

CWS Factsheet Series on Population Served: Psychologists Providing Services to Adolescents

Key Findings

- **Younger, female, heterosexual psychologists** were more likely to provide services to adolescents (ages 13 - 18) at higher frequencies.
- Psychologists with **PsyD** degrees, those **working in private practice settings**, and those **working more hours** per week were also more likely to provide service to adolescents at higher frequencies.

Background

This factsheet presents an analysis of the characteristics of psychologists providing services to **adolescents** (ages 13-18) based on responses from approximately 3,800 **doctoral-level licensed psychologists** in the **2015 APA Survey of Psychology Health Service Providers**.¹ In a typical week,

- 34% of psychologists **frequently or very frequently** provided services to adolescents, and
- 66% of psychologists **never, rarely, or occasionally** provided services to adolescents.

Findings

Psychologists with the following characteristics were more likely to provide services to adolescents:

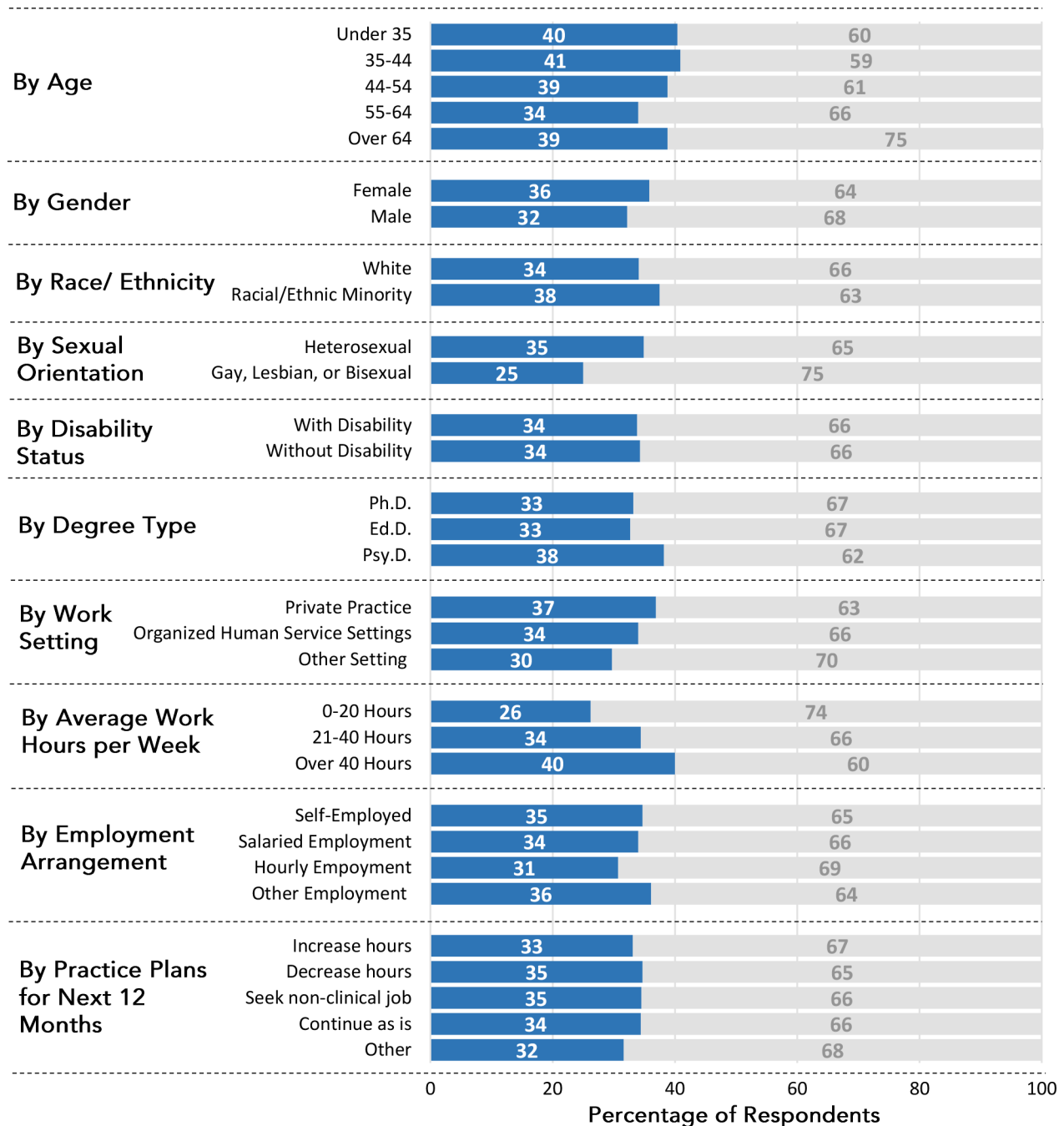
- **Younger** – 40% of psychologists under age 45 reported frequently or very frequently providing services to adolescents, more than those ages 45-54 (39%), 55-64 (34%) and over 64 (39%).
- **Female** – more female psychologists (36%) than male psychologists (32%) reported frequently or very frequently providing services to adolescents.
- **Heterosexual** – 35% of psychologists who were heterosexual reported providing services to adolescents frequently or very frequently, whereas 25% of gay, lesbian, or bisexual psychologists reported the same.
- **With a PsyD degree** – 39% of psychologists with PsyD degrees reported frequently or very frequently providing services to adolescents, higher than those with PhD (33%) or EdD (33%) degrees.
- **Working in private practice settings** – 37% of psychologists working in private practice settings reported frequently or very frequently providing services to adolescents, more than those in organized health and human services settings, such as hospitals, community mental health centers, etc.(34%) and other settings, i.e., business, government settings, universities (30%).
- **Working more hours** per week – 40% of psychologists who worked more than 40 hours per week reported frequently or very frequently providing services to adolescents, whereas only 26% of those who worked 20 hours per week or less reported the same.

1. All statements in this factsheet are based on χ^2 test results. For more information about χ^2 test results, please refer to the documentation file for this factsheet series. For more information about other findings of the survey or the survey methodology, please refer to the report: American Psychological Association. (2016). 2015 survey of psychology health service providers. Washington, DC: Author. Retrieved from <http://www.apa.org/workforce/publications/15-health-service-providers/index.aspx>

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Characteristics of Psychologists Providing Services to Adolescents

Characteristics of Psychologists



Frequency of Providing Services to Adolescents: ■ Frequently, Very Frequently ■ Never, Rarely, Occasionally

Note: Missing values were excluded prior to analysis.
Source: 2015 APA Survey of Psychology Health Service Providers.