two 10-minute “flash talks” addressing bold, creative, new approaches

- Dr. Gary Belkin
- Dr. Rinad Beidas
- Live Q&A

4:00-4:30 Continue Work Groups A-J on questions #1-5 above

4:30-5:00 Rapid Report Out: Top 2 Themes emerging from your group’s work
(2 minutes strict x 10 groups)

- Brief Live Q&A

5:00 Close of Day 1

6:00 Dinner at Hotel George, 15 E St NW

September 13

Morning: What Steps Can We Take Together - NOW - to Make this Happen?

8:00-8:30 Breakfast and Networking, , SPIRE Center, 750 First St, NE, 12th Floor

8:30-9:00 Welcome, Synthesis, Brief Discussion

- Brief Live Q&A



- 9:00-9:30 New Approaches, New Models, New Opportunities #4**
Two 10-minute “flash talks” addressing bold, creative, new approaches
- Dr. John Ruiz
 - Dr. Ijeoma Achara
 - Live Q&A
- 9:30-9:45 Framing, Instructions, Questions for Work Group Sessions**
- 9:45-11:30 Planning Action Steps: Given the gaps identified yesterday, what is needed next?**
Groups A-J each are each asked to address the following questions:
1. What is needed to communicate to the research community? To stakeholder communities? To clinicians, educators, workforce? To policy-makers?
 2. What can attendees, and the groups they represent, do to communicate these messages?
 3. Is there a paper, talk, audience, slide deck that this group can work on following this summit to make this possible?
 4. How can APA help? What other partners are critical to include?
- 11:30-11:45 Break and reassemble as one**
- 11:45-12:30 Rapid Report Out: Top 2 Themes Activities Needed To Move Work Forward**
(2 minutes strict x 10 groups)
- Who in the room can help/partner?
 - Feedback/Reactions
 - Brief Live Q&A
- 12:30-1:00 Network to create partnerships. Review action steps and commitments**
- 1:00 Boxed Lunch and Departure**