

Table 2(a). Health Indicators by Geographic Region and Division, 2006-2012

Region/Division	(1) Percent Adult with Poor or Fair Health (Mean)	(2) Number of Poor Mental Health Days per Month (Mean)	(3) Number of Poor Physical Health Days per Month (Mean)	(4) Percent Adult Obese (Mean)	(5) Percent Population Physically Inactive (Mean)
Northeast Region	0.14 (-)	3.56	3.53 (-)	0.28 (-)	0.25 (-)
New England Division	0.12 (-)	3.51	3.34 (-)	0.26 (-)	0.22 (-)
Middle Atlantic Division	0.15 (-)	3.59	3.61 (-)	0.28 (-)	0.26 (-)
Midwest Region	0.14 (-)	3.16 (-)	3.32 (-)	0.31 (-)	0.28
East North Central Division	0.16 (-)	3.6	3.78	0.31 (+)	0.28
West North Central Division	0.13 (-)	2.80 (-)	2.94 (-)	0.31 (+)	0.27 (-)
South Region	0.21 (+)	3.98 (+)	4.33 (+)	0.32 (+)	0.30 (+)
South Atlantic Division	0.19 (+)	3.77 (+)	4.00 (+)	0.31 (+)	0.28
East South Central Division	0.23 (+)	4.34 (+)	4.91 (+)	0.34 (+)	0.34 (+)
West South Central division	0.20 (+)	3.93 (+)	4.24 (+)	0.32 (+)	0.30 (+)
West Region	0.15 (-)	3.37 (-)	3.62 (-)	0.26 (-)	0.22 (-)
Mountain Division	0.15 (-)	3.36 (-)	3.54 (-)	0.25 (-)	0.23 (-)
Pacific Division	0.16	3.37 (-)	3.76	0.27 (-)	0.20 (-)
United States	0.17	3.58	3.82	0.31	0.28

Source: Robert Wood Johnson Foundation, 2015 County Health Rankings.

(+) Statistically higher than all other areas in the nation (based on independent samples t test)

(-) Statistically lower than all other areas in the nation (based on independent samples t test)