

Table 3a

Telepsychology Media Used in Providing Direct Health Services

	Never		Several times a year or less		Once a month		Two or three times a month		Once a week or more		Valid Total	
	N	%	N	%	N	%	N	%	N	%	N	%
Telephone (including cell phone) (Actual communications about therapeutic issues)	182	15.0	275	22.6	172	14.1	230	18.9	357	29.4	1,216	100.0
Personal email (Actual communications about therapeutic issues)	643	54.6	252	21.4	79	6.7	88	7.5	116	9.8	1,178	100.0
Listservs	1,007	87.4	56	4.9	16	1.4	19	1.6	54	4.7	1,152	100.0
Internet videoconference	1,089	93.3	61	5.2	6	0.5	4	0.3	7	0.6	1,167	100.0
Videoconference (non Internet)	1,072	93.7	48	4.2	12	1.0	4	0.3	8	0.7	1,144	100.0
Podcast (via iPod computer cell phone etc)	1,109	97.2	17	1.5	1	0.1	6	0.5	8	0.7	1,141	100.0
Internet chat room	1,148	98.7	8	0.7	1	0.1	2	0.2	4	0.3	1,163	100.0

Note: N=1,226. Missing values excluded from analyses.

Source: 2008 APA Survey of Psychology Health Service Providers, American Psychological Association, Center for Workforce Studies, October 2009.